



**CONTACT:**  
Elena Byrne  
608-712-8340  
[elena@local-feast.org](mailto:elena@local-feast.org)

**FOR IMMEDIATE RELEASE**

## **14 Local Eateries Participating in FEAST! Restaurant Week**

**Rochester, MN (Sept. 24, 2019) – FEAST! Restaurant Week returns for a third year of celebrating area farm to table restaurants, pubs, and cafés, Oct. 7 - 13.**

FEAST! Restaurant Week specials will incorporate locally-grown ingredients, which helps area farmers and strengthens the economy. “Our community and visitors often share with us how impressed they are to discover so many unique dining options in our city,” says Mary Gastner, Interim Executive Director at Experience Rochester. “The team of local FEAST organizers have rounded up an awesome list of specials and this week is a great opportunity to try something new.”

With everything from pizza and craft brews to French cuisine, there’s something for everyone.

Erik Kleven, co-founder of Bleu Duck Kitchen, helped create Restaurant Week to highlight the number of regional restaurants making that extra effort to utilize local foods. “Customers love farmers’ markets, and patronizing restaurants who buy local is another great way to support area growers,” says Bleu Duck co-owner Jennifer Becker.

FEAST! Restaurant Week 2019 participants:

- Bleu Duck Kitchen
- Cameo
- Chester's Kitchen and Bar
- Falls Landing (Cannon Falls)
- Fiddlehead Coffee Co.
- Forager Brewery
- Le Petit Café
- Little Thistle Brewing Co.
- Marrow
- Pedal Pushers Cafe (Lanesboro)
- People’s Food Co-op
- The Loop
- Tonic - Local Kitchen & Juice Bar
- Victoria’s Italian Restaurant

Held in conjunction with the Sixth Annual FEAST! Local Foods Marketplace, customers who order the specials can receive coupons to attend the FEAST! event on Saturday, Dec. 7 at the Mayo Civic Center. For more information, visit [local-feast.org/restaurantweek](http://local-feast.org/restaurantweek), follow FEAST! Local Foods Network on Facebook, @Local\_Feast on Twitter and @localfeast on Instagram. Share favorites and photos using #localFEAST and #FeastRestaurantWeek to join the fun!

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