



# Tibet

## *Digital Resources and Children's Books*

*Updated 3/2020*

### **Kid Friendly Videos:**

Tibetan Butter Tea – Thirsty for... - <https://www.youtube.com/watch?v=H5NuCJfRJAA>

Tibet Travel Video Guide - <https://www.youtube.com/watch?v=EJc7LI9Xbcg>

How to Play a Tibet Singing Bowl - [https://www.youtube.com/watch?v=Ek\\_7NSsNdYk](https://www.youtube.com/watch?v=Ek_7NSsNdYk)

Conflict between Tibet and China: <https://www.youtube.com/watch?v=KdfoCD2qfWw>

The Lost World of Tibet: [https://www.youtube.com/watch?v=XZsEk8ZI\\_70](https://www.youtube.com/watch?v=XZsEk8ZI_70)

Ancient Tibet: [https://www.youtube.com/watch?v=M\\_YTrVMivjk](https://www.youtube.com/watch?v=M_YTrVMivjk)

### **Websites:**

Buddhism in Tibet (3<sup>rd</sup>-12<sup>th</sup>): [http://encyclopedia.kids.net.au/page/ti/Tibetan\\_Buddhism](http://encyclopedia.kids.net.au/page/ti/Tibetan_Buddhism)

Mt. Everest (4<sup>th</sup>-8<sup>th</sup>):  
<http://www.sciencekids.co.nz/sciencefacts/earth/mounteverest.html>The

History for Kids (4<sup>th</sup>-12<sup>th</sup>):  
<http://www.historyforkids.org/learn/centralasia/history/tibet.htm>Dalai

Dali Lama (4<sup>th</sup>-12<sup>th</sup>): <http://kidworldcitizen.org/2012/02/03/learn-about-the-dalai-lama/>

Tibetan Profile (7<sup>th</sup>-12<sup>th</sup>): <http://www.bbc.com/news/world-asia-pacific-16689779>

## Lesson Plans:

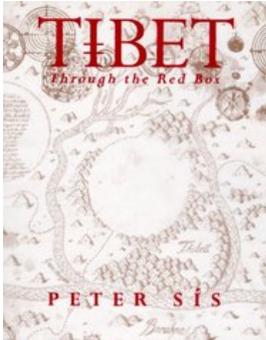
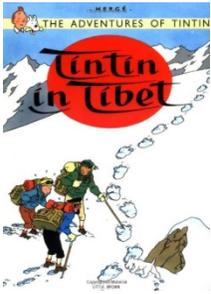
Tibetan Prayer Flags (K-12<sup>th</sup>): <http://www.education.com/activity/article/tibetan-prayer-flag/>

Lesson Planet Himalayas (K-12<sup>th</sup>): <http://www.lessonplanet.com/lesson-plans/himalayas/all>

Lesson Planet Tibet (K-12<sup>th</sup>): <http://www.lessonplanet.com/search?keywords=tibet>

Resource Packet for Educators: [https://www.world-affairs.org/wp-content/uploads/2012/03/final\\_tibet\\_packet.pdf](https://www.world-affairs.org/wp-content/uploads/2012/03/final_tibet_packet.pdf)

## Children's Books:

	<p><b>Title:</b> Tibet Through the Red Box <b>Author:</b> Peter Sis <b>Grade:</b> 3<sup>rd</sup>-7<sup>th</sup> <b>Publisher:</b> Farrar, Straus and Giroux (BYR) (November 5, 1998) <b>ISBN-10:</b> 0374375526 <b>Summary:</b> While my father was in China and Tibet, he kept a diary, which was later locked in a red box. We weren't allowed to touch the box. The stories I heard as a little boy faded to a hazy dream, and my drawings from that time make no sense. I cannot decipher them. It was not until I myself had gone far, far away and received the message from my father that I became interested in the red box again ...</p>
	<p><b>Title:</b> Tintin in Tibet <b>Author:</b> Hergé Casterman <b>Grade:</b> 4<sup>th</sup>-8<sup>th</sup> <b>Publisher:</b> Little, Brown Books for Young <b>ISBN-10:</b> 0316358398 <b>Summary:</b> The classic graphic novel. One day Tintin reads about a plane crash in the Himalayas. When he discovers that his friend, Chang, was on board, Tintin travels to the crash site in hopes of a rescue.</p>

	<p><b>Title:</b> The Mountains of Tibet  <b>Author:</b> Mordicai Gerstein  <b>Grade:</b> 2 and up  <b>Publisher:</b> HarperColl (September 7, 1989)  <b>ISBN-10:</b> 0064432114  <b>Summary:</b> A Tibetan woodcutter dreams of exploring the world, but is too busy with his life to ever leave his valley. After he dies, he is taken on a journey through the cosmos and all the places on Earth as he makes choices that lead him to a new life.</p>
	<p><b>Title:</b> Three Silver Coins  <b>Author:</b> Veronica Leo  <b>Grade:</b> PreK - 3  <b>Publisher:</b> Snow Lion (September 13, 2011)  <b>ISBN-10:</b> 1559393726  <b>Summary:</b> Three coins, three wishes, a folding magic wand, and a clever cat accompany an earnest young boy on this magical journey. A simple and gently-told story that teaches children (and wonderfully reminds adults!) of the true fortune that comes when we follow the kindness of our hearts.</p>
	<p><b>Title:</b> All the Way to Lhasa  <b>Author:</b> Barbara Helen Berger  <b>Grade Level:</b> PreK - 3  <b>Publisher:</b> Philomel (September 30, 2002)  <b>ISBN-10:</b> 0399233873  <b>Summary:</b> A young boy and his yak bravely overcome all odds to get to Lhasa, giving a wise and simple message that will inspire children of any age to dream and reach for a shining goal that may seem "very far."</p>
	<p><b>Title:</b> Favorite Children's Stories from China and Tibet  <b>Author:</b> Lotta Carswell Hume  <b>Grade:</b> K- 8  <b>Publisher:</b> Tuttle Publishing (August 15, 2004)  <b>ISBN-10:</b> 0804835861  <b>Summary:</b> This colorfully illustrated multicultural children's book presents Chinese and Tibetan folk and fairytales and other stories—providing insight into a rich literary culture.</p>