



TALK WITH ME BABY

— 2 Months Checklist —

How your child plays, learns, speaks, and acts offers important clues about your child's development. Developmental milestones are things most children can do by a certain age.

What's happening at 2 months:

Your baby is beginning to smile at people, can briefly calm herself and tries to look at people she knows. She may coo, make gurgling sounds and pays attention to peoples' faces. From now on, when you ask her a question, pause for a few seconds afterward and then give her the answer. For example: You might say, "Are you wet? (Pause). Of course you are, Sweet Girl. Let's get you changed." If she gets upset or cries, provide words for how she is feeling. You might ask her if she is wet or cold, or sleepy, or if something made her mad. By giving her feelings words, you help her later on when you want her to tell you what is wrong.

Look for these expected behaviors at 2 months:

- Begins to smile at people
- Can briefly calm himself (may bring hands to mouth and suck on hand)
- Tries to look at parent Coos, makes gurgling sounds
- Turns head toward sounds
- Pays attention to faces
- Begins to follow things with eyes and recognize people at a distance
- Begins to act bored (cries, fussy) if activity doesn't change.
- Can hold head up and begins to push up when lying on tummy
- Makes smoother movements with arms and legs

Talk to your doctor if your child:

- Doesn't respond to loud sounds
- Doesn't watch things as they move
- Doesn't smile at people
- Doesn't bring hands to mouth
- Can't hold head up when pushing up when on tummy