

Sarah Treanor is an artist, writer, and creative mentor out of Akron, Ohio. She has a passion for the meaning behind art. Through her own personal artwork and facilitating others, she encourages the telling of vulnerable stories as ways to heal and connect. Losing both parents and her fiancé by the age of 30, she has been using creativity to evolve her concept of grief and life for over 20 years.

For Sarah, creating is about capturing moments of our realities in a way that honors us as individuals and as part of the whole framework of humanity... *“Making things changes the way you look at everything - it hones your eye towards possibility. My work does this for me. Whether a photograph, painting, essay or workshop, I find an avenue to possibility in the things I create, and hope to inspire others to do the same.”*

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