

Continuum of Care Flowchart

Independent

- Able to do activities of daily living (ADL) and instrumental activities of daily living (IADL)
- Manages life alone or with minimal assistance from others
- Manages finances & budgeting
- May reside in a retirement community
- Plans for possible future health needs

Semi-Independent

- Utilizes various community services to remain in home
- May access ALTCS services
- May access VA Aid & Attendance Services
- May access PCOA in-home community based services
- May pay privately for needed assistance

Assistance for Caregivers

May access assistance for caregivers at any point on chart

- Caregiver Information and Assistance
- Respite
- Caregiver Training
- Various Community Resources
- Support Groups

Assisted Living Centers

- Provides assistance with ADLs and IADLs
- Client still has some level of independence
- Specialized dementia care is available in some facilities

Adult Care/Assisted Living Homes

- Private home care for up to ten older adults
- Provides housekeeping, meals, 24-hour supervision, assistance with personal care, medication administration and activities

Continuing Care Retirement Community

- A full range of care from independent retirement apartments to assistance with personal care in an assisted living or skilled nursing facility
- Allows residents to receive all care needs on the same campus
- Various contracts available

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Skilled Nursing Facilities

- Residential health care facility offering ongoing nursing care
- Intermediate, skilled and dementia/secure care, as well as long-term care may be offered

Please Note

Client may go from any point on this chart to hospital or hospice depending on medical needs or diagnosis

Hospital

- 24 hour Registered Nursing care and physician oversight is provided
- May receive inpatient or long-term acute care
- May require full assistance with ADLs
- Medications are administered by RN according to licensed practitioner's orders
- Veteran's Administration Hospital (prior military service required)
- Rehabilitation hospital, if ordered by physician

Hospice

- Must be ordered by a physician
- Facility or in-home care
- Offers pain management and supportive services providing physical, psychological, social and spiritual care for terminally ill person and their family
- Plan of care is developed by an interdisciplinary team, which includes the patient, family or caregiver, nurse, social worker and clergy
- Services may include nurse, social worker, clergy, nutritional support and home health aides