

Ve'ahavtah: You Shall Love the One

You shall love the One
with all your heart,
with all your being,
with all you have.

Hold tight to this love, even as you send it out
to parts unknown.

Let this love flow through you
when you sleep though the night,
when you rise in the morning,
when you venture out and when you return.

Make this love real through your thoughts and deeds
no matter how trivial they may seem.

Keep it in front of your eyes
that your steps be true,
when they lead you toward the light
and when they lead into darkness.

Paint it thick upon the doorposts of your house,
so that the love you have offered
so freely
may always find its way home.

(Rabbi Brant Rosen)