

As we express our gratitude, we must never forget that the highest appreciation is not to utter the words, but to live by them.” – John F. Kennedy

**Top Things to Know:**

**1. Face Coverings and Masks**

Per Governor Northam’s [Executive Order 63](#), all patrons of various businesses to include “State or local government buildings when accessed for the purpose of securing public services” and employees “shall wear a face covering whenever working in customer facing areas.” So let’s be safe:

- Wear a face covering or mask in buildings when social distancing can't be maintained, like in conference rooms, hallways and other common areas.
- Practice hand hygiene prior to placing or adjusting your mask and following removal of your face covering or mask using hand sanitizer or soap and water.

Some resources:

- [Face Cover recommendation from Health Director Dr. Gloria Addo-Ayensu](#)
- [CDC Face Covering Guidance](#)
- [CDC Video – Make Your Own Face Cover](#)

**2. Resiliency Resources**

Offerings for employees updated weekly on the [OD&T Virtual Resources](#) website. Upcoming webinars:

- June 4: Responding to a Stressed Out Customer hosted by Zelos. Search “stressed out” in [Employee U](#).
- June 9: Navigating Change hosted by OKA. Find the class listed in the Stay Activated Vendor Series – search “stay activated vendor” in [Employee U](#).
- Resiliency resources:
  - [Creating a Healthy Mindset During a Pandemic](#)
  - [Resiliency Resource List](#)
  - [Self-Care Practices for Challenging Times Resource List](#)

**3. LiveWell Wellbeing Resources**

The [Benefits & LiveWell Coronavirus Resources website](#) is a new one-stop shop for wellbeing resources such as webcasts, pdfs to share in hard copy, and internal and external resources from validated sources. Topics include kids and teens; meditations; how to wear a mask. Check back often for updates.

QUICK LINKS	
<ul style="list-style-type: none"> <li>• Access FairfaxNET without <a href="#">Citrix</a>; <a href="#">User Guide</a></li> <li>• Register <a href="#">EAN</a> and <a href="#">Employee Alerts for COVID-19</a></li> <li>• <a href="#">Job Reassignment Guide</a></li> <li>• <a href="#">Using the COVID-19 Internal Order</a></li> <li>• <a href="#">LiveWell Webinar Library Page</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Mandatory County Training</a>; <a href="#">HIPAA eLearning</a></li> <li>• <a href="#">Fairfax County Mentoring Program</a></li> <li>• <a href="#">FOCUS Pay Advice Details Explained</a></li> <li>• <a href="#">Red Cross Mental Health First Aid Training</a></li> <li>• <a href="#">Office for Children Early Childhood Programs</a></li> </ul>
<ul style="list-style-type: none"> <li>• <a href="#">Fairfax County Emergency</a> blog; <a href="#">COVID alerts</a></li> <li>• <a href="#">Fairfax County COVID-19</a> website</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Fairfax County Health Department</a></li> <li>• <a href="#">Centers for Disease Control</a></li> </ul>