Since 2015 the Farmacy Project has:

- Connected over 1,247 Rutland area residents with a prescription for fresh, local fruits & vegetables through their health care provider
- Invested over $87,343 in the local agricultural economy
- Engaged 500+ volunteers and youth in project programming

The 2018 Farmacy Project was supported by:

- Foundation grants
- VFFC annual fundraising
- Community donations

38% of members qualify for federal food assistance (3SquaresVT)

46% of Farmacy member households have children under the age of 18

85% of Farmacy member households have someone diagnosed with high cholesterol, high blood pressure/overweight, diabetes

86% report increase in confidence in ability to prepare nutritious meals

85% reported consuming half or more of their weekly farm share. Of what could not be consumed, 68% reported giving produce to someone else rather than throw away

43% of Farmacy member households have adults over age 60

2018 Farmacy Member Testimonials

- “Having more fresh produce prompted me to home cook fresh more often.”
- “More energy; generally feel healthier. A1C levels are getting lower because of our dieting habits that learned from VFFC.”
- “It made us want to keep eating better foods.”
- “I used to run out of food stamp before the end of the month. This program helped me save.”
- “Lower weight, lower blood pressure, walk to pick up produce”
- “Was able to share with my brother’s family, he just passed from cancer. The veggies were good for them.”
- “Makes you think clearer when you eat good fruits and vegetables.”

84% of 2018 Farmacy Members completed the program; missed three or fewer of 15 weekly farm share pick-ups.

495 Individuals benefited from increased access to fresh fruits and vegetables through 150 Farmacy Memberships

85% reported consuming half or more of their weekly farm share. Of what could not be consumed, 68% reported giving produce to someone else rather than throw away

85% of Farmacy member households have someone diagnosed with high cholesterol, high blood pressure/overweight, diabetes

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VFFC is grateful for the support of the following organizations: