



# Bulgaria

*Digital Resources and Children's Books*

*Updated 5/2020*

## **Kid Friendly Videos:**

Bulgaria with Rick Steves: [https://www.youtube.com/watch?v=0uZ038\\_15Fc](https://www.youtube.com/watch?v=0uZ038_15Fc)

Images of Bulgaria: <https://www.youtube.com/watch?v=3g-WRZq1HXY>

Bulgaria - Geography Now!: <https://www.youtube.com/watch?v=SIVmp7zBbKU>

Bulgars & Bulgarians, the History of Bulgaria:  
<https://www.youtube.com/watch?v=KvPjfhHhQ04>

A Quick History of Bulgaria: <https://www.youtube.com/watch?v=3glvDOHPH8o>

Rose Festival in Bulgaria: <https://www.youtube.com/watch?v=SqkIL51R9uA>

Bulgarian Folkdance Masters: [https://www.youtube.com/watch?v=P0M\\_2VtYEIQ](https://www.youtube.com/watch?v=P0M_2VtYEIQ)

Folk Dance from Kitka: <https://www.youtube.com/watch?v=n7dRHfAtrR4>

Folk Dance from Sofia: <https://www.youtube.com/watch?v=ysLF7lj-QiY>

Traditional Bulgarian Musical Instruments:  
<https://www.youtube.com/watch?v=Nxm7mbH-s-A>

Paintings of Vladimir Dimitrov: [https://www.youtube.com/watch?v=-JBV0m\\_SFbo](https://www.youtube.com/watch?v=-JBV0m_SFbo)

Bulgarian Wood Carving: <https://www.youtube.com/watch?v=7I1jdISiiFM>

Hodja Folk Stories: <https://www.youtube.com/watch?v=ZQ63YhE1r64>

## **Websites:**

Culture of Bulgaria: [https://en.wikipedia.org/wiki/Culture\\_of\\_Bulgaria](https://en.wikipedia.org/wiki/Culture_of_Bulgaria)

Countries and their Cultures: <http://www.everyculture.com/Bo-Co/Bulgaria.html>

Bulgarian History, Tradition, Change, and Pictures:  
<http://www.transitionsabroad.com/listings/living/articles/learning-to-dance-live-in-bulgaria.shtml>

Fact Monster, Bulgaria: <https://www.factmonster.com/world/countries/bulgaria>

Traditional Bulgarian Dress:  
[http://www.omda.bg/public/engl/ethnography/female\\_costumes\\_en.htm](http://www.omda.bg/public/engl/ethnography/female_costumes_en.htm)

Bavarian Arts & Crafts: <http://balkansko-shops.bg/en/discover-bulgaria/bulgarian-crafts/weaving/>

Traditional Bulgarian Embroidery: <https://www.fibre2fashion.com/industry-article/5765/traditional-bulgarian-embroidery>

Bulgaria, Woodcarving as a National Art: <https://prezi.com/hpag0kvqzmqq/ethnography-of-bulgaria-wood-carving-as-a-national-type-of-art/>

Music of Bulgaria: [https://en.wikipedia.org/wiki/Music\\_of\\_Bulgaria](https://en.wikipedia.org/wiki/Music_of_Bulgaria)

Bulgarian Folk Musical Instruments: <https://www.balkanfolk.com/bulgarian-music-instruments.php>

Foods of Bulgaria: <http://www.kashkaval-tourist.com/7-bulgarian-food-classics/>

5 Fascinating Bulgarian Folktales: <https://theculturetrip.com/europe/bulgaria/articles/5-bulgarian-folk-tales-youll-find-fascinating/>

## **Lesson Plans:**

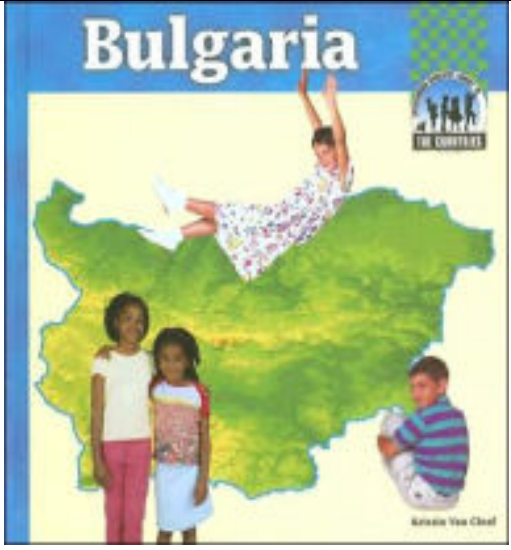
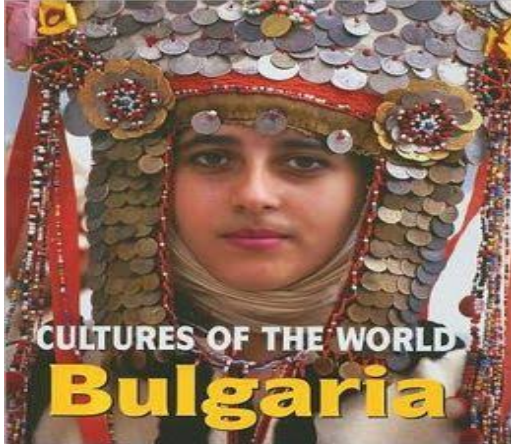
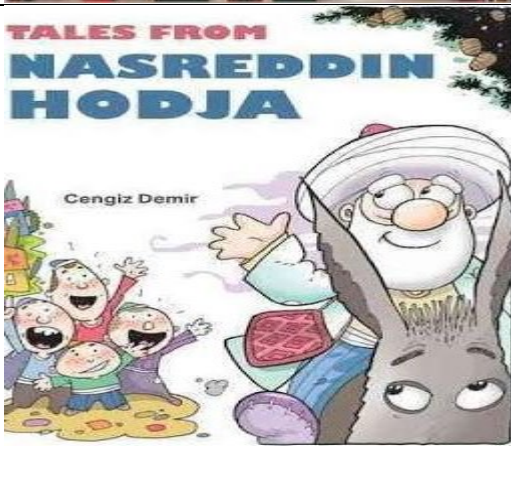
Lesson Planet, Eastern Europe:  
<https://www.lessonplanet.com/search?keywords=countries+of+eastern+europe>

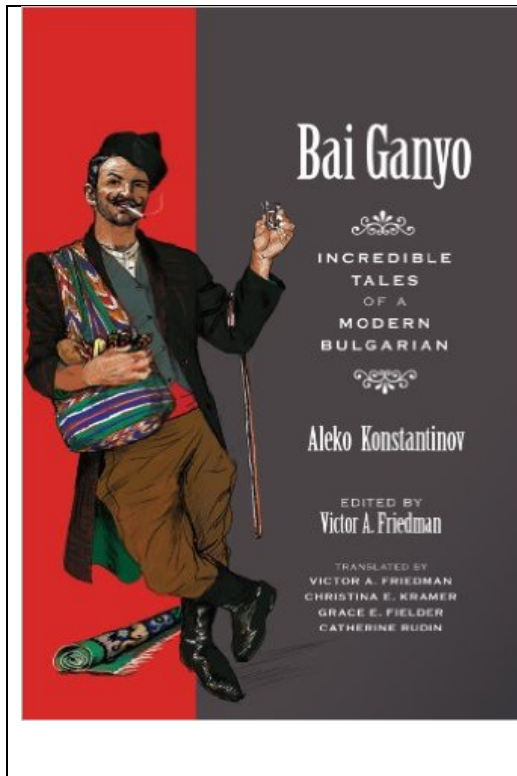
Lesson Planet, Teacher Resources: <http://www.lessonplanet.com/lesson-plans/bulgaria/all>

Bulgaria Revival Process Lesson: <https://www.socialismrealised.eu/blog/lesson-plan-revival-process-part-1/>

Embroidery Activity: <http://kiddley.com/2013/06/07/embroidery-stitches-for-kids/>

**Children's Books:**

	<p><b>Title:</b> Bulgaria  <b>Author:</b> Kristin Can Cleaf  <b>Grade:</b> K-5<sup>th</sup>  <b>Publisher:</b> ABDO Publishing  <b>ISBN:</b> 1599287811  <b>Summary:</b> Discover the history, land, wildlife, economy, transportation, communication government, holidays, festivals, sports, leisure, and culture of Bulgaria. This book traces Bulgaria's history through Thracian, Byzantine, and Ottoman rule, the Balkan Wars, World Wars I and II to today. Landforms such as the Danube River, Balkan Peninsula, the Black Sea and the Valley of Roses are introduced, and major cities such as Sofia, Plovdiv, and Varna are highlighted.</p>
	<p><b>Title:</b> Bulgaria  <b>Author:</b> Kirilka Stavreca &amp; Lynette Quek  <b>Grade:</b> 5<sup>th</sup>-8<sup>th</sup>  <b>Publisher:</b> Marshall Cavendish Benchmark  <b>ISBN:</b> 0761420789  <b>Summary:</b> The highly regarded Cultures of the World series celebrates the diversity of other cultures. As has always been true of these outstanding titles, an abundance of vibrant photographs-including those new to this edition-stimulate the imaginations of young readers as they travel the globe</p>
	<p><b>Title:</b> Tales from Hasreddin Hodja  <b>Author:</b> Cengiz Demir  <b>Grade:</b> K-4<sup>th</sup>  <b>Publisher:</b> Tughra Books  <b>ISBN:</b>  <b>Summary:</b> A collection of stories about Nasreddin Hodja, known through Turkey, Bulgaria, and the Middle East. Nasreddin Hodja either appears as a philosopher/ judge or an ordinary folk challenging common stereotypes of his time. His jokes are important for their educational value as they often teach or emphasize an important moral principle.</p>



**Title:** Bai Ganyo –Incredible Tales of a Modern Bulgarian

**Author:** Aleko Konstantinov

**Grade:** 10<sup>th</sup>-12<sup>th</sup>

**Publisher:** University of Wisconsin

**ISBN:** 0299236943

**Summary:** A comic classic of world literature, Aleko Konstantinov's 1895 novel *Bai Ganyo* follows the misadventures of rose-oil salesman Ganyo Balkanski ("Bai" is a Bulgarian title of intimate respect) as he travels in Europe. Unkempt but endearing, Bai Ganyo blusters his way through refined society in Vienna, Dresden, and St. Petersburg with an eye peeled for pickpockets and a free lunch. Konstantinov's satire turns darker when Bai Ganyo returns home—bullying, bribing, and rigging elections in Bulgaria, a new country that had recently emerged piecemeal from the Ottoman Empire with the help of Czarist Russia.