



Position Description: Pregnancy Support Worker - Volunteer role

The Babes Project is looking for amazing and passionate people to join our volunteer team at both our Perinatal support services at Croydon and Frankston! These centres are where women come to seek help and support from The Babes Project; we need people who present in a professional manner with a caring and non-judgemental demeanor. You would need to be available for a six hour shift each week (either Monday, Wednesday or Thursday for Croydon. Tuesday, Wednesday or Thursday for Frankston). Be prepared for a rewarding experience working with a team who are passionate about making a positive impact on the lives of vulnerable women in this nation.

Purpose

The PSW is responsible for the delivery of The Babes Project Perinatal Program to women accessing The Babes project Pregnancy Support services.

Hours

The role requires a minimum of 6 hours per week in one continuous shift.

Key Duties/Responsibilities

- Ensure that all interactions with clients reflect the processes of The Babes Project, with the intent to provide excellent information, support and understanding. This may include but is not limited to: triage, intake and referral processes; delivery of the Perinatal Support Program; appropriate liaising with external organisations/agencies; complete and accurate case notes filed post all client interactions.
- Actively communicates with and seeks to support other Pregnancy Support Workers.
- General administrative tasks and support for client lunches/workshops.
- Communicate with the Centre Management re safety concerns, areas of risk, incidents or accidents, support required, case and workload, learning and training requirements, suggestions for improvements etc.
- Support The Babes Project culture actively through positive and genuine interactions at all times.

Experience/Skill requirements

The incumbent should be someone who has a genuine interest and desire to contribute to an organization that is committed to providing excellent care to women facing crisis pregnancy.

The following skills/attributes are key to success in the role:

- A mature approach to life and the ability to overcome challenges.
- A strong team player who values team collaboration and strives to deliver great outcomes in a timely manner.
- Understanding of empathic listening and unconditional positive regard.
- Physical capacity to stand and sit for prolonged periods (>30 minutes at a time), ability to climb stairs, occasional lifting and carrying items that weigh up to 10 kgs.
- Has a non-judgmental supportive approach and an appreciation for the fact that The Babes Project works with vulnerable children and women.
- Understands the significance of and adheres to principles of confidentiality as it pertains to volunteer and client information and also intellectual property that belongs to The Babes Project.
- Emotional/mental resilience with demonstrable healthy processes for self-care (ie processes to manage stress etc., due to the potential exposure to confronting or distressing information/situations).