

## Coronavirus (COVID-19) advice to Jewish Societies and Students

*It is important that University Jewish Societies, together with the Union of Jewish Students, do what we can to ensure that the virus is not spread as a result of a UJS, J-Soc or Jewish Student community event. If you need clarity on any of the advice given in this document, please contact UJS on 020 7424 3288.*

### GOVERNMENT GUIDELINES ARE CLEAR BUT DIFFER ACROSS TERRITORIES

- There is a full NATIONAL LOCKDOWN in place in all areas in England. In Wales, the public are advised to avoid interaction with people as much as possible, and a tiered system is in place in Scotland. Increased restrictions apply in Northern Ireland.

Within these government guidelines, in-person social events being run by UJS or J-Soc cannot take place UNDER ANY CIRCUMSTANCES in England or Wales, and only under exceptional circumstances in Scotland and Northern Ireland. Please ensure you liaise with the relevant sabbatical officer for your J-Soc. This includes Friday Night Dinners, lunch and learn, speakers and other lecture style events. Individual prayer is able to take place although led services are not.

**If you are unsure of these requirements, please contact UJS on 020 7424 3288**

*As the situation develops, UJS will issue further guidance if necessary. In the meantime, please read and follow the guidance outlined below.*

### UJS and J-Soc Events, Activities and Programmes

**Jewish Societies are formally affiliated with their University's Students' Union. It is imperative that you follow the guidance that is issued by the SU. If you are unsure about where to find this guidance, contact your SU directly.**

UJS will continue providing enriching and engaging content and programming for the 8,500+ Jewish students across the country. This continues to take place predominantly in the digital space and we will continue to provide peer-led education as well as bringing world renowned speakers to our students. J-Socs are encouraged to continue to provide their own digital programming, and where possible within Government guidelines, to engage their students in person as well.

*Have you thought about delivered Friday Night Dinners? Speak to your sabbatical officer to discuss how this could work!*

### Stay at home if you have Coronavirus symptoms

- a high temperature – you feel hot to touch on your chest or back
- a new, continuous cough – this means you've started coughing repeatedly

You do not need to contact 119 or go to the [Track and Trace site to book a test](#).

### How long to stay at home

- if you have symptoms, stay at home for 10 days
- if you live with other people, they should stay at home for 14 days from the day the first person got symptoms

**If your symptoms do not get better after 10 days, your condition worsens, or you feel you cannot cope, call 111.**

**More information about recognising, Coronavirus COVID-19 can be [found here](#)**

**If you need any support contact local services, UJS on 020 7424 3288 or [complete this form](#), and we will offer support.**

*Original guidance issued 5 March 2020.*

*Updated 13 March 2020*

*Updated 17 March 2020*

*Updated 16 September 2020*

*Updated 05 November 2020*

*Updated 09 November 2020*

*Further updates may follow.*

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