

## How to do Mitzvah Day on campus

### Mitzvah Day is Sunday 19<sup>th</sup> November

You can hold your events whenever suits your J-Soc around this date; don't feel pressured to do it only on this day. Mitzvah Day falls within National Interfaith Week as well, so you could pair your project with a related event that is happening on your campus already.

[Click here](#) to sign up on the website. After signing up, you'll receive a few t-shirts, bunting & balloons to help decorate your day.

### Who else can be involved?

You can do Mitzvah Day with whomever you wish, it is a great opportunity to be in touch with other faith societies, or any other society at university. You may wish to invite:

- Local MPs ([find yours here](#))
- The Sabbatical Team at your Students' Union
- Regional NUS officers (the campaigns team can help to organise this)
- Other faith societies, it is National Interfaith Week after all!
  - Be in touch with your [Chaplain](#) on campus and ask them to speak to the other faith leaders on your campus.
- Any Rabbis on campus and their families
- RAG (Raising and Giving) Society
- Sports Society
- Do you have any friends connected to any society? Ask them!

If you are unsure of how to get in touch with anyone on the above list, UJS would be more than happy to help – just [drop us an email](#).

### What can you do?

On Mitzvah Day, we are asked to give our time, not our money. Great ideas are:

- Food drives ([find a local food bank here](#))
- Volunteer at a homeless shelter ([find opportunities here](#))
- Asylum seeker drop in centres (Google to find your local one)
- Volunteering at a local care home (Google to find your local one)
- Local gardening projects / rubbish collection
- Are you lucky enough to be at uni on a beach? Do a beach clean-up!
- Ask around - what did your J-Soc do last year?

To find or execute these ideas, ask at your SU, think who may be interested and ask them, look at your local council's website or just Google what's near you and be in touch!

For more ideas, [click here](#).

### Social Media

Make sure you keep UJS and Mitzvah Day up-to-date on your plans with our Facebook, Twitter and Instagram pages: