

# 2017 CONTINUING CARE ASSISTANT CONFERENCE

# Finding Balance... Life, Family, Work



**3rd Annual**



Your SEIU-West Nursing Care Committee (NCC) invites you to participate in this unique conference designed specifically for CCAs. Through a combination of activities, special guests and a member panel, together we will delve into topics including (but not limited to) mental health at work and stress management. You will have the opportunity to share your experiences, learn from others and discover ways to find balance in your life.

**When:** October 26, 2017 at 9:30 am

**Where:** SEIU-West Office Saskatoon  
#200 – 747 46th Street W.

**Space is limited apply today!**

Fill out the *Registration Form* provided and send it to **Tara Hessie** by email: [tara.hessie@seiuwest.ca](mailto:tara.hessie@seiuwest.ca) or by fax: **306-773-7535** at the **Swift Current** office no later than **September 25, 2017** with the subject line:  
**CCA conference 2017.**

**Brought to you by the SEIU-West Nursing Care Committee**