



Feast!
LOCAL FOODS
MARKETPLACE

Saturday, December 2, 2017
Mayo Civic Center, Rochester, Minnesota

sip · sample · shop



Voted by Readers
of Rochester Magazine:
Best New Restaurant 2015
Finalist - Best Sandwich 2016
Finalist - Coolest Interior 2016



TONIC

Local Kitchen & Juice Bar

We use local & organic ingredients to make
our food fresh from scratch daily

breakfast all day | hearty entrées | local meats | catering | call ahead for pick up
Monday - Saturday 8am-8pm | 1217 2nd St. | tonicfreshjuice.com | 507-258 -5224

Welcome to Feast!

Here we are at year **four**, and it feels like we're hitting our stride. We're proud and thrilled to bring together this convergence of over 100 food artisans and craft beer, wine and cider makers for the 4th Annual Feast! Local Foods Marketplace.

Fantastic new partners have joined the effort – The Minnesota Children's Museum of Rochester has helped us plan our kids' area, bringing in their hands-on food and farm exhibits, and some new sponsors have come on board to help make this happen. We're happy to have all of our sponsors—it shows our shared commitment to the mission of bringing community together around good food and good business.

Enjoy your time sampling, talking to the business owners, and finding treasures to take home today! Take some satisfaction, too, in knowing that you are part of this emerging locally-driven food system.

Spread the word... whether it's 'word of mouth,' social media, or showing demand where you shop, let's ride this wave together to shape a more sustainable future!

Don't forget to vote for your favorite exhibitor in the "People's Choice Awards" ...we know it may be hard to pick just one. :)

Thanks for coming!

Warm Regards,

Feast! Local Foods Marketplace Planning Committee

Local Foods with Deep Roots

Perennial crops are more than just a delicious ingredient!

Woody perennials like hazelnuts and elderberries and perennial grain like Kernza™ have social and environmental benefits like:

- building soil
- improving water quality
- sequestering carbon
- and providing farmers with new income sources

www.greenlandsbluewaters.org

Learn more at our support services booth.



Regional
Sustainable
Development
Partnerships

Shop perennial products at Feast!



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- 115 Agri-Cultured Foods** Traditionally fermented foods, Waukee, IA; agriculturedfoods.com
- 39 Alsum Sweet Corn** “Fresh off the cob” frozen corn, Randolph, WI; alsumsweetcorn.com
- 54 American Hazelnut Company** Hazelnut-related products, Gays Mills; WI, americanhazelnutcompany.com
- 114 Aspelund Winery** Fruit Wines, Kenyon, MN; aspelundwinery.com
- 23 B&E’s Trees** Pure, organic maple syrup, Viroqua, WI; BandEsTrees.com
- 40 Badger State Fruit Processing Inc.** Cranberry growers, processors and transporters, Pittsville, WI; badgerstatefruit.com
- 13 Badgersett Research Farm** Staple food crops from trees, Canton, MN; badgersett.com
- 52 Bang Brewing** Organic brewery, Saint Paul, MN; bangbrewing.com
- 94 Bare Honey** Raw honey paired with complimentary spices, Plymouth, MN; barehoney.com
- 38 Becky’s Blissful Bakery** Handcrafted gourmet caramels. New Berlin, WI; BeckysBlissfulBakery.com
- 113 Bent Paddle Brewing** Craft brewery using water of Lake Superior, Duluth, MN; bentpaddlebrewing.com
- 55 Better for You Bakery** Gluten free and allergen friendly bakery mixes, Jefferson, IA; betterforyoubakery.net
- 16 Blue Earth Valley Trading Company** Pure maple syrup, & honey, Mankato, MN; blueearthvalley.com
- 58 Blue Fruit Farm** Perennial Fruits, Winona, MN; bluefruitfarm.com
- 33 BRAISED Bone Broth Company** Superfood bone broth crafted in the Midwest, Windsor Heights, IA; braisedbonebroth.com
- 15 CannonBelles Cheese** Artisan cheese, Northfield, MN; CannonBelles.com
- 79 Capra Nera Creamery LLC** Farmstead goat cheese, Altura, MN; facebook.com/CapraNeraCreamery
- 116 Carlson Roasting Co.** Artisan small batch coffee roaster, Houston, MN; carlsonroasting.com
- 41 Chip Magnet Salsa** Salsa, relish, hot sauce and other sauces, Eau Claire, WI; chipmagnetsalsa.com
- 92 Clara’s Comfort Food** Authentic German sausage, Eagan, MN; clarascomfortfood.com
- 110 Country View Dairy** Artisan yogurt made on the farm in small batches, Hawkeye, IA; countryviewdairy.com
- 53 Creature Comfort Hot Sauce** Hand crafted, locally sourced spicy condiments, Minneapolis, MN; creaturecomforthotsauce.com
- 22 CTL Foods Inc** Soda Fountain® Malted Milk Powder, Colfax, WI; ctlfoods.com
- 19 Curly Girlz Candy** Sugar-free and no sugar added candies, Owatonna, MN; curlygirlzcandy.com
- 37 Diana and Daughters LLC** An old world Italian dipping/cooking sauce, Manitowoc, WI; dianaanddaughters.com
- 12 Falconer Vineyards Winery & Cidery** Wines and ciders, Red Wing, MN; falconervineyards.com
- 71 Ferndale Market** Free-range turkey, Cannon Falls, MN; ferndalemarket.com
- 7 FillMyRecipe LLC** Indian cuisine recipe packs, Madison, WI; flavortemptations.com
- 111 Forager Brewing** Handcrafted ales, Rochester, MN; foragerbrewery.com

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	111	110	109		108						
112	82	83	84	85	Farmers' Market	Family Fun Area					
113	81	80	79	78							
114	62	63	64	65	Cooking Demo	68	69	70	71	99	
115	61	60	59	58		55	54	53	52	98	
	42	43	44	45	46	47	48	49	50	51	96
116	41	40	39	38	37	36	35	34	33	32	95
117	22	23	24	25	26	27	28	29	30	31	93
	21	20	19	18	17	16	15	14	13	12	92
	1	2	3	4	5	6	7	8	9	10	



Alcohol vendors & booth numbers are shown in **red**.

- 2 **Frederick Sound Fish Co.** Hook and line caught, wild Alaskan salmon, Rochester, MN; fredericksoundfishco.com
- 25 **Heil Ginseng Inc** Wisconsin Ginseng producer, Edgar, WI; heilharvest.com
- 62 **Gardenaire** Shrubs and infused syrups, Rochester, MN; gardenaire.co
- 8 **Hoch Orchard** Apples and hard apple ciders, La Crescent, MN; hochorchard.com
- 61 **Grand Rounds Brewing Co.** Local craft beer, Rochester, MN; grandroundsbrewing.com
- 4 **Grandma's Gourmets LLC** Jams, jellies, salsa, pickles, and shrubs, Albert Lea, MN; grandmasgourmets.com
- 14 **GrIk** Artisan garlic condiment, West Saint Paul, MN; griksauce.com
- 64 **Groundwire Coffee Roasters** Quality focused coffee roaster, Northfield, MN; groundwire.coffee

Booth #4



Are you in a pickle or in a jam looking for Holiday gift ideas?

Purchase over \$25 from us and receive a **free full size Jam Grab Bag!**

simple ingredients, simply special
www.grandmasgourmets.com

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- 24 **Honestly Cranberry** Dried cranberries, Wisconsin Rapids, WI; honestlycranberry.com
- 113 **JACARANDA - Artisanal Snacks** Crunchy cheese snacks, Austin, MN; JacarandaSnacks.com
- 80 **Jamazing!** Jams and jellies, Brooklyn Park, MN; jamazingMN.com
- 78 **Jirik** Family Farms Honey, maple syrup and maple cotton candy, Kilkenny, MN; facebook.com/jirikfamilyfarm
- 46 **K-Mama Sauce, LLC**, Vegan Korean sauce, Minneapolis, MN; kmamasauce.com
- 18 **Kakookies** Nutrient dense homestyle cookies, Plymouth, MN; kakookies.com
- 36 **Kickapoo Gold LLC** Maple syrup, Viroqua, WI; kickapooGold.com
- 96 **Kinney Creek Brewery** Hand-crafted beer, Rochester, MN; kinneycreekbrewery.com
- 63 **LarrySchultz Organic Farm** Organic eggs, chicken and turkey, Owatanna, MN; LSOFarm.com
- 85 **Locust Lane Vineyards** Balsamic, verjus sauces and other products, Little Canada, MN; facebook.com/LocustLaneVineyards
- 84 **Mama Doha** Traditional delicacies of Egypt, Edina, MN; mamadoha.com
- 20 **Mama Stoen's LLC** Quality, delicious gluten free products, Owatonna, MN; mamastoens.com
- 108 **Mayo Clinics**, Sponsor, Rochester, MN; mayoclinic.org
- 30 **Metz's Hart-Land** Dairy, Honey, & Creamery Farmstead creamery cheeses, Rushford, MN; metzhartland.com
- 42 **Midwest Elderberry Cooperative** Elderflowers and elderberries, Minneapolis, MN; midwest-elderberry.coop
- 10 **Millner Heritage Wine & Cidery** Minnesota wines and ciders, Dassel, MN; millnerheritage.com
- 21 **Minnesota Department of Agriculture** Sponsor, St. Paul, MN; mda.state.mn.us
- 60 **My Sweet Greens** MN Urban farm-to-table grower specializing in microgreens, Zumbrota, MN; mysweetgreensmn.com
- 43 **Mystic Chocolate** Artisan stone-ground raw vegan chocolates, Cedar Rapids, IA; Mystic-Chocolate.com
- 51 **Next Chapter Winery** Barrel-aged wine, New Prague, MN; nextchapterwinery.com
- 27 **Ney's Premium Inc** Wisconsin Sourced Meat Purveyor, Hartford, WI; neysbigsky.com
- 65 **Nicolai Amende** Signature Five Pepper Blend brand hot sauces, Mankato, MN; fivepepperblend.com
- 98 **Northern Vineyards** Winery and wine cooperative, Stillwater, MN; northernvineyards.com
- 32 **Number 12 Cider House** Traditional farmhouse ciders, Saint Paul, MN; number12ciderhouse.com
- 5 **O'Brien's Own Granola** Health conscious granola, Center Point, IA; obriensowngranola.com
- 9 **Oak Valley Creations** Dips, Jellies, and Salts, Savage, MN; oakvalleycreations.com
- 99 **Pasta of the Prairie** Handmade pasta, Marion, IA; pastaoftheprairie.com
- 109 **Peoples Food Coop** Sponsor, La Crosse, WI & Rochester, MN; pfc.coop
- 59 **Pickle Creek Herbs** Artisan infused oils and vinegars, Fairfield, IA; picklecreek.com
- 34 **Poorboy Candy** Artisan confection and condiment company, Minneapolis, MN; poorboycandy.com

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- 97 **Post Bulletin** Sponsor, Rochester Daily Newspaper, Rochester, MN; postbulletin.com
- 44 **Prairie Farms - Caves of Faribault** Specializing in blue cheese, Faribault, MN; cavesoffaribault.com
- 70 **Raw Bistro** Raw food for dogs, Cannon Falls, MN; rawbistro.com
- 82 **Renewing the Countryside** Sponsor, Minneapolis, MN; renewingthecountryside.org
- 81 **Salem Glen Winery** Boutique winery, Rochester, MN; salemglenvineyard.com
- 112 **Salsa Del Diablo** Gourmet Salsa, Rochester, MN; salsadeldiablo.com
- 6 **Seven Songs Organic Farm** Organic farm, Kenyon, MN; sevensongsfarm.com
- 83 **Shokolade Haven** Hand crafted chocolate, Lindstrom, MN; shokolat Haven.com
- 36 **Simply Snackin'** Artisan meat snacks, Oshkosh, WI; simplysnackin.com
- 26 **Smokin T's/ High Home Foods** Smoky flavored tomato sauce, Delafield, WI; Smokints.com
- 117 **Sno Pac Foods** Organic frozen fruits and vegetables, Caledonia, MN; snopac.com
- 95 **Sociable Cider Werks** Hard cider, Minneapolis, MN; Sociablecider.com
- 45 **Sogo Snacks** 100% grass-fed beef and natural pork snack sticks, Decorah, IA; sogosnacks.com
- 28 **Something Special from Wisconsin** Sponsor, Madison, WI; somethingspecialwi.com
- 1 **Southern Minnesota Initiative Foundation** Sponsor, Owatonna, MN; smifoundation.org
- 31 **Squash Blossom Farms** Vegetables, meats, and baked goods, Oronoco, MN; squashblossomfarm.org
- 93 **Stagecoach Brewing Company** Craft brewery, Mantorville, MN; stagecoachbeer.com
- 3 **The Bee Shed** Local, healthy and natural products from honeybees, Oronoco, MN; thebeeshed.com
- 69 **Timberlake Orchard** Apples and apple products, Fairmont, MN; timberlakeorchard.com
- 48 **Treats by T** Ghost pepper sauce, Northfield, MN; TreatsbyT.com
- 47 **Whitewater Gardens** Farm Quality fresh vegetables, Altura, MN
- 98 **Winehaven Winery**, Chisago City, MN; winehaven.com/home
- 49 **WW Homestead Dairy** Milk, butter, cheese, and ice cream, Waukon, IA; wwhomesteaddairy.com
- 68 **Yellow River Dairy** Goat cheese and dairy products, Monona, IA; yellowriverdairy.net
- 29 **Your Prairie Son Organic Farm** Grass-fed beef and eggs, Rochester, MN
- 17 **Zaza's Pastas, LLC** Hand-crafted, artisan pastas, Cedar Rapids, IA; zazaspastas.com

CannonBelles Cheese

Free Insulated Lunch Bag with \$30 or more Cheese purchase!

Good only at FEAST!
Dec. 1-2, 2017



Feast!

We offer our sincere thanks to the following organizations whose support makes Feast! Local Foods Marketplace possible.

Premier Partners



Silver Sponsors



Bronze Sponsor



THE MED CITY BEAT™



Supporters

Agricultural Utilization Research Institute (AURI), Channel One Food Bank, City of Cannon Falls, Food Freedom Radio, Food Service News, Hy-Vee, Kwik Trip, Midwest Food Processors Association, Minnesota Children's Museum - Rochester, People's Energy Cooperative, Rochester Moms Blog, Region Nine Development Commission, Riverland Community College, Something Special from Wisconsin, Winona County, Wisconsin Grocers Association

www.local-feast.org



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