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For Immediate Release

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Sikh Research Institute Hosts Weekend Of Sikhi-Inspired Programs Across The GTA

Toronto, ON - The Sikh Research Institute Canada (SikhRI) will be hosting a series of events across the Greater Toronto Area this coming weekend. As part of their mission to provide educational resources to Sikhs as they lead a Guru-inspired life, the workshops will target different segments of the local Sikh community.

"In order for Sikhs to connect with their faith and make it relevant in their lives, we must present Sikhi in a way that is engaging, informative and impactful. We're delighted to have the Sikh Research Institute here this weekend to do just that" said community organizer and parent Ramandeep Kaur Grewal.

On Thursday December 4th at 6 pm, SikhRI Co-Founder and CEO Harinder Singh will be giving a leadership talk to Sikh professionals at Metro Hall (200 Wellington St, Toronto). The next day, Jasmine Kaur, a Curriculum and Training Specialist for SikhRI will be doing a presentation on the "Friends of the Guru" for Sikh children and families. It will take place on Friday December 5th at 7:30 PM at Ontario Khalsa Darbar or Dixie Gurduara (7080 Dixie Road, Mississauga).

On Saturday December 5th, both Harinder Singh and Jasmine Kaur will be presenting an all-day workshop which will take place at Gursikh Sabha Canada or Scarborough Gurduara (905 Middlefield Road, Scarborough). Specific sessions will be held for youth and adults with childcare provided for children under 5 years of age. Topics will include Getting to Know Vahiguru, Sheroes and Heroes in Sikhi, Inspiring Gurmat In You and Your Family and the Real Guru Nanak.

Finally on Sunday December 6th, a fundraising lunch has been organized from 1 to 3 pm at National Banquet Hall (7355 Torbram Rd, Mississauga). Speakers will include Harinder Singh, local dignitaries as well as Sikh youth who have been positively impacted by their involvement with SikhRI. The funds collected at the event will go towards supporting local and global SikhRI content in 2015.

"We are excited to bring series of Gurmat-based educational events to Ontario sangat this weekend. Our plan is to do quarterly weekends of learning locally in the GTA leveraging the global reach and expertise of SikhRI" remarked SikhRI board member Kulvir Singh Gill.

All of the events are free of charge but donations will be encouraged to offset the session costs. Pre-registration is required and available through SikhRI's website, www.sikhri.org.

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About the Sikh Research Institute

The Sikh Research Institute (SikhRI) is a 501(c)(3) nonprofit organization with a mission to provide educational resources to Sikhs to lead a Guru-inspired life. All donations are tax deductible.