Afghanistan

Digital Resources and Children’s Books

Updated 4/2020

Kid-Friendly Videos:


Faces of Afghans (K-12th): https://www.youtube.com/watch?v=jHd_NYWzKq0

Ethnic Groups of Afghanistan: https://www.youtube.com/watch?v=1v2YYxacYk

Nomadic Kuchi People of Afghanistan: https://www.youtube.com/watch?v=iUfInBzpRE8

How to greet someone in Afghanistan *Pashto* (k-12th): https://www.youtube.com/watch?v=WmWzj_nT-L8

Images of Afghanistan (K-12th): https://www.youtube.com/watch?v=9XSJ-QM7xf8

Geography Now! Afghanistan (6th-12th): https://www.youtube.com/watch?v=ipVw772hCrM

Men’s Clothing in Afghanistan (K-12th):
https://www.youtube.com/watch?v=UojBXs-25EY

Women’s Clothing in Afghanistan (K-12th):
https://www.youtube.com/watch?v=MXu7Eh8Mq2o

Kuchi Women’s Traditional Dress: https://www.youtube.com/watch?v=1F6HwPJMcBE

Afghan Instrumental Music (K-12th): https://www.youtube.com/watch?v=gsXmKcNaIw4

Afghan Wedding Dance (K-12th): https://www.youtube.com/watch?v=1W7zf_V-ryQ

Afghan Dance (K-12th): https://www.youtube.com/watch?v=d36Sd1qKxaQ

Traditional Buzkashi Game *vet* (6th-12th):
https://www.youtube.com/watch?v=j4hfaJq-P8I

Carpet Making in Afghanistan: https://www.youtube.com/watch?v=DGGPsNvk6Rg
Websites:

National Geographic Kids (1st-5th):
http://kids.nationalgeographic.com/explore/countries/afghanistan/

Ducksters Geography (2nd-5th):
http://www.ducksters.com/geography/country/afghanistan.php


Every Culture-Overview (9th-12th): http://www.everyculture.com/A-Bo/Afghanistan.html

Ethnic Groups of Afghanistan:
https://en.wikipedia.org/wiki/Ethnic_groups_in_Afghanistan


Carpets and Rugs of Afghanistan:
https://www.afghan-web.com/culture/carpets-and-rugs/


Lesson Plans:

Afghanistan Teacher Resources: https://www.lessonplanet.com/lesson-plans/afghanistan/12?msclkid=80a856b5a1151d3b01eb082bb32155b4&utm_source=bing&utm_medium=cpc&utm_campaign=DSA%20(WS)&utm_term=lessonplanet&utm_content=All%20Webpages

Lesson Planet Afghanistan: https://www.lessonplanet.com/lesson-plans/afghanistan/all

Lesson: Geography of Afghanistan
http://media.nationalgeographic.org/assets/file/Afganistan-lesson-plan_2.pdf

Afghanistan Today: Civil War & Human Rights:
http://www.pbs.org/americaresponds/afghanistantoday.html:

Women’s Rights in Afghanistan (7-12):
http://www-tc.pbs.org/independentlens/afghanistanunveiled/edu_2.pdf

War in Afghanistan; Teacher Resources: https://www.lessonplanet.com/lesson-plans/war-in-afghanistan/all

### Children’s Books:

<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Grade Level</th>
<th>Publisher</th>
<th>ISBN</th>
<th>Summary</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Nasreen’s Secret School: A True Story from Afghanistan</em></td>
<td>Jeanette Winter</td>
<td>1 - 4</td>
<td>Beach Lane Books (October 6, 2009)</td>
<td>1416994378</td>
<td>Based on a true story from Afghanistan, this inspiring book will touch readers deeply as it affirms both the life-changing power of education and the healing power of love.</td>
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<tr>
<td><em>Waiting for the Owl’s Call</em></td>
<td>Graham McCann &amp; Patti Wheeler</td>
<td>K-5th</td>
<td>Sleeping Bear Press</td>
<td>1585364185</td>
<td>Eight-year-old Zulviya, her sister and her cousin, her mother and her grandmother... they all belong to the loom. For generations the women of Zulviya's family have earned their living by weaving rugs by hand. The rugs are valuable and the women are proud of their beautiful handiwork. As she sits at her work, Zulviya weaves not one but two patterns. The pattern on the loom will become a fine rug. She weaves a second pattern in her mind. There she sees the green of the Afghani hills, the bright blue of the nearby lake, and the vivid orange of the setting sun. And Zulviya takes comfort in the landscape in her mind. To find recipes, games, interactives maps and much more for this title visit <a href="http://www.discovertheworldbooks.com">www.discovertheworldbooks.com</a>!</td>
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<tr>
<td>Title: Extra Credit</td>
<td>I See the Sun in Afghanistan</td>
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<tr>
<td><strong>Author:</strong> Andrew Clements</td>
<td><strong>Author:</strong> Dedie King</td>
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<tr>
<td><strong>Age Range:</strong> 8 - 12 years</td>
<td><strong>Age Range:</strong> 5 and up</td>
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<tr>
<td><strong>Grade Level:</strong> 3 - 7</td>
<td><strong>Grade Level:</strong> Kindergarten and up</td>
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<tr>
<td><strong>Publisher:</strong> Atheneum Books for Young Readers</td>
<td><strong>Paperback:</strong> 40 pages</td>
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<tr>
<td><strong>ISBN-10:</strong> 1416949313</td>
<td><strong>Publisher:</strong> Satya House Publications; 1 edition (July 1, 2011)</td>
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<td><strong>Summary:</strong> It isn’t that Abby Carson can’t do her schoolwork. She just doesn’t <em>like</em> doing it. And consequently, Abby will have to repeat sixth grade—unless she meets some specific conditions, including taking on an extra credit project: find a pen pal in a distant country. But when Abby’s first letter arrives at a small school in Afghanistan, complications arise. The elders agree that any letters going back to America must be written well, but the only qualified English-speaking student is a boy. And in this village, it’s not proper for a boy to correspond with a girl. So, Sadeed’s sister will dictate and sign the letters for him. But what about the villagers who believe that girls should not be anywhere near a school? And what about those who believe that any contact with Americans is... unhealthy?</td>
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<td><strong>ISBN-10:</strong> 0981872085</td>
<td><strong>Summary:</strong> Through the eyes of a child, I See the Sun in Afghanistan portrays a culture that emphasizes patriarchal family, love of country and fierce loyalty to family and tribe. Although the story takes place against the backdrop of war, it is not political, but a simple story about one day in the life of a young girl. A country overview and glossary is included for parents and teachers who want to go beyond the story and talk more about Afghanistan and why it is important.</td>
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| Title: The Sky of Afghanistan  
Author: Ana A de Eulate  
Age Range: 5 - 7 years  
Grade Level: Kindergarten - 2  
Publisher: Cuento de Luz (August 1, 2012)  
ISBN-10: 8415503040  
Summary: Beautifully illustrated and undeniably moving, this is the story of a little Afghan girl’s dreams of peace. As her country is wracked by war, a girl’s imagination drifts toward the idea of peace for her people and for her country. Her powerful dreams soon take wing and fill the homes and hearts of those around her, uniting a people in their common desire for peace. |
|---|---|---|---|---|---|---|---|
| Title: Afghanistan  
Author: Ruth Bjorklund  
Age Range: 10 and up  
Lexile Measure: 1020L  
Series: Enchantment of the World. Second Series  
Publisher: Childrens Pr (September 1, 2011)  
ISBN-10: 0531253503  
Summary: Take a trip around the world with the latest from the Enchantment of the World series! |
| Title: The Old Woman and the Eagle  
Author: Idries Shah  
Hardcover: 28 pages  
Publisher: Hoopoe Books; 1 edition (April 1 2003)  
ISBN-10: 1883536278  
Summary: This tale is one of a series specially presented for children by the Afghan author Idries Shah, who, for more than 30 years, collected stories from the Sufi tradition and adapted them to contemporary Western culture. Told since ancient times throughout Afghanistan, Central Asia and the Middle East, such tales are used by Sufis to foster greater mental flexibility and insight in young and old alike. |