— Developmental Milestones —

Here are important milestones that allow parents and nurses to monitor a child’s language development and identify difficulties early. Guidelines provided by The American Speech and Hearing Association and the National Institute of Deafness and Other Communication Disorders

PREGNANT

Did you know your baby can hear you, even before they are born? Babies will begin to respond to language in-utero, and this will prime their brains for early language nutrition.

BIRTH

Your baby is listening, absorbing, and responding from their first moment in the world. Use a soft, sing-song voice to talk early and often with your baby.

2 WEEKS

Your baby is already communicating with you, using cries to get your attention. Talk softly to your baby while holding them close to your face and repeat the small sounds your baby makes to encourage your baby to communicate more.

1 MONTH

Your baby is experimenting and looking to you for a response. Encourage your baby’s communication by mimicking the sounds your baby makes (“oohs” and “ahhs”). Keep a running conversation with your baby whenever you are together.

4 MONTHS

Your baby likely has the capacity for a back-and-forth exchange with you. Pay attention to how your baby responds to your questions, and pause to allow time for your baby to answer.

6 MONTHS

By six months, your baby’s personality is in full bloom. Every sound your baby hears and makes at this stage is laying the groundwork for speech and language development. Make sure you keep talking!

9 MONTHS

At nine months, you’ll start to hear emerging baby speech patterns. Get ready for lots of babbling as your baby will soon be able to follow a simple command, like “Give Mommy the cup.” Babies at this age also have a great time mimicking you by mirroring your facial expressions and echoing your sounds.

1 YEAR

Happy birthday, baby! Help your toddler identify their world with words by mixing language into everything you do. Put words to their gestures and help them identify things in their environment.

How your child plays, learns, speaks, and acts offers important clues about your child’s development. Developmental milestones are things most children can do by a certain age.