CREATING PLANT-BASED LIP BALM

In this DIY project, we’ll use ingredients derived from plants — lavender essential oil and cocoa powder — to create nourishing lip balm.

You Will Need:

- 4 tablespoons olive oil
- 1 tablespoon grated or pellet beeswax
- 1 teaspoon honey
- 7 drops lavender essential oil
- ¼ teaspoon vitamin E oil
- 1 teaspoon cocoa powder
- Cooking pot
- Stainless steel pan
- Small containers
- Spoon

Steps

1. Prepare mixture:
   • Grate beeswax.
   Tip: You’ll find beeswax online or in your local craft or home improvement store. You can use a kitchen vegetable peeler or cheese grater for this step.
   • Warm the olive oil and beeswax on low heat in the cooking pot.
   • Stir until the beeswax is melted.
   • Stir in the lavender essential oil, vitamin E oil and cocoa powder.
   • Fill the large stainless steel bowl or pot with ice water, then carefully place the bottom of the hot cooking pan in the bowl.
   • Continue stirring the mixture as you add in the honey.

2. Cool Mixture:
   • Once the honey is mixed in, transfer the mixture to your containers.
   • Allow the containers to set for at least 3 hours in the refrigerator.
   • Your lip balm is ready. Enjoy!