WHAT’S IN YOUR COFFEE CUP?

We have the power to make a difference with our daily choices. By choosing reusable or compostable cups, you can reduce the amount of waste going into landfill and the environment.

**SINGLE USE:** Made from petroleum-based materials.

**DEGRADABLE**
Takes 20 - 40 years to break down. Contains chemical additives so the plastic breaks down quicker than normal plastics. Also breaks up into thousands of tiny plastics – microplastics.

Say NO to single use items and either enjoy your coffee in store, or in a reusable cup!

**SINGLE USE:** Made from plant-based materials (corn or wheat starch).

**COMPOSTABLE**
Takes 2 - 12 months to break down. Some items break down in backyard composting systems, but many need specific conditions; above 50°C, exposure to UV light; to break down (only available in commercial composting systems) – check with the manufacturer.

Say NO to single use items and either enjoy your coffee in store, or in a reusable cup!

**SINGLE USE:** Made from various materials (glass, plastic, metal) that can be recycled at the end of its life.

**REUSABLE**
Can be used thousands of times! Time to break down will vary depending on the product, however most can be recycled. Note: after 15 uses, many reusable cups start ‘paying for themselves’ in regards to their environmental impact.

Keep using your reusable takeaway cup, you awesome human!

**BIODEGRADABLE**
Takes 20 - 40 years to break down. If sent to landfill, they will break down without oxygen to produce methane (greenhouse gas with a warming capacity 21x more powerful than CO2!). Also breaks up into thousands of tiny plastics – microplastics.

Say NO to single use items and either enjoy your coffee in store, or in a reusable cup!

Want to know more about how you can help reefs from home? Head to [www.reefcheckaustralia.org](http://www.reefcheckaustralia.org)