

# Thoughtful Foods Safer Spaces Policy

This policy covers all members and others while at Thoughtful Foods and at any of its associated activities, but it is not an WHS policy. Thoughtful Foods encourages all members and those using such spaces to be aware of the meaning of safer spaces and to be active in helping create and maintain such spaces.

'Safer spaces' are inclusive and participatory. Thoughtful Foods seeks to be such a space, as part of an effort toward creating supportive and non-oppressive communities, where people feel safe to be themselves, where people support each other and respect differences and diversity. Thoughtful Foods understands that while no space can be completely safe for every individual, all members and others using those spaces can strive to make them safer.

Safer spaces require each member to take responsibility for their own behaviour and the behaviour of others, and actively challenge oppressive behaviour and language. All members should strive to be aware of the many forms of discrimination that may perpetuate oppression, including:

- sexism
- racism
- ageism
- discrimination against people with different abilities
- heterosexism
- homophobia/queerphobia/transphobia
- discrimination against sex and gender diverse people
- discrimination against subcultures and minority groups
- classism and
- discrimination on the basis of religion, faith or spirituality.
- discrimination on the basis of diet and/or lifestyle

Thoughtful Foods seeks to actively challenge these forms of discrimination by encouraging all members to

- 1 respect each other's beliefs, differing points of view and differing states of being in the world
- 2 respect each other's physical and emotional boundaries
- 3 always get explicit consent before crossing another's boundaries and before making physical contact
- 4 not talk over others and instead actively allow space for others to participate
- 5 be aware of language and behaviour and how it affects others in the space
- 6 be responsible for their own actions and to be open to feedback and to asking for support
- 7 never make assumptions about how other people identify themselves without asking.
- 8 look out for each other, especially children
- 9 take responsibility for their own safety and to seek support if needed.

Members and others engaging in unsafe behaviour should exclude themselves from this space and may be asked to leave immediately. If behaviour is exhibited that crosses another's boundaries or makes another feel uncomfortable, that person is encouraged to speak out, talk to staff, or contact the Thoughtful Foods grievance officers through [info@thoughtfulfoods.org.au](mailto:info@thoughtfulfoods.org.au) (Please write "Attn: Grievance Officers" in the subject line).

Pigweed Food Co-operative Limited trading as Thoughtful Foods

Last reviewed: November 2018