



## LOCAL FOODS in the COMMUNITY

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Local food is the production, process, distribution and consumption of food within a specific region, usually 100 miles from farm to fork. Local food can help to build community cohesion and vibrancy by boosting local food-based business and building the relationships between producers and consumer. [Share your success story here!](#)

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**Join or start** a school or community garden. The Summer Sprout program supports community gardens in Cleveland with plants, water access and other garden resources. Call 216-429-8200 ext 246 for more information.



**Attend Potluck in the Park**, the annual citywide local foods potluck hosted by the [Vital Neighborhoods](#) working group.



**Read and share the** [Community Food Guide](#).



**Join the** [Slow Money](#) Working group to learn more about investing in farm, food and fertility. Please contact Cathi Lehn for more information at [clehn@city.cleveland.oh.us](mailto:clehn@city.cleveland.oh.us).