

“Let us love, not in word or speech, but in truth and action.” —1 John 3:18

For ideas on how to use this calendar, visit ucc.org/oghs/resources

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I was hungry...	"...Jesus took a loaf of bread, and after blessing it he broke it, gave it to the disciples and said, 'Take, eat; this is my body.'" (Matthew 26:26). Give 2 units in thanksgiving for Jesus' incarnation.	800 million people in the world do not regularly have enough to eat. Give 1 unit for every meal you eat today.	In 2016, droughts caused severe food shortages in Ethiopia, Central America, and elsewhere. Give 1 unit for every grocery store in your town or neighborhood.	Since 1990, the number of malnourished people in the developing world has fallen by almost half, thanks to food security and development projects! Give 1 unit in celebration of this progress and 1 unit to continue the work.	Being able to start a vegetable garden with seeds provided through OGHS, partners can provide food and economic security. Give 1 unit for each vegetable in your refrigerator.	The U.S. wastes 33 million tons of food, \$165 billion worth each year. Give 1 unit in repentance for each food item that has gone bad in your refrigerator or pantry this week.	"I was hungry, and you gave me something to eat." Give 3 units to provide food for someone who is hungry.
I was thirsty...	"A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink.'" (John 4:7). We remember that Jesus shared in the human experience of thirst. Give 1 unit for every drink you have today.	663 million people worldwide do not have regular access to clean water. Give 1 unit for every water bottle in your home.	Rain collection, cisterns, and irrigation systems help communities mitigate drought conditions. Give 1 unit if you have ever collected rain water, or 2 units if you have never collected rain water.	1.9 billion people have gained access to clean drinking water since 1990. Give 2 units in celebration.	Women and girls in Africa and Asia often spend more than 6 hours collecting water every day. Give 2 units if your commute was less than 6 hours today.	The water crisis in Flint, MI brought to public attention the severe effects of contaminants in water supplies and the importance of good infrastructure. Give 1 unit for every tap in your home.	"I was thirsty, and you gave me something to drink." Give 3 units to increase access to clean water by helping communities build wells, small dams, cisterns, and filtration systems.
I was a stranger...	"you are no longer strangers... but you are citizens with the saints and also members of the household of God" (Ephesians 2:19). Give 2 units in celebration of the full household of God.	More than 65 million people have been forcibly displaced from their homes world-wide. Give 1 unit for every room in your home where you feel safe.	"Jesus said, 'Let the little children come to me.'" (Mark 10:14) More than 2,000 children are being held in family detention centers in the US awaiting asylum hearings. Give 1 unit for every child in your family.	OGHS congregations help resettle refugees in the United States every year. This year the numbers of refugees will increase. Give 2 units in celebration.	Nearly 10 million displaced persons are categorized as stateless (not considered a national of any country). Give 1 unit for every US citizen in your household.	Poverty and hunger are key reasons people leave from Latin America to immigrate to the U.S. Give 2 units to help address these root causes.	"I was a stranger, and you welcomed me." Give 3 units to support relief and resettlement efforts for refugees and humanitarian responses for immigrants.
I was sick...	"But a Samaritan while traveling came near him... He went to him and bandaged his wounds...brought him to an inn, and took care of him" (Luke 10:33-34). Give 2 units in thankfulness for those who show mercy.	Waterborne illnesses kill more people than all forms of war and violence combined. Access to clean water and adequate sanitation can prevent the spread of these illnesses. Give 1 unit for every toilet in your home.	In 2015, more than 300,000 women died from maternal causes. Give 2 units if the women you know have access to reproductive care.	Since 2000, global rates of HIV/AIDS, malaria, tuberculosis, and several other major diseases have seen decreases of 40% or more. Give 3 units in celebration of these efforts.	OGHS partners help provide basic medical supplies and psychological care to thousands of people living in refugee camps. Give 1 unit for every bottle of medicine in your home.	Environmental toxins, such as fertilizers and industrial waste, contribute to weakened immune responses, especially in children. Give 1 unit if anyone in your family has recovered from an illness this year.	"I was sick, and you took care of me." Give 3 units to help provide medical care and prevent illness around the world.

