

## **Prayer for Shabbat**

Come, let us be glad for Life  
for the week we have just lived  
for the miles we have walked,  
or traveled in buses or trains, or driven

for the meals prepared  
and the groceries shopped  
and the emails sent  
and the hours clocked  
the uniforms washed,  
the dogs walked,  
the people we served  
and the young ones we taught

for the lessons we learned  
and horizons we glimpsed  
for the works we have done  
and the work still unfinished

let us gather our strength  
for whatever comes next

and be glad  
for the sun  
and the trees  
and our breath

let us rest  
on the rock  
of our salvation  
and be blessed

(Adam Gottlieb)