

Rachel Blythe Kodanaz

Author, Speaker, Consultant

Living with Loss, One Day at a Time

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Rachel Kodanaz is an author, speaker and consultant offering encouragement to those who are suffering a loss or setback. Overcoming her own adversary following the sudden death of her husband, leaving her with a two-year-old daughter and her experience in the management of large corporations led her to develop and publish resources supporting grief and loss in the workplace. She has inspired thousands of people with her unique blend of presentations and workshops. Her authentic, down to earth messages are sure to inspire you to learn, laugh, and live.

Rachel holds a BS in Business Administration from Bryant University. Rachel speaks nationally to organizations, is a columnist for *Living with Loss Magazine* and has published numerous articles and handbooks on grief; and her book, ***Living with Loss One Day at a Time***, has received international acclaim. Her compassion and commitment is evident in the support she provides to national grief and loss programs, including Soaring Spirits International, National Alliance of Grieving Children, Tragedy Assistance Program for Survivors (TAPS), employee assistant programs, and human resource endeavors. Rachel has appeared on Good Morning America.

Rachel is available for speaking appearances, educational programs, interviews, and community outreach. More information is available at www.rachelkodanaz.com.