



Senior Resources

Office of Representative Aaron Ling Johanson

repjohanson@capitol.hawaii.gov * (808) 586-9470 * www.repjohanson.com

PRESCRIPTIONS & PHARMACIES

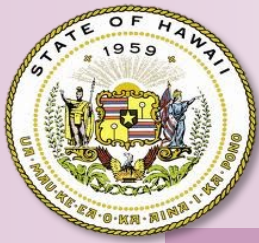
During the COVID-19 pandemic, a senior on Medicare can get up to 90 days of a prescription if that is what their doctor prescribed. Medicare drug plans will also allow beneficiaries to fill prescriptions early for refills up to 90 days, depending on the prescription. In the past, Medicare drug plans only let beneficiaries receive a 30-day supply of their prescription. *Check with your pharmacy to see if delivery is available. CVS and Walgreens are offering delivery for certain prescriptions.*

SENIOR HOURS @ STORES

STORES	DAYS	TIME	NOTES
Safeway	Tues, Thurs	7-9am	Seniors and others at higher risk
Target	Tues, Wed	8-9am	Seniors and others at higher risk
Times	Daily	5-7am	Senior shopping times
Down to Earth	Daily	7-8am	Senior shopping times
Foodland	Tues, Thurs, Sat	5am or 6am (first hour)	60+ 5% discount is applicable
Costco	Tues, Thurs	8-9am	60+
Walmart	Tues	6-7am	60+, includes pharmacy and vision center
Sam's Club	Tues, Thurs	7-9am	Seniors and others at higher risk
Walgreens	Tues	8-9am	Seniors with caregiver or family, Senior discount all day

COUNSELING & COMPANIONSHIP

Catholic Charities Phone-A-Friend	catholiccharitieshawaii.org	527-4777	Provides regularly scheduled calls for seniors who live alone or are socially isolated with little or no outside contact outside the home.
AARP Neighbors Helping Neighbors	aarpmutualaid.zendesk.com	1-888-281-0145	Request a phone call from a volunteer
Disaster Distress Hotline		1-800-985-5990	24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people experiencing emotional distress related to any natural or human-caused disaster. Toll-free, multilingual, and confidential.



Senior Resources

Office of Representative Aaron Ling Johanson

repjohanson@capitol.hawaii.gov * (808) 586-9470 * www.repjohanson.com

FEDERAL GOVERNMENT COVID-19 CHANGES (Telehealth, Home Health, Housing)

TELEHEALTH

- Medicare now pays for office, hospital, and other visits provided via telehealth in all areas of the country and in patients' homes.
- Health care providers may reduce or waive cost-sharing for telehealth visits.
- Providers can now use telehealth with beneficiaries who have audio phones only.
- Health care providers can use everyday communications technologies, such as FaceTime or Skype, to provide telehealth during the COVID-19 pandemic.

HOME HEALTH

- The CARES Act permanently allows physician assistants, nurse practitioners, and clinical nurse specialists to order home health services for beneficiaries, which will reduce delays and increase beneficiary access to care in their homes.

MORTGAGE/RENT

- If you are a homeowner or renter and the property currently has a government guaranteed mortgage or is supported by the federal government, you are eligible for assistance. Homeowners with a government guaranteed mortgage who are worried about being able to afford future mortgage payments may seek a loan forbearance, a temporary pause in loan payments, for up to 12 months. If you are renting from an owner who has a federally-backed mortgage or federally-supported multi-family property, the CARES Act provides for a moratorium on evictions from March 27, 2020, through July 25, 2020.
- Homeowners or renters seeking information on whether they are covered by CARES Act assistance programs should visit legallaidhawaii.org or contact a HUD approved housing counselor. You can find the nearest housing counselor on consumerfinance.gov or by calling (800) 569-4287.

ADDITIONAL RESOURCES FOR THOSE IN NEED

**Public Assistance
(Food Stamps & Medicaid)**

1-855-643-1643

**City & County Elderly Affairs Division
– Services Assessment**

808-768-7700

elderlyaffairs.com

AARP Community Services

aarpcommunityconnections.org

**United Way – Assistance with food,
housing, childcare or essential services**

Dial 2-1-1

211.org