

## Free Public Event

For Immediate Release  
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### “Life Without Plastic”

An Evening Presentation & Book-Signing Event with Co-Founder/Author, Jay Sinha  
Tom Ridge Environmental Center  
301 Peninsula Drive  
Erie, PA 16505  
Friday, October 5, 2018  
6:30 PM

(ERIE, PA) – Plastic pollution in Lake Erie, our oceans, and in waterbodies across the globe has been the featured topic of “The Plastic Pollution Solution: One Small Change,” a public exhibit at the Tom Ridge Environmental Center (TREC) in Erie, Pennsylvania, which opened in May 2018. The exhibit will be closing in October, but before it does, the sponsoring partners are proud to present the following public event:

An evening presentation and book-signing event with Jay Sinha, Co-Founder and Co-Author of “Life Without Plastic: The Practical Step-by-Step Guide to Avoiding Plastic to Keep Your Family and the Planet Healthy.”

Mr. Sinha’s presentation “Plastic Pollution and Practical Aspects of Living Without Plastic,” will offer solutions, tips, tools and alternatives for plastic-free living, and answer questions such as:

- What is plastic and what is the life cycle of an every-day piece of plastic?
- How is the Earth itself becoming more plastic?
- How is plastic a human health problem?
- How can we live with less plastic?

Sponsoring partners for the “Plastic Pollution Solution: One Small Change” exhibit include the Tom Ridge Environmental Center (TREC) Foundation, PA Department of Conservation of Natural Resources (DCNR), PA Sea Grant, Regional Science Consortium, Erie Arts & Culture, S.O.N.S. of Lake Erie, and Environment Erie.

The exhibit, which is located on the second floor of [TREC](http://trecpi.org), is open from 9:00 AM through 5:00 PM daily, and will run through October 31. For more information about this or other programs, contact the Park Office at (814) 833-7424. Visit TREC online at <http://trecpi.org>.

Seating capacity is limited to 175, so early arrival is highly recommended. Doors open at 6:00 PM with presentation at 6:30 PM, on Friday, October 5, 2018. Mr. Sinha will be available after the presentation to sign copies of his book, “Life Without Plastic.”

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