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FOR IMMEDIATE RELEASE

Heartland Cafe Presents Harvest Dinner and Barn Dance

Benefiting Rogers Park Food Co-op

ROGERS PARK, IL – Heartland Cafe and Earth First Farms are sponsoring a Harvest Dinner, on Saturday, October 10, 2015, at 5:30 p.m. at the Heartland Cafe, 7000 N. Glenwood Ave., in Chicago's Rogers Park neighborhood. From 7:00-9:00 the same evening, there will be a Barn Dance at Red Line Tap, 7006 N. Glenwood Ave., featuring music by Spitzer Space Telescope & Mareva and dance calling by Jo Mortland. Half the ticket proceeds from the event will be donated to the Rogers Park Food Co-op.

Celebrating the bounty of the harvest with local, organic food from Earth First Farms and other local farms, Heartland Cafe will serve a luscious dinner to its guests on the beautiful open-air patio of the Cafe. This family-friendly event will also include face painting and pumpkin carving.

Following the harvest dinner, dancing will commence at 7:00 at the Red Line Tap around the corner. Dance music will be played by Chicago balladeer and fiddler, Spitzer Space Telescope, with guitarist Mareva Lindo. The two will be cranking out old-time tunes with a driving and lively style. A few dances in the night will also feature a guest fiddle player. Jo Mortland, one of Chicago's favorite callers for traditional American folk dance, will call contra and square dances to complete the celebration.

Tickets for the event on October 10 at Heartland Cafe are \$25 for both the dinner and the dance or \$10 for only the dance. Tickets may be purchased through Brown Paper Tickets at <http://www.brownpapertickets.com/event/2156253> for the dinner and dance or <http://www.brownpapertickets.com/event/2156255> for the dance only.

More information is available at http://www.rogersparkfoodcoop.com/harvest_party or <http://www.heartlandcafe.com/about/>, by e-mailing Info@HeartlandCafe.com, or by calling 773-465-8005. **Event graphic available on request.**



About the Rogers Park Food Co-op

The Rogers Park Food Co-op is in its third year of organization and is currently campaigning to sign up its first 300 members. It will be a member-owned cooperative grocery store in Rogers Park, offering access to trusted sources of healthy, locally grown, sustainable, and artisanal foods. It will also offer food education programs, serve as a gathering place for the community, and foster strong ties among the many diverse cultures of Rogers Park.

Because food co-ops are locally owned, they generally source many of their products from local farmers and food purveyors. Doing so keeps money spent on groceries in the local economy. Food co-ops often hire more employees than corporate supermarkets, which is good for the local economy, as well. By becoming a member or by shopping at the Rogers Park Food Co-op, residents can help strengthen the local economy and support a sustainable, healthy food system at the same time.

The Rogers Park Food Co-op is a proud member of the Chicagoland Food Co-op Coalition.

About Heartland Cafe and the Red Line Tap

For over 35 years, The Heartland Cafe has been serving good, wholesome food for the mind and body to their comrades in Rogers Park and beyond. The Heartland takes great care and effort in finding local, organic, sustainable, socially conscious, fairly traded ingredients whenever possible. In season, their fruits and vegetables are primarily sourced through their certified organic farm, Earth First Farms in south-west Michigan, as well as other small, organic, artisanal producers.

Red Line Tap, Rogers Park's Music Venue, hosts bands from punk to funk and everything in between. The Red Line Tap hosts music up to seven nights a week, featuring local and national acts on their stage, from the resident band, the Mudflapps, to Micki's open mic and all sorts of great shows daily. They've got something for everyone!

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