

# End of Life Choice



## Limits to palliative care: the call for voluntary assisted dying

*Palliative care is an important and widely respected support for people with active, progressive, advanced diseases, who have little or no prospect of cure, and are therefore expected to die. The primary aim is to optimise quality of life:*

As acknowledged by Palliative Care Australia and the Australian Medical Association, even with the best palliative care, both dying and incurably ill people face a range of difficult to manage symptoms. For example:

- cancer affecting nerve-rich areas such as the abdomen, chest, spine, pelvis, or throat leads to pain and possible incontinence of urine and faeces. Cancer growth also obstructs swallowing and the intestine, leading to vomiting and ultimately starvation.
- paralysing diseases of nerves supplying the muscles of the chest and throat cause gasping or choking to death (such as with motor neurone disease).
- mesothelioma (associated with incurable asbestosis) produces severe chest pain with each breath, causing difficulty in breathing and feelings of suffocation.
- difficult to treat neuralgia causes experiences similar to electric shock, with stabbing, agonising and jolting pain.

The above examples are indicative but not exhaustive.

*SAVES strongly supports palliative care, with the option for voluntary assisted dying when suffering becomes unmanageable and the person asks for release.*

**References:** \* Palliative Care Australia <https://palliativecare.org.au/what-is-palliative-care>

\* SAVES submission to the Joint Committee on End of Life Choices [file:///C:/Users/anaf0002/AppData/Local/Downloads/95%20South%20Australian%20Volunteer%20Euthanasia%20Society%20\(1\).pdf](file:///C:/Users/anaf0002/AppData/Local/Downloads/95%20South%20Australian%20Volunteer%20Euthanasia%20Society%20(1).pdf)

\* Palliative Care Australia Experience internationally of the legalisation of assisted dying on the palliative care sector FINAL REPORT 28 October 2018 [https://palliativecare.org.au/wp-content/uploads/dlm\\_uploads/2018/12/Experience-internationally-of-the-legalisation-of-assisted-dying-on-the-palliative-care-sector-APEX-FINAL.pdf](https://palliativecare.org.au/wp-content/uploads/dlm_uploads/2018/12/Experience-internationally-of-the-legalisation-of-assisted-dying-on-the-palliative-care-sector-APEX-FINAL.pdf)

*Compassion for suffering  
The freedom to choose  
Add your voice to the call*

SAVES was established in 1983 to campaign for legal, medically assisted voluntary euthanasia. The aim is to end suffering by providing choice in dying. SAVES works in the community and with Members of Parliament to achieve law reform.

### SAVE-YA Syndicated Australian Voluntary Euthanasia Youth Advocates

Facebook: Support SAVE-YA Law Reform

A national youth lobby group which aims to provide a youth voice in support of legalising voluntary euthanasia in all States and Territories. Members between ages 18 and 35 are encouraged to join, make contact with their local MP and inform them of their support for voluntary euthanasia law reform.



### Christians Supporting Choice For Voluntary Assisted Dying

[christiansforvad.org.au](http://christiansforvad.org.au)

We are Christians who believe that, as a demonstration of love and compassion, those with a terminal or hopeless illness should have the option of a pain-free, peaceful and dignified death with legal voluntary assisted dying / voluntary euthanasia. This is strongly supported by the majority of Australian Christians.



### South Australian Nurses Supporting Choices in Dying

facebook: SA Nurses Supporting Choices in Dying

We are a group of passionate nurses who believe in our patient's right to choose the end of life care they wish. The group provides a forum for the nursing voice and perspective on legalising voluntary euthanasia and other patient choices in end of life care.



### MY BODY MY Choice-VE

[facebook.com/pages/MY-BODY-MY-Choice-VE](https://facebook.com/pages/MY-BODY-MY-Choice-VE)

MBMC provides a voice for people with disability in the VE reform debate. MBMC represents the interests of people with disabilities who wish to exercise choice in all aspects of their life, including choice at the end of life, with the view that choice and control are a fundamental human right for everyone.

MBMC argues that people with disabilities know how it feels to lose personal autonomy through their ongoing fight for self-determination, independent living and disability rights.

MBMC believes that people with disabilities, who have struggled to control their own lives and bodies, must be allowed to maintain control and autonomy throughout their life, especially at its end.



### Doctors for Assisted Dying Choice

[drs4assisteddyingchoice.org](http://drs4assisteddyingchoice.org)



We are a national organisation of Australian medical practitioners, both current and retired, who are committed to having a legal choice of providing information and assistance to rational adults, who, for reasons of no realistic chance of cure or relief from intolerable symptoms, would like to gently end their lives.

Assistance may be by doctor provision of medication for the patient to consume, or by doctor-administration.

*Respecting rational patient end-of-life choices*

### Lawyers for Death with Dignity

[https://docs.wixstatic.com/ugd/1062e1\\_dd077d6dd79648c8baec58200361f054a.pdf](https://docs.wixstatic.com/ugd/1062e1_dd077d6dd79648c8baec58200361f054a.pdf)

Lawyers for Death with Dignity acknowledges the need for people with profound suffering to have the legal choice for a medically assisted and dignified death.

The current law says suicide is not illegal, but assisting suicide is. People in a terminal state may have profound, unbearable suffering and be in the undignified position of being unable to end their life without assistance.

Advances in medicine have improved life expectancy, but South Australian law has not changed to reflect the often forgotten deterioration in quality of life that a longer life expectancy may bring.



### Paramedics Supporting Choices in Dying

facebook: Paramedics Supporting Choices in Dying



Paramedics Supporting Choices in Dying is an advocacy group promoting the rights of people to make decisions regarding their end of life wishes.

To go without pain, without trauma, without breaking the law, without endangering others and without suffering. To go gently, peacefully and with dignity.

We support good palliative care, encourage the use of Advance Care Directives and advocate for law reform to legalise the choice for voluntary euthanasia and voluntary assisted dying.