



Trish Doyle MP

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New South Wales Parliament Legislative Assembly

Dragons Abreast

20 June 2019

I recognise Dragons Abreast members who come from Penrith, Hawkesbury and Blue Mountains.

I was delighted to attend the recent Come and Try Day for dragon boating at the Sydney International Regatta Centre. Dragons Abreast crews are made up of breast cancer survivors.

This is their way of spreading the good word about life after treatment and the amazing work Dragons Abreast Australia does. Breast cancer affects so many people, young and old.

Exercise is an important tool to use post-treatment for continued physical and mental wellbeing.

Dragons Abreast members provide a "face" for breast cancer statistics whilst spreading the message of breast cancer awareness through participation in the wonderful and strenuous sport of dragon boat racing.

I particularly acknowledge Jeanette Fry and Angie O'Reilly, whose fabulous crew is to be commended for its efforts.