

For Immediate Release
17 March 2015

Bridgewater, NJ – We are pleased to announce our 13th Annual Sidak Leadership Retreat for 2015. Sidak is a distinctive leadership development program offered by Sikh Research institute (SikhRI) for young adults and professionals seeking to increase their commitment towards the Sikh faith. It is a two-week intensive immersion in Sikh culture, language, values and community through understanding bani (scripture), tvarikh (history), and rahit (discipline).



Due to popular demand Sidak 2015 will be held once again at the Khalsa Centre Mission, BC, Canada from 18th July – 31st July. The venue epitomizes the magnificence of Canada's West Coast with mountains, stillness, woods and lakes, ideal environment for introspection, reflection and learning. Check out the site at www.khalsacentre.ca.

In addition to our core tracks “Sikhi 101” and “Sikhi 202”, this year we are excited to introduce a brand new track “Gurubani 101” – a survey course that familiarizes students with the structure, languages and themes of the Guru Granth Sahib. The course format encompasses lectures, discussions and activities. It provides tools and exposure to nomenclature for developing an approach to understanding Guru Granth Sahib.

Experienced SikhRI staff and board members facilitate these tracks and sessions. Each instructor brings his or her own experience, education and passion to the classroom sessions. Furthermore, the tracks and sessions are designed to provide a learning experience and also further develop skill set through activities such as debates, speeches and presentations. The bonds that the Sidakers form with their instructors and other learners are invaluable and will inspire them towards life-long education and activism long after the program ends. Inni Kaur, Board Chair, feels strongly in saying, *“the journey has started, some of our Sidaker graduates will no doubt not only be world leaders but more importantly leaders that operate from a Sikh perspective in bringing about needed change in local and global communities.”*

For more information on specific tracks, leadership sessions, and enrollment process, please visit: www.sidak.org

Contact

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About the Sikh Research Institute

The Sikh Research Institute (SikhRI) is a 501(c)(3) nonprofit organization with a mission to provide educational resources to Sikhs to lead a Guru-inspired life. All donations are tax deductible.