

Tennessee Right to Life
Sanctity of Life Curriculum
PRESERVING LIFE: THE SPIRITUAL BATTLE
Grade 6 - Week 2
Take Home

Dear Parents,

This week we studied Scriptures which highlighted the power of prayer and fasting. We also studied the **“Armor of God”** and how it enables us to fight spiritual battles. Each student received an “Armor of God” bookmark with a suggested daily prayer. We discussed again the story of Queen Esther and the way in which she used prayer and fasting to protect the lives of her people.

We spent some time discussing what “fasting” means and observed that in Scripture it usually refers to abstaining from food, a form of self-denial, in order to focus more seriously on prayer and on doing God’s will. In Mark 9:29, we learned that Jesus said that some evil can only be defeated by **prayer and fasting**. We also discussed some of the other forms of fasting: things like giving up a favorite dessert or food, a television program, eating in between meals, or playing computer games, for instance. All of these are forms of self-denial which can be appropriate for our children and will help us to remember our commitment to pray for an end to abortion.

We also studied our memory verse for this week, Daniel 11: 32 (NASB):

“The people who know their God will **display** strength and **take** action!”

We discussed that some of the ways in which we can “take action” are prayer, fasting and putting on the “Armor of God.” Please take a few minutes to review the brochure, **“Abortion and the Christian”** which you received last week, in the sealed envelope. You will find a list of other things you can do and a list of others who are displaying strength and taking action.

This week take some time to discuss some ideas for fasting that you may want to try as a family; then record your commitment below

Fasting Commitment:

Prayer Commitment:

Find a place to display the **Armor of God bookmark** as a reminder to keep your commitment to pray and fast for an end to abortion. Continue to be open to other ideas the Holy Spirit may bring to mind.