

Alexandria Romero

Alexandria Romero has a Master's degree in Transpersonal Psychology with a Specialization in Spiritual Psychology, but her journey into her spiritual studies deepened in a very real way when in December of 2012, her husband and father of her daughter and unborn child suddenly and unexpectedly died. She spent the next several years processing her grief and facilitating her healing in Costa Rica where she home birthed their second daughter. Alexandria has undergone a deep process of awakening to her spirit, grieving from the loss of her husband's death and their shared dreams, envisioning a new life for her and her daughters, and aligning with the true meaning and purpose for her life. She currently resides in Southern California where she leads workshops and online courses, offers private guidance and healing sessions, and is in process of writing and editing the story of her grieving and healing, and stories designed to help children through grieving and healing from the loss of a parent. Alexandria practices conscious parenting by day, and writes, creates, and guides by night.