



**10 CENTS
A MEAL**
FOR SCHOOL KIDS & FARMS



Elementary school students at Flint Community Schools move compost for their school garden.
Photo credit: Autumn Trojanowski, FoodCorps AmeriCorps Service Member of Crim Fitness Foundation in Flint.

**PROSPERITY
REGION
6**

7 districts **4** counties **7** county region

**Students
Served
18,890**

7 DISTRICTS Elkton-Pigeon-Bay Port Laker Schools, Flint Community Schools, Genesee Intermediate School District, Grand Blanc Community Schools, Mayville Community School District, Morrice Area Schools, Owosso Public Schools

4 COUNTIES Genesee, Huron, Shiawassee, Tuscola

“We go to the Amish auction and buy what is local--Brussels sprouts, different kinds of squash. I purchased Michigan corn and put it up. I incorporate it into a lot of dishes--potato corn chowder, on the salad bar, as a hot vegetable, in enchiladas.”

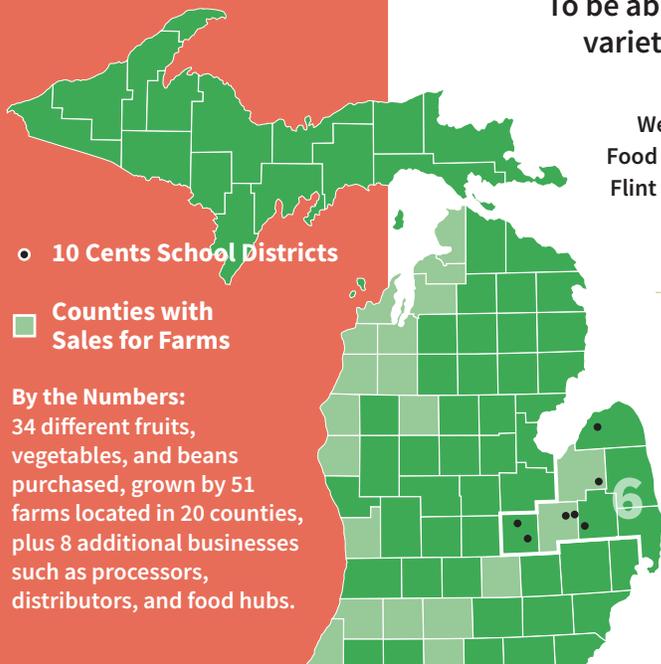
Cinamon Marker,
Farm to School Coordinator
Elkton-Pigeon-Bay Port Laker
Schools

“ We are working with the Flint Fresh Food Hub. We are committing to buying apple slices from them, and they are investing in a machine to do more sliced apples in bulk. To be able to give students a variety of sliced apples is exciting.

Wendy Christensen,
Food Production Manager
Flint Community Schools

This is a wonderful program that allows children, many for the first time, to experience apples fresh from the orchard and to see how much more flavorful they are than those purchased at the grocery stores. Michigan apples always win in the flavor category.

Pat Koan, Koan’s Orchard,
Genesee County, who is selling apples into Flint Community Schools through the Flint Fresh Food Hub



● 10 Cents School Districts

■ Counties with Sales for Farms

By the Numbers:
34 different fruits, vegetables, and beans purchased, grown by 51 farms located in 20 counties, plus 8 additional businesses such as processors, distributors, and food hubs.

Instead of baby carrots we served fresh carrots from a local farmer that were medium-sized and were just cleaned and skinned. Some students didn’t recognize them as carrots. The kids thought it was cool as heck.

John Klapko, Food Service Director
Owosso Public Schools

PROSPERITY REGION 6

“Flint Fresh would not have this partnership with Flint Community Schools without 10 Cents a Meal.”

Cheryl McHallam,

Executive Director of Flint Fresh, a food hub that has coordinated orders and delivery of apples, potatoes, carrots, and dried beans from area farms to Flint Community Schools

“Without this grant many varieties of apples would be out of our price range and we would not be able to introduce them to our students. This year alone we have carried seven different varieties of apples for our students to enjoy.”

Karen Smith,

Director of Dining Service, Grand Blanc Community Schools

“We have seen more kids eating lunch and breakfast. I had one elementary student tell me she thought pears were limes and she really liked them and wanted me to put them on the menu every day.”

Jennifer Edgerton,

Food Service Director
Mayville Community School District

Serving New Foods to Students

40 Total new foods tried because of 10 Cents a Meal

24 New Michigan-grown vegetables tried for the first time.



Top new Michigan-grown vegetables on the menu: Mushrooms, winter and summer squash, potatoes, kale, cucumbers, cabbage, celery

12 New Michigan-grown fruits tried for the first time.



Top new Michigan-grown fruits on the menu: Cantaloupe, tart cherries

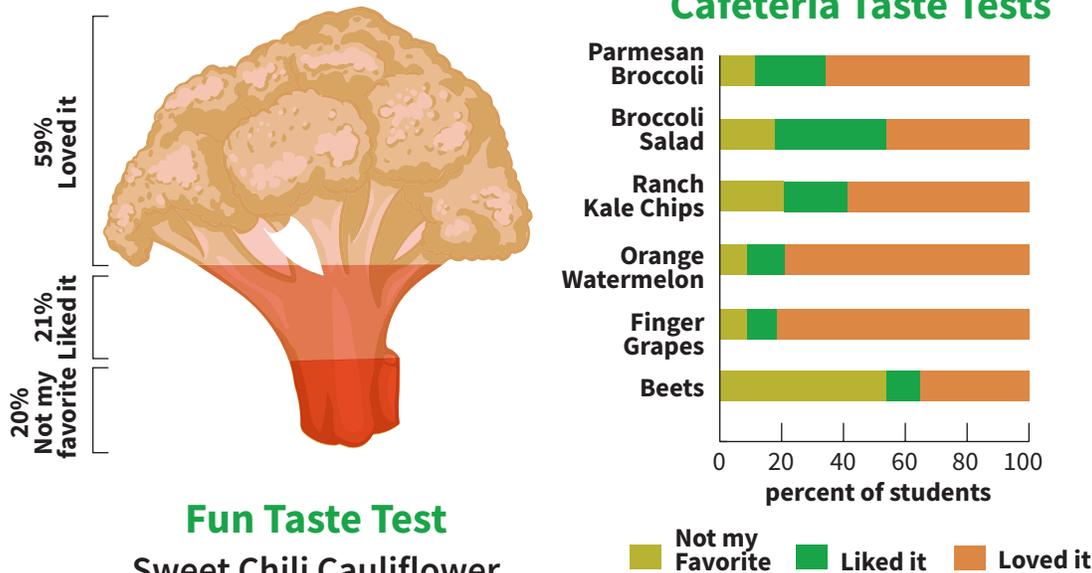
4 New Michigan-grown beans tried for the first time.



Top new Michigan-grown beans on the menu: Black beans, red kidney beans

Preliminary survey results of food service directors, through December of the 2018-2019 school year, MSU Center for Regional Food Systems

Cafeteria Taste Tests

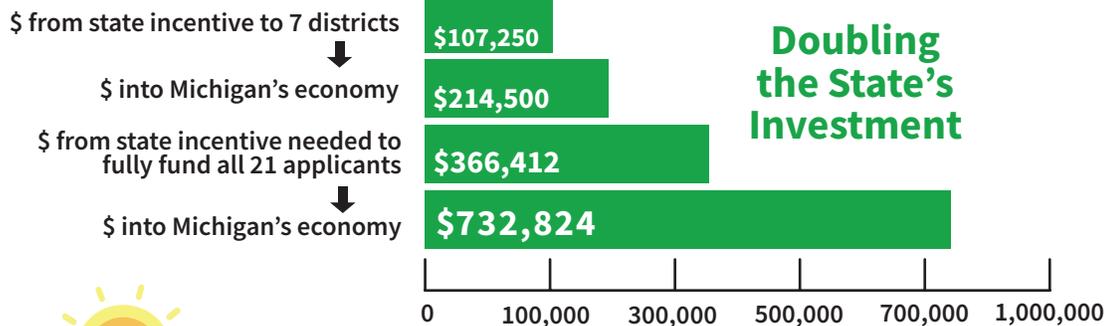


Fun Taste Test

Sweet Chili Cauliflower

Source: Flint Community Schools
FoodCorps AmeriCorps/Crim Fitness
Foundation in Flint

Flint Community Schools
Source: FoodCorps AmeriCorps/Crim Fitness
Foundation in Flint



Ideas in Action

Grand Blanc Community Schools sets up Chef Tables in the cafeteria during lunch with displays, information, and samples.

Elkton-Pigeon-Bay Port Laker Schools increased student participation in lunch by hiring an enthusiastic fresh foods cook and educator as a farm to school coordinator. The position now pays for itself.

The Genesee Intermediate School District food service department has partnered with its SNAP-Ed educator (funded by the federal Supplemental Nutrition Assistance Program) for educational activities with students around Michigan-grown foods.