



Start With Hello

Promoting Social Inclusion and Community Connectedness

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| <p>WHAT IS THE PROBLEM?</p> | <p>Social isolation is the feeling of being left out, lonely and treated like you are invisible. At every school and in every community there are children who feel like they have no friends and quietly suffer through each day.</p> <p>Young people who are isolated can become a victim of bullying, violence and/or depression. As a result, many further pull away from society, struggle with learning and social development and/or choose to hurt themselves or others.</p> |
| <p>WHAT IS THE PROGRAM</p> | <p>Start With Hello (SWH) teaches children and teens how to be more socially inclusive and connected to each other. SWH asks students, educators, parents and other community leaders who interact with children to take steps in class, the lunchroom and/or on the bus to be inclusive and connected. Simply,</p> <ul style="list-style-type: none"> - SEE someone alone - REACH OUT and help - START WITH HELLO <p>SWH is delivered in-house by SHP trainers or can be digitally downloaded. Training and digital toolkit and resource guide provide step-by-step guidance for students, teachers and community leaders to deliver events, activities and actions that instill the SWH concept and overarching message of inclusion and community.</p> |
| <p>WHO SHOULD PARTICIPATE</p> | <p>Students ages 8-18, teachers, youth organizations and community leaders.</p> |
| <p>WHO WILL BENEFIT</p> | <p>SWH will have an immediate impact and benefit to children, faculty, administrators and community organization leaders involved with the program. Long-term, entire communities will benefit as generations move to greater inclusion and connectedness.</p> |
| <p>CORE LEARNING</p> | <p>The importance of inclusion and the tragic results that can result when people are excluded. Children, teachers and community leaders are given tools on how to break the ice, break down barriers and get to know one another (interpersonal interaction) as well as how to create and sustain an inclusive culture / community.</p> |
| <p>HOW TO GET STARTED AND COST</p> | <p>Contact programs@sandyhookpromise.org</p> <p>Sandy Hook Promise will work with individuals, schools and community-based organizations to offset 100% of the training cost in order to reach and impact as many lives as possible.</p> |