

Te Reo- mō te Tari

Te Reo Māori
for the office



Hei tīmatanga

A beginning

Whakataka te hau ki te uru
Whakataka te hau ki te tonga
Kia mākinakina ki uta
Kia mātaratara ki tai
E hī ake ana te atakura
He tio, he huka, he hau hū
Tīhei mauri ora!

Cease the winds from the west
Cease the winds from the south
Let the breeze blow over the land
Let the breeze blow over the ocean
Let the red-tipped dawn come with
a sharpened air.
A touch of frost, a promise of a glorious day.

Nau mai!

Welcome

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Te Reo mō te Tari is a simple and fun resource to help learners with every day te reo Māori around the office.

Our aim is to help normalise the use of te reo Māori every day, every way, everywhere for everyone.

Find a group or another person who you are comfortable to practice with and start speaking and writing the words or phrases as part of your daily work interactions. This may encourage others to give it a go.

Everyone can be a champion for the revitalisation of te reo Māori.

For more resources go to:

ReoMāori.co.nz



Tā tātou kaupapa

Our purpose

Kia mauri ora te reo

Te reo Māori is vital
and vibrant

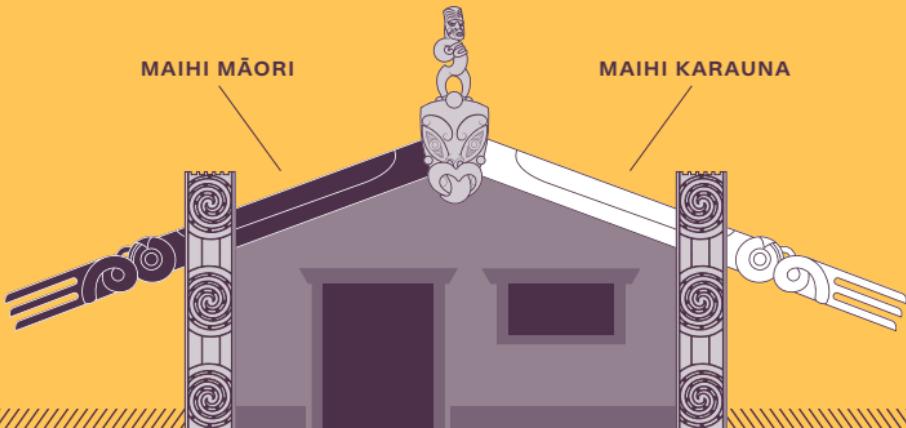
Kia ūkaipō anō te reo

Te reo Māori is the nurturing
language of the home

Kia māhorahora te reo

Te reo Māori is seen, heard and
used, every day, every way,
everywhere by everyone

TE WHARE O TE REO MAURI ORA



Te horopaki Context

In Te Ture mō te Reo Māori 2016 the Crown expressed its “commitment to work in partnership with iwi and Māori to continue actively to protect and promote this taonga, the Māori language, for future generations.” Te Whare o te Reo Mauri Ora is the conceptual framework that reflects the partnership approach essential for revitalising the Māori language. The Maihi Karauna is the government’s Māori language strategy. The Maihi Māori is the strategy developed by and for iwi, hapū and whānau.

Te mahere reo Language planning

Language planning is a proven tool to help revitalise languages. Language plans create focused action for a future where it’s normal to hear, read, and speak te reo Māori across Aotearoa. A plan can be small and simple, or big and bold, or somewhere in between.

Email us at MahereReo@tetaurawhiri.govt.nz to find out more.



Whakahuatanga

Pronunciation

Oropuare | Vowels

There are five vowel sounds in Māori. They can be pronounced 'short' or 'long'. The long vowel is marked with a macron.

a as in father

i as in see

u as in goose

e as in dress

o as in thought

aeiou
āēīōū



When the vowel is long, with a macron above it,
say the vowel for twice as long.

Ororua | Two Vowels and Diphthongs

When two different vowels are together they either retain their basic sounds and are pronounced one after the other or they 'glide' from one vowel to the other vowel to make a different sound we call a diphthong.

Examples of common diphthongs are *ai, ae, au, ou, oe, ao*.

ai oe
ae au
ou ao

Orokati | Consonants

There are 10 consonants, they are:

ng as in singer

h k m n ng
p r t w wh

The *r* sound is created when the tip of the tongue briefly touches the top of the mouth behind the teeth.

wh as in film



Ngā kupu mihi

Greetings



...koe”

...to one person

(singular)

...kōrua”

...to two people

(not including you 'the speaker')

“Ata mārie”
Good morning

“Kia ora”

Hi

nā...

Hello...

...koutou”

...to more than two

(not including you ‘the speaker’)

...tātou”

...to more than two

(including the speaker)

“Ngā mihi o te ahiahi”

Good afternoon



Kōrerorero

Small talk



Kei te pai

Fine

How are you?



Kei te ngenge

Tired



Kei te pōuri

Sad



Kei te ora

Well



Kei te māuiui

Unwell



Kei te hōhā

Fed up



Ko taua āhua anō hoki

(same, same)

**“Kei te
aha koe?”**

What's up?

◦
Kei te mahi
Working

◦
Kei te whakatā
On a break

◦
Kei te pukumahi
Busy

◦
Kāre kau
Nothing

**“I pēhea tō
wā whakatā?”**

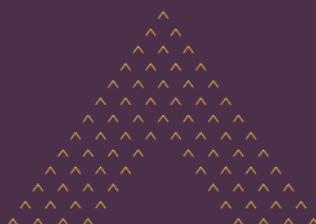
How was your break?

◦
I poto rawa
Too short

◦
I pai
Good

◦
I ora nei au
Revitalising

◦
I roa rawa
Too long



“Taiea ana!”

Looking good/fine/flash!



Hiakai? Hungry?

**“Kua kai
rānei koe?”**

Have you eaten yet?

- Āe
Yes
- Kāore anō
Not yet
- Kāore au i te hiakai
I'm not hungry

“Ki hea kai ai?”

Where will you eat?



Ki te...
At the...

...toa kawhe
coffee shop



...wāhi kai
food court

“Āhea koe kai ai?”
When will you eat?

- Ā te tekau mā rua
At 12
- Ā te tahī
At 1
- Ākuanei
Soon

“Kei te pēhea te kai?”

How's the food?

It's... “Kei te / he...

tasty ...reka”

hot ...wera”

sugary ...huka rawa”

bland ...mākihakiha”

satisfying ...nanea”

same same ...rite tonu”

“Kei te kai ai?”



...toa huhi
sushi shop



...whare korikori
gym



...ākau
beach

“Māu e haute?”

Your shout?

- Āe! Māku!
Yes! I will!
- Māu kē!
You will!
- Mā tāua tahī
We both will



Ngā wā huihui

When we meet



When is
the meeting?

Āheat

◦
Ināianei
Now

◦
Ākuanei
Soon

◦
Āpōpō
Tomorrow

◦
Ā te ata
In the morning

“Mō taku
tōmuri”
Sorry I'm late

- Kei te pai noa iho
All good
- Kaua e pēnā anō
Don't do it again

Me tae wawe mai

Arrive early



Auē! Moata rawa!
Wow! That's early!



Auē! Tōmuri rawa!
Wow! That's late!

“Kei hea te hui?”

Ā te ahiahi
This afternoon

Ā te rima karaka
At 5 O'Clock

Ā te pō nei
Tonight

Ā tērā wiki
Next week

**“Kei hea
te hui?”**

Where is the hui?

At/In...

“Kei...

Te Puni Kōkiri

...Te Puni Kōkiri”

Meeting room

...te rūma hui”

Cafeteria

...te wāhi kai”

Zoom

...Huitopa”



Mā te Huitopa, te Huitīma rānei? By Zoom or Teams?

○

○

Me mau tarau!
Put [a] pants on!

Kei a koe te kupu tomo?
Do you have the passcode?

“Tukun te tūh



**Kei te tatari tētahi
ki te taiwhanga?**

Is someone waiting in the
waiting room?

Kua ngū tō reo
You're on Mute



Whakaarahia tō reo
Unmute yourself



Whakaaturia tō mata
Share your screen

“Kia hopu tātou i ngā kōrero o tēnei hui”

Let's record this hui

na mai ono”

Send me the link

Kua raru taku hononga
My connection is bad/poor



Whakakāngia/
whakawetongia tō ataata
Turn on/off your video



“Kua raru tō hononga”
You're cutting out



Patua te huaketo

Stop the virus



**Kia mahara
ki tō maruhā**
Remember your mask



**Kia mahara ki te
karapa i te tohu QR**
Remember to scan in on the QR code

Horoia ō ringaringa
Wash your hands

Kia Atawhai

Be Kind

**Tērā pea me whai
whakamātautau koe**
Maybe you need a test



**Ki te māuiui koe, me
mahi mai i te kāinga**
If you're sick, work
from home



**Āhea koe pūwerohia ai
ki te kano āraimate?**
When are you getting
vaccinated?

**KOWHEORI-19
COVID-19**



Kāore he rerenga ā-hapori
There's no community
transmission



Huarere Weather



“Kei te pēhea te huarere?”

What's the
weather like?



Kei te pupuhi te hau
It's windy (the wind
is blowing)

“Kei te...
...wera”

“...makariri”
...kāpuapua”

“...ua”

“...tūpuhi”

“...mākū”

“...tau te kohu”

“...paki”

“...kino”



Ngā kupu whakamiha

Congratulations

**“He mahi tino
pai tēnei!”**

This is great work!

- Kia ora rā
Cheers!
- Ka pai, kia piki taku utu?
Great enough for a rise?

“Koia



**“Kātahi te tino
kapa, ko tōku!”**

My team is fantastic!

a

E kī, e kī?
Is that right?

Tau kē!
Awesome!

Kei whea mai!
Wonderful!

Nanakia
Not too bad

~~~~~

**“Kei te hia  
āwhina koe?”**

Do you need a hand?

- Tēnā koa  
Yes, please!
- Kei te pai au  
I'm good thanks



You got this!

# kei koe! ”

**“Ka mutu pea ō  
whakaaro!”**

Love your input!

- Nē?! Rawe!  
Really?! Chur!
- Tēnā rawa atu koe!  
Thanks so much!



He waiata nā Te Paea Ihaka  
A song written by Te Paea Ihaka

C

F

Māku rāpea\*

C

Māku rāpea

G

C

C7

Māku koe e awhi e

F

I te ara

C

Ara tupu

G

C

Māku koe e awhi e

I will  
I will  
I will help you  
On the path  
of progress  
I will help you

\*A Te Aupōuri term  
meaning *indeed*





## Ngā kupu wehenga

### Farewells

◦  
Ka kite anō i a koe  
See you again



◦  
Hei āpōpō  
Until tomorrow

# Ā tōna wā

Until next time

◦  
Haere rā  
Goodbye  
(to someone leaving)



◦  
E noho rā  
Goodbye  
(to someone staying)

# Pō mārie

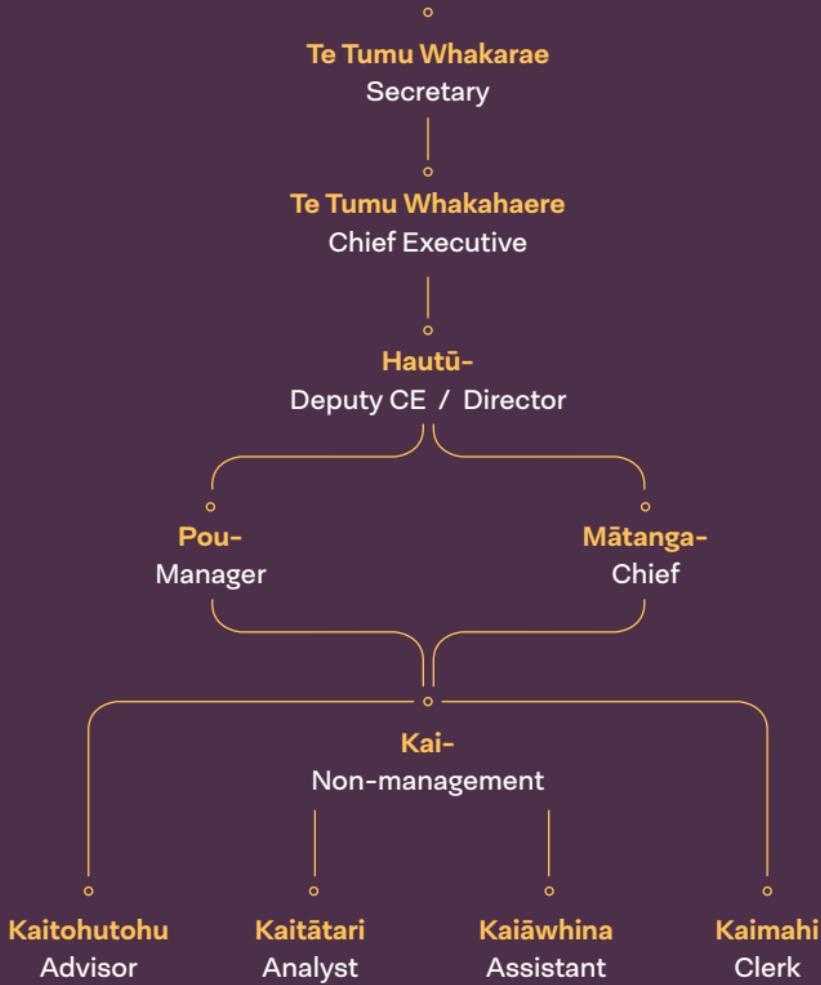
Good night



# Te Ratonga Tūmatanui

## The Public Service

Below are some te reo Māori Public service job titles, take a look at this list and see if you can find or create one that's suitable for you.



# “He Pou Kaupapa Here ahau”

I am a Policy  
Manager

## **Mātāmua**

Principal

e.g. Kaitātari Mātāmua – Kaupapa Here  
Principal Policy Analyst



## **Ārahi**

Lead

e.g. Kaitātari Ārahi – Pakihi  
Lead Business Analyst



## **Matua**

Senior

e.g. Kaitātari Matua – Kaupapa Here  
Senior Policy Analyst



## **Hoa**

Associate

e.g. Hoa Hautū – Kaupapa Here  
Associate Dep Sec Policy



## **Paetahi**

Graduate

e.g. Kaitātari Paetahi – Kaupapa Here  
Graduate Policy Analyst



# Ō Tātou Tari

## Our Departments

---

Cancer Control Agency **Te Aho o te Kahu**

---

Crown Law **Te Tari Ture o te Karauna**

---

Department of Conservation **Te Papa Atawhai**

---

Department of Corrections **Ara Poutama Aotearoa**

---

Department of Internal Affairs **Te Tari Taiwhenua**

---

Department of the Prime Minister and Cabinet **Te Tari o te Pirimia me Te Rūnanga**

---

Education Review Office **Te Tari Arotake Mātauranga**

---

Government Communications Security Bureau **Te Tira Tiaki**

---

Inland Revenue Department **Te Tari Taake**

---

Land Information New Zealand **Toitū te Whenua**

---

Ministry of Business, Innovation and Employment **Hikina Whakatutuki**

---

Ministry for Children **Oranga Tamariki**

---

Ministry for Culture and Heritage **Manatū Taonga**

---

Ministry of Defence **Manatū Kaupapa Waonga**

---

Ministry of Education **Tāhuhu o te Mātauranga**

---

Ministry for the Environment **Manatū mō Te Taiao**

---

Ministry of Foreign Affairs and Trade **Manatū Aorere**

---

Ministry of Health **Manatū Hauora**

---

**“He Pou Kaupapa Here ah**

---

Ministry of Housing and Urban Development **Kāinga Ora**

---

Ministry of Justice **Tāhu o te Ture**

---

Ministry of Māori Development **Te Puni Kōkiri**

---

Ministry for Pacific People **Te Manatū mō ngā Iwi o te Moana-nui-ā-Kiwa**

---

Ministry for Primary Industries **Manatū Ahu Matua**

---

Ministry of Social Development **Te Manatū Whakahiatō Ora**

---

Ministry of Transport **Te Manatū Waka**

---

Ministry for Women **Manatū Wāhine**

---

National Emergency Management Agency **Te Rākau Whakamarumaru**

---

New Zealand Customs Service **Te Mana Ārai o Aotearoa**

---

New Zealand Security Intelligence Service **Te Pā Whakamarumaru**

---

Office for Māori Crown Relations **Te Arawhiti**

---

Pike River Recovery Agency **Te Kāhui Whakamana Rua Tekau mā Iwa**

---

Serious Fraud Office **Te Tari Hara Tāware**

---

Social Investment Wellbeing Agency **Toi Hau Tangata**

---

State Services Commission **Te Kawa Mataaho**

---

Statistics New Zealand **Tatauranga Aotearoa**

---

The Treasury **Te Tai Ōhanga**

---

# au ki Hīkina Whakatutuki”



I am a Policy Manager at MBIE



# Ō Tātou Minita

## Our Ministers

---

Prime Minister

**Pirimia**

---

Deputy Prime Minister

**Pirimia Tuarua**

---

Leader of the House

**Te Kaiārahi o te Whare**

---

Deputy Leader of the House

**Te Kaiārahi Tuarua o te Whare**

---

Attorney-General

**Te Toihau Ture**

---

Minister for ACC

**Minita Kaporeihana Āwhina**

**Hunga Whara**

---

Minister of Agriculture

**Minita Take Ahuwhenua**

---

Minister for Biosecurity

**Minita mō te Whakahaumaru Koiora**

---

Minister for Broadcasting and Media

**Minita Pāpāho**

---

Minister for Building and Construction

**Minita mō te Hanganga**

---

Minister for Child Poverty Reduction

**Minita Whakaiti Pōharatanga Tamariki**

---

Minister for Children

**Minita mō ngā Tamariki**

---

Minister of Climate Change

**Minita Huringa Āhuarangi**

---

Minister of Commerce and

Consumer Affairs

**Minita Tauhokohoko me ngā**

**Take Kaihokohoko**

---

Minister for the Community and  
Voluntary Sector

**Minita mō te Hapori me te Rāngai Tūao**

---

Minister of Conservation

**Minita mō Te Papa Atawhai**

---

Minister of Corrections

**Minita mō Ara Poutama Aotearoa**

---

Minister for Courts

**Minita mō ngā Kōti**

---

Minister for COVID-19 Response

**Minita Urupare KOWHEORI-19**

---

Minister of Customs

**Minita mō Te Mana Ārai**

---

Minister of Defence

**Minita Kaupapa Waonga**

---

Minister for the Digital Economy and  
Communication

**Minita mō te Whakawhitiwhiti Kōrero  
me te Ōhangā ā-Rorohiko**

---

Minister for Disability Issues

**Minita Take Hauātanga**

---

Minister for Disarmament and  
Arms Control

**Minita Whakahaere Pū me te Tupenga**

---

---

Minister for Diversity, Inclusion and Ethnic Communities

**Minita mō te Matahuhua, te Whai Wāhitanga me ngā Haporī Mātāwaka**

---

Minister for Economic and Regional Development

**Minita Whanaketanga Ōhangā me ngā Rohe**

---

Minister of Education

**Minita Mātauranga**

---

Minister for Emergency Management

**Minita mō Te Rākau Whakamarumaru**

---

Minister for the Environment  
(Biodiversity)

**Minita mō te Taiao (Koiora)**

---

Minister for the Environment

**Minita Taiao**

---

Minister for Finance

**Minita Pūtea**

---

Minister for Food Safety

**Minita Haumarutanga Kai**

---

Minister of Forestry

**Minita Take Ngahere**

---

Minister of Foreign Affairs

**Minita Take Aorere**

---

Minister Responsible for the Government Communications Security Bureau

**Minita o Te Tira Tiaki**

---

Lead Coordination Minister for the Government's Response to the Royal Commission's Report into the Terrorist Attack on the Christchurch Mosques

**Minita Ārahi i te Urupare a te Kāwanatanga ki te Pūrongo a te Kōmihana Roera e pā ana ki ngā mahi whakatuma i ngā Whare Karakia Ihirama ki Ītautahi**

---

Minister of Health

**Minita mō Ngā Take Hauora**

---

Minister of Immigration

**Minita mō te Manenetanga**

---

Minister for Infrastructure

**Minita mō Te Waihanga**

---

Minister of Internal Affairs

**Minita Taiwhenua**

---

Minister of Justice

**Minita mō Te Tāhū o te Ture**

---

Minister for Land Information

**Minita mō te Manatū Toitū te Whenua**

---

Minister of Local Government

**Minita Kaunihera ā-Rohe**

---

Minister for Māori Crown Relations: Te Arawhiti

**Minita mō Te Arawhiti**

---

Minister for Māori Development

**Minita Whanaketanga Māori**

---

# Ō Tātou Minita

## Our Ministers

---

Minister Responsible for  
Ministerial Services

**Minita Haepapa mō ngā Ratonga Minita**

---

Minister Responsible for the New  
Zealand Security Intelligence Service  
**Minita o Te Pā Whakamarumaru**

---

Minister for Oceans and Fisheries

**Minita mō ngā Moana me ngā  
Tauranga Ika**

---

Minister for Pacific Peoples

**Minita mō ngā Iwi o  
Te Moananui-ā-Kiwa**

---

Minister Responsible for Pike River  
Re-entry

**Minita mō te Whakauru Anō  
ki te Maina o Pike River**

---

Minister of Police

**Minita Pirihimana**

---

Minister for Racing

**Minita Rēhi**

---

Minister of Revenue

**Minita Whiwihinga Pūtea**

---

Minister for Rural Communities

**Minita mō ngā Hapori Taiwhenua**

---

Minister for Seniors

**Minita mō ngā Kaumātua**

---

Minister for Small Business

**Minita Pakihi Iti**

---

Minister for Social Development  
and Employment

**Minita mō te Mahi me  
te Whakahiato Ora**

---

Minister for Sport and Recreation

**Minita Häkinakina, Tākaro Pūangi**

---

Minister for State Owned Enterprises  
**Minita Hinonga Kāwanatanga**

---

Minister of Statistics

**Minita Tatauranga**

---

Minister for the Public Service

**Minita mō te Ratonga Tūmatanui**

---

Minister for Trade and Export Growth

**Minita mō te Whakatipu Hokohoko,  
Hokohoko ki Tāwāhi**

---

Minister of State – Trade and  
Export Growth

**Minita Whanaketanga  
Tauhokohoko Tāwāhi**

---

Minister for Treaty of Waitangi  
Negotiations

**Minita Take Whiriwhiri mō  
te Tiriti o Waitangi**

---

Minister of Tourism

**Minita Tāpoi**

---

Minister of Transport

**Minita o ngā Waka**

---

Minister for Veterans

**Minita mō ngā Ika ā-Whiro**

---

Minister for Whānau Ora

**Minita Whānau Ora**

---

Minister for Women

**Minita Wāhine**

---

Minister for Youth

**Minita mō ngā Taiohi**



## He mihi wāhi mahi A workplace mihi

Replace the names and titles where appropriate

---

### Ko Grant Robertson te Minita Pūtea

Grant Robertson is the Minister of Finance

---

### Ko Dr Caralee McLiesh te Tumu Whakarae

Doctor Caralee McLiesh is the Secretary

---

### Kei Te Tai Ōhanga ahau e mahi ana

I work at Treasury

---

### He Kaitātari Kaupapa Here Mātāmua ahau

I'm a Principal Policy Analyst

---

### Ko Rīwai Mātenga ahau

I'm Potato Head

AUCKLAND

Tāmaki-Makaurau  
Kirikiriroa

HAMILTON

GISBORNE

Tūranganui-a-Kiwa  
Taupō-nui-a-Tia

TAUPŌ

NEW PLYMOUTH

Ngāmotu  
Te Papaioea

PALMERSTON NORTH

NAPIER

HASTINGS

Ahuriri Heretaunga

WELLINGTON

Te Whanganui-a-Tara

Te Waipounamu South Island

# Whakatū Ōtautahi Te-Tihi-o-Maru Te-Oha-a-Maru Tāhuna Wānaka Ōtepoti Piopiotahi Waihōpai

NELSON      CHRISTCHURCH      TIMARU      OAMARU      QUEENSTOWN      WANAKA      DUNEDIN      MILFORD SOUND      INVERCARGILL

# Hei mahi

## An activity

Match the correct te reo Māori word with the English word.  
Check your answers at the bottom of this page.

|                 |            |
|-----------------|------------|
| Huhī            | Café       |
| Karakia         | Sushi      |
| Hui             | Vegetarian |
| Papa rēhia      | Park       |
| Kaimanga        | Beach      |
| Kia ora         | Auckland   |
| Tāhuna          | Meeting    |
| Kowheori        | Queenstown |
| Tau kē          | Thank you  |
| Tāmaki Makaurau | Awesome    |
| Huitopa         | Zoom       |
| Minita          | Covid      |
| Waiata          | Minister   |
| Wharekai        | Prayer     |
| Ākau            | Song       |

Song Waiata  
Player Karakia  
Minister Minita  
Covid-19 Kowheori-19  
Zoom Huitopa  
Awesome Tau kē  
Thank you Kia ora  
Queenstown Tāhuna  
Napier Ahuriri  
Auckland Tāmaki Makaurau  
Meeting Hui  
Beach Ākau  
Park Papa rēhia  
Vegetarian Kaimanga  
Sushi Huhī  
Café Wharekai

# He wāhi Places



How well do you know Aotearoa? Match the correct te reo Māori word with the English word. Remember, macrons (tohu tō) are important and can change the entire sound and meaning of a word. Check your answers on pages 30–31.

|                     |                  |
|---------------------|------------------|
| Whakatū             | Queenstown       |
| Ōtautahi            | Oamaru           |
| Te Tihi-o-Maru      | Palmerston North |
| Te Oha-a-Maru       | Dunedin          |
| Tāhuna              | Nelson           |
| Ōtepoti             | Milford Sound    |
| Piopiotahi          | Invercargill     |
| Waihōpai            | New Plymouth     |
| Kirikiriroa         | Taupō            |
| Tūranganui-a-Kiwa   | Napier           |
| Taupō-nui-a-Tia     | Wellington       |
| Ngāmotu             | Christchurch     |
| Ahuriri             | Timaru           |
| Heretaunga          | Hamilton         |
| Te Papaioea         | Gisborne         |
| Te Whanganui-a-Tara | Hastings         |



**KIA KAHA  
TE REO MĀORI**

**TE TAURA WHIRI  
I TE REO MĀORI**

MĀORI LANGUAGE COMMISSION



[tetaurawhiri.govt.nz](http://tetaurawhiri.govt.nz)