



Sandy Hook Promise's *Know the Signs* Programs

Sandy Hook Promise's no-cost *Know the Signs* programs teach youth and adults how to identify, intervene and get help for individuals **before** they hurt themselves or others.

Say Something



The no-cost *Say Something* program teaches middle and high school students how to recognize warning signs and prevent someone from harming themselves or others. Specifically, students learn how to 1) *Look for warning signs, signals and threats* 2) *Act immediately and take it seriously* and 3) *Say Something to a trusted adult*.

SAVE Promise Clubs



To sustain the *Say Something* program, Sandy Hook Promise encourages the establishment and implementation of *SAVE (Students Against Violence Everywhere) Clubs*. *SAVE Promise Clubs* are student-led and committed to stopping violence before it happens. *SAVE Promise Clubs* organize events and activities that help to promote the messages and practices of *Say Something* within their schools.

The Four Step Process



A teacher, staff member, or student leader takes the online *Say Something* Train the Trainer.



The trained teacher, staff member or student leader delivers the *Say Something* Student Training to a large (e.g., an assembly) or small (e.g., one classroom) student audience.



Schools establish a student-led *SAVE Promise Club* (or recruit new members if a *Save Promise Club* already exists)



Save Promise Clubs organize activities throughout the year that promote and sustain the messages and practices of *Say Something*.

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To learn more about *Say Something*, go to: sandyhookpromise.org/prevention_programs