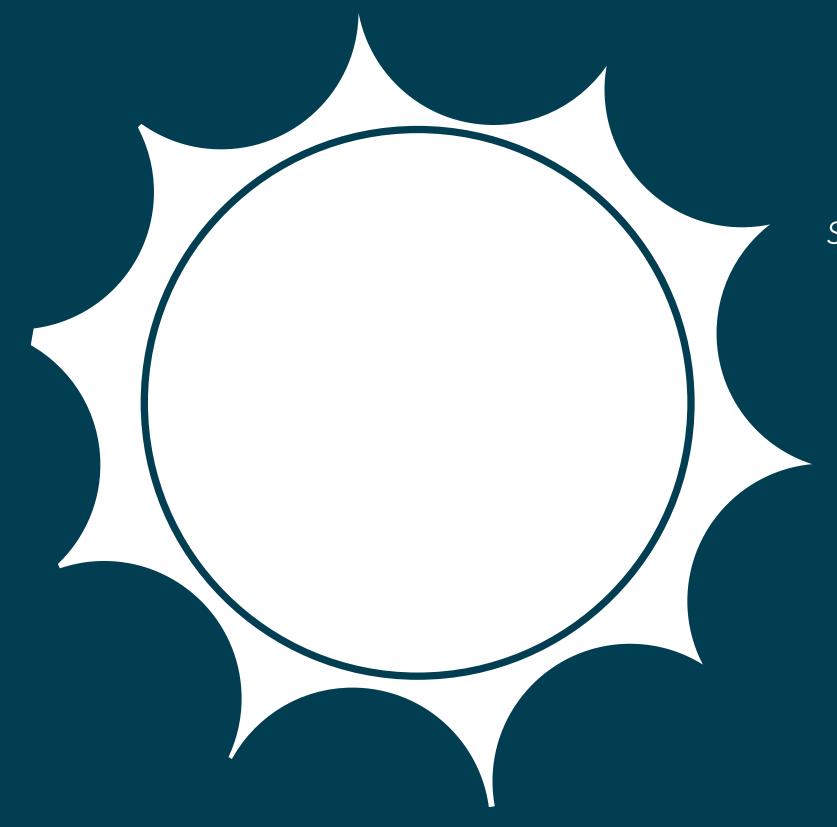
The UV index today is:





To see the UV index for today, scan this QR code or go to SunSmart.com.au/uvalert

SUN PROTECTION and the UV INDEX

Low

UV INDEX 1 2

SUN PROTECTION NOT REQUIRED

Unless outdoors for extended periods, or near reflective surfaces such as snow or water. Moderate

UV INDEX

4

UV INDEX

UV INDEX 6

High

UV INDEX UV INDEX 8

UN INDE

Very High

UV INDEX 10 UV INDEX 11+

Extreme

SUN PROTECTION REQUIRED

Wear sun-protective clothing, a broad-bimmed hat and sunglasses. Apply SPF30+ sunscreen

Apply SPF30+ sunscreen to any unprotected skin.

Seek shade.



No matter what number, always protect your skin from UV. See OHSRep.org.au for more info.

WE ARE UNION

It's important to monitor the UV index.

Scan this QR code before going outside to see the UV Alert.



SUN PROTECTION and the UV INDEX Low **Moderate** High Very High Extreme **UV** INDEX **UV** INDEX **INDEX INDEX** INDEX INDEX INDEX INDEX **SUN PROTECTION SUN PROTECTION NOT REQUIRED** REQUIRED Wear sun-protective clothing, Unless outdoors a broad-bimmed hat for extended and sunglasses. periods, or near reflective Apply SPF30+ sunscreen surfaces such as to any unprotected skin. snow or water. Seek shade.



