

The Duke of Edinburgh's Award – Gold Award Adventurous Journey Report

Qualifying Journey

Preparation

Training was completed in the practice journey from Sarnia to Goderich. Most of the training was completed in the port of Sarnia while still docked. Here many things were learned such as knots and the skills of going aloft and performing basic routines on the tall ship. Safety was also learned as part of training. We learned our safety stations and what to do in case of fire, man over board, etc. We prepared in port with map reading and compass work as well as planning and unloading the food supply for the week. We also learned most of the names of the boat including the names of the sails, port and starboard, etc. First aid was also covered in training. We learned about the importance of staying hydrated and wearing sunscreen. The initial training took place on July 22nd to 23rd.

Practice Journey Outline – July 22-23, 2012

3pm – arrival at the Tall Ship Pathfinder in Sarnia

3pm-6pm – in routine performed consisting of various tasks such as going aloft, learning knots and the basics of how to live on a tall ship

6pm – dinner (Pasta with bread and water)

6pm – watch started

6:30pm – leave Sarnia and start sailing in the Detroit River

8pm – watch ended, bedtime

4am – watch starts

8am – watch ends, breakfast (pancakes with water)

8am-12pm – continue sailing through lake Huron

12pm – lunch (Hot dogs with French fries and water)

12pm-4pm – continue learning how to sail

4pm-6pm – watch starts

6pm – dinner (perogies with water) arrived in port in Goderich

Brief Outline – July 23rd -28th, 2012

July 23rd

Leave Sarnia

8pm- bedtime

12-4am – watch starts

4am – bedtime

July 24th

8am – breakfast

8-12pm – sailing on deck

12-4pm – watch starts

Arrive in Goderich

4-6pm – shore leave

6pm – dinner

8-12am – watch starts

12am – bedtime

July 25th

8am – breakfast

8-12pm – watch starts

12pm – lunch

12-6 – sailing on deck

6pm - dinner

6-8pm – watch starts

8pm – bedtime

July 26th

Arrive in Tobermory

4am-8am – watch starts
8am – breakfast
8-12 – sailing on deck
12pm – lunch
4pm-6pm – watch starts
6pm – dinner
7pm - bedtime
12-4am – watch starts
4am – bedtime

July 27th

8am – breakfast

8-12pm – sailing on deck

12pm - lunch

12-4pm – watch starts

4-6pm – sailing on deck

Arrive at Killbear

6pm – dinner

8-12am – watch starts

12am – bedtime

July 28th

8am – breakfast

8-12pm – watch starts

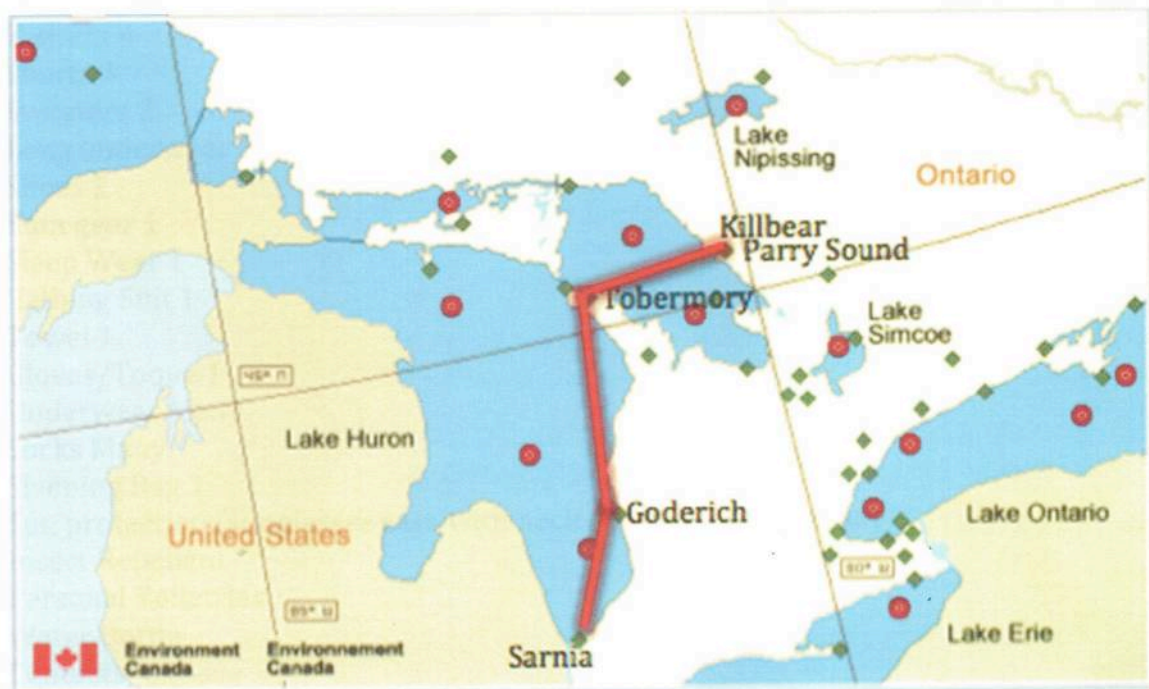
12pm- lunch

Arrive in Parry Sound

Qualifying Trip

I did this trip to push my boundaries and to learn how to sail on a tall ship. I wanted to know how to live self sustainably on a boat for a week. In addition, I also wanted to meet new people and grow by the experience. The trip was from July 24th to the 28th. We started the trip in Sarnia, went through the ports of Goderich, Tobermory and the island of Killbear, ending in Parry Sound.

Map of Route Taken:



We stopped at the ports shown: Sarnia, Goderich, Tobermory, Killbear and Parry Sound.

We traveled by sailing in watches. Watches are groups of 4 people that have a specific rotated time of "watch" where they are responsible for sailing the ship. In this time data such as wind strength, wind direction, and temperature are recorded. When on watch, the crew must stay on deck at all times ready to perform maneuvers while sailing. In addition to the watch system we were also responsible for clean ups, deck scrubs and on deck calls. Our watches had rotations for cleaning up after every meal, cleaning the head, the bunks, and cleaning the garbage's. We were also responsible for various food preps to help to cook prepare the meals for the day.

With this trip I experienced how to sail a big tall ship with only 20 crew members. I learned how to live minimally without the use of a lot of electricity or running water. I learned how to work as a team with the watch system. Additionally, I made friends and learned a lot about navigation and the wind. At times it was very challenging with winds gusting to 25 knots. I had to learn how to reef and take down sails while underway as well as learning how to stay on board with a 15-degree heel. I had never sailed in storms before and this was also very challenging. It was a new experience that I over came with experience and knowledge. I had never seen so many stars in the middle of Lake Huron before. It was an amazing sight that I got to see every night!

Personal Equipment List:

Long Pants 2
Long sleeve shirts 2
T-shirts 4
Shorts 3
Sweaters 2
Long underwear 1
Shoes 2
Rain gear 1
Sleep Wear 1
Bathing Suit 1
Towel 1
Gloves/Toque 1
Underwear Many
Socks Many
Sleeping Bag 1
Sun protection (sunglasses case with neck strap, hat, sunscreen)
Insect Repellant
Personal Toiletries
Water Bottle
Contacts/Glasses
Watch
Books for reading

Menu for Food (including practice journey)

July 22nd

Dinner – pasta with bread and water

July 23rd

Breakfast – pancakes with water

Lunch – hot dogs with French fries and water

Dinner – perogies with water

July 24th

Breakfast – muffins and water

Lunch – zoodles soup with water

Dinner – fajitas with water and fruit

July 25th

Breakfast – bagels with cream cheese and water

Lunch – grilled cheese and water

Dinner – beef pasta and water

July 26th

Breakfast – cereal with milk and water

Lunch – quesadillas with water

Dinner – pasts with meat balls and water

July 27th

Breakfast – French toast and water

Lunch – Kraft dinner and water

Dinner – Ham and bread with water

July 28th

Breakfast – bagels with cream cheese and water

Lunch – pizza with water

