

psalm 20 – may you...

in times of trouble,
may you find the strength
to struggle through
your despair;
when you find yourself
wandering in wide, open
wilderness,
may your steps lead you
into the shadows, where
shelter awaits;

may you dig deep and
offer sacrifices from
the deepest recesses
of your soul,
and may they be received
with gladness;
may you learn to let go
of your heart's desire,
that you may come to know
the meaning of true joy;

and when you find yourself
fallen and grieving along
the road,
may you summon the
courage to cry out
to the farthest reaches
of heaven,
and may you find the
answer to your prayer
embedded deep within
your tears.

(Rabbi Brant Rosen)