



Canadian Labour Congress
Congrès du travail du Canada

LABOUR COMMUNITY SERVICES

*Labour and United Way...
Building Community Together*

United Way of Regina
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January 23th, 2015

Dear Sisters & Brothers:

RE: Regina Labour Community Advocate Training
Registration Date: March 24, 2015
Training – March 31 to May 26, 2015 (Every Tuesday)

It is with great pleasure that the Canadian Labour Congress, and the Regina United Way announce the **renewed version** of the **Union Counselor** training. The **Labour Community Advocate Training Program** is a restyling of the **Union Counselor** training. This program allows union members to do what comes naturally....to help others.

The **Labour Community Advocate Training Program**, an education program developed by the Canadian Labour Congress, is simply a more formalized way of doing what unions have always done – care for one another. The program is provided to workers, by workers.

Unions have always fought for the health and wellbeing of their members. The **Labour Community Advocate Training Program** is another way to ensure that union members have that protection, both on and off the job.

The **Labour Community Advocate Training Program** will be a great benefit to your local and your members. It can also serve to introduce members to Union activism. Sometimes new union members have limited experience with the labour movement. However, they soon realize that helping others is also a “union” and/or “political” process and become more involved in other union activities.

The **Labour Community Advocate Training Program** will run from **March 31, 2015 until May 26, 2015**. The classes will be held every Tuesday evening until May 26 **Registration is \$130** and the **deadline for registration is March 24, 2015**. All registrations received after will be subject to a \$10 late fee.

For more information on how to become a **Union Advocate**, please contact Kirk Brown, Labour Staff Representative at the United Way of Regina, at **306-757-5671 ext 761**.

YOU Can Make a Difference in Your Workplace and Your Community

In Solidarity,

Kirk Brown
Labour Staff Representative
United Way of Regina

**Labour Community Advocate Training
Registration Form
Tuesday 7:00 pm – 10:00 pm
March 31 – May 26, 2015
Graduation: Tuesday, June 2, 2015**

Cost of training is \$130 which includes all course materials, a Labour Community Advocate Lapel Pin, Graduation Celebration and Certificate.

Registration deadline is March 24, 2015. Class will be **limited to 20** seats. Registration fees must accompany the application and should be mailed, or dropped off to Kirk Brown at the Regina United Way at the above address.

Name: _____

Street: _____ City: _____

Province: _____ Postal Code: _____

Phone numbers:

Home: _____ Work: _____

Cell: _____ Fax: _____

E-Mail: _____

Union and Local: _____

Payment Options: _____ Cheque (payable to United Way)
 _____ Invoice Union at address below (with union approval)

Address: _____

Contact Person: _____ Phone: _____

Authorization Signature: _____

Note: All registrations must be approved by the course participant's union and/or local and have an authorization signature by a local union official (ie: President, Vice-President, Treasurer, or Staff representative)

Cancellation Policy: Should the course be cancelled full refunds will be issued. Cancellation by a registrant is eligible for a full refund if notification is received before March 27, 2015.

A fee of \$25 will be charged for cancellations made after March 30, 2015 if the union does not have a replacement for the participant canceling their attendance. Co-sponsored by: the Regina & District Labour Council, Regina United Way, and the Canadian Labour Congress, Prairie Region.

2015 Labour Community Advocate Training Regina

The **Labour Community Advocate Training Program** is a ten week educational program that trains union members to refer union brothers & sisters and co-workers experiencing personal, family, health, or financial difficulties to local community and government programs and services.

The **Labour Community Advocate Training Program**, an educational program of the **Canadian Labour Congress**, is delivered by labour staff of local United Ways across the country through a partnership agreement with **United Way/Centraide Canada**.

The program is open to **union** members from any recognized local, national or international trades, public, or private sector union.

The course is facilitated by **United Way labour staff, Kirk Brown**, who is employed by the Regina United Way. Kirk is a member of the Canadian Office and Professional Employees (COPE) Local #397 and has been involved in the trade union movement since the early 1980's. Kirk has experience as a shop steward and has worked as a community organizer on many provincial and national campaigns.

The **Labour Community Advocate Training Program** will provide you with:

- ◆ An opportunity to meet other union members in Regina
- ◆ Up-to-date information about Regina's community services
- ◆ Information on government programs and services
- ◆ An opportunity to get to know helping professionals in your community
- ◆ A graduation certificate
- ◆ A lapel pin designating you as a trained Union Advocate

Schedule: March 31 – May 26, 2015
Tuesday evenings from 7:00 pm – 10:00 pm

Cost: \$130.00 per person. Class limited to 20.

Location:

Regina United Way main office – 1440 Scarth Street

The United Way of Regina office building is wheelchair accessible.
Parking is free.

Graduation: Tuesday, June 2, 2015

Graduation celebrations location to be announced

COURSE OUTLINE

**Session 1 – Tuesday, March 31
Unions & Communities Working Together**

**Session 2 – Tuesday, April 7
LCAs and Equity**

**Session 3 – Tuesday, April 14
Your Community Services / Principles of Communication**

**Session 4 – Tuesday, April 21
Interviewing and Referral skills**

**Session 5 – Tuesday, April 28
Implementing / Strengthening a LCA Program**

**Session 6 – Tuesday, May 5
Workplace Stress: Effects on the Worker and Workplace Solutions**

**Session 7 – Tuesday, May 12
Understanding Violence / Harassment and Bullying**

**Session 8 – Tuesday, May 19
Helping Those in Financial Crisis**

**Session 9 – Tuesday, May 26
Addiction and Dependency**

GRADUATION CEREMONY! – June 2