

# About Tom Hall

Tom is proud to be a Northwest native and has lived in Seattle the majority of his life. By training, he is a physical therapist, having graduated from the University of Puget Sound in 1982. He is the founder and CEO of PINN, Peoples Injury Network Northwest, a physical and occupational therapy rehabilitation company focused on helping injured workers return to work.

After a powerful loss, Tom hoped to set an example for his daughters as he attempted to cope with his grief. He became heavily involved in local support groups and the loss community and for the past ten years, has been speaking publicly about his experience.

Tom has a passion for helping individuals, especially men, to be courageous enough to share their stories regarding loss or trauma. He is passionate about leadership style and how empathy and humility play into effective leadership. Tom is currently working on his first novel which aims to empower men to speak openly about loss.