

# HOME VISITING: IMPROVES LIVES, SAVES MONEY

## 2018 Supplemental Budget

Invest \$5 million in state funding to expand home visiting to an additional 665 families.



### What is Home Visiting?

In a voluntary home visit, a trained educator helps families develop basic parenting skills.

### Why Home Visiting?

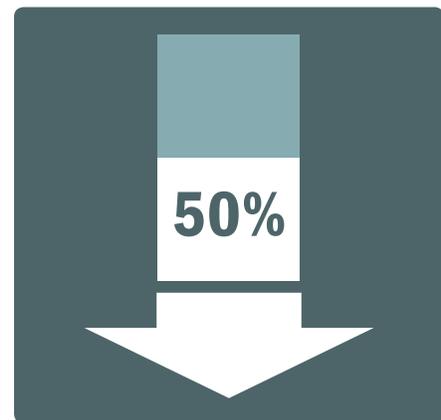
Trauma has a serious, negative impact on young children. Trauma can range from growing up around alcohol or drug abuse to parental divorce to abuse or neglect. Trauma can even permanently impact a child's brain. Twenty three percent of American children have been exposed to multiple traumatic incidents.<sup>1</sup>

**Children who have experienced emotional or physical trauma are 1.5 times more likely to abuse drugs and twice as likely to commit a crime later in life.<sup>2</sup>** Voluntary home visiting has been shown to reduce trauma in children.

### What are Home Visiting's Outcomes?

Research has proven the benefits of home visiting<sup>3</sup>, including:

- Reduced need for child welfare services
- Reduced child abuse and neglect
- Healthier births
- Better ready for school
- Reduced crime
- Reduced domestic violence
- Improved family self-sufficiency
- Improved coordination and referral for other community services



**Home visiting programs have been shown to result in a 50% lower likelihood of child abuse and neglect.<sup>4</sup>**

<sup>1</sup> [http://www.childhealthdata.org/docs/drc/aces-data-brief\\_version-1-0.pdf](http://www.childhealthdata.org/docs/drc/aces-data-brief_version-1-0.pdf)

<sup>2</sup> Olds D, et al. (1997). JAMA

<sup>3</sup> <https://www.strongnation.org/articles/413-parenting-works-the-publicsafety-and-economic-benefits-of-home-visiting>

<sup>4</sup> Olds D, et al.(1997). JAMA

# HOME VISITING: IMPROVES LIVES, SAVES MONEY

Home visiting changed my life and helped me break the cycle of poor parenting and verbal abuse.

-Jessie, Parent  
Washington State

## Home visiting has the power to break cycles.

For Jessie, it was finding a new way to parent that did not include the yelling and hitting she grew up with.

## Primary Home Visiting Funding: State Fiscal Year 2016

Federal	\$36.3 MM
State	\$7.1 MM
<b>Total</b>	<b>\$43.4 MM</b>

*\*Additional private and local dollars also support home visiting.*



**Only 7,552 of Washington state's 37,000 eligible families receive home visiting from federal, state and local funding—leaving more than 29,000 families unserved.**

Eligibility is currently defined as families at or below 200% of the federal poverty level (\$40,480 for a family of three), with a child age 3 or younger.

**The Home Visiting Advocacy Committee supports the availability and funding of a portfolio of programs that support family needs.**

For more information, please contact:

**ERICA HALLOCK** • ehallock@fightcrime.org • (509) 991-2390 **Laurie Lippold** • laurielippold@gmail.com • (206) 718-5853

**COALITION MEMBERS:** Children's Alliance • Children's Home Society of Washington • Fight Crime: Invest in Kids Washington • Mission: Readiness • Nurse Family Partnership • Parent Child Home Program • Parent Trust for Washington Children • Parents as Teachers • Partners for our Children • Patrick Dunn & Associates • ReadyNation • Save the Children Action Network • Thrive Washington • United Way of King County • United Ways of Washington • Washington Chapter America Academy of Pediatrics • Washington State Association of Head Start and ECEAP