



# Uganda

*Digital Resources and Children's Books*

*Updated 6/2020*

## **Kid-Friendly Videos:**

Visions of Uganda, People ,Plants & Animals:

<https://www.youtube.com/watch?v=PecTZ2Erb0g&list=PLXz70porEK3lrz1R7CkfiWFb8PKon784p&index=2>

7 Facts you never knew about Uganda: [https://en.wikipedia.org/wiki/Culture\\_of\\_Uganda](https://en.wikipedia.org/wiki/Culture_of_Uganda)

Images of the City of Kampala: <https://www.youtube.com/watch?v=zEJwVnl9uXY>

Traditional Dance and Music: <https://www.youtube.com/watch?v=ZHGEzT7WYHo>

Ugandan Children Dancing: <https://www.youtube.com/watch?v=N7tq8emKPII>

Traditional Musical Instruments: <https://www.youtube.com/watch?v=0tFVWjaglXM>

Sabar Percussion Performance: <https://www.youtube.com/watch?v=dj4w6UKLqA>

Women's Traditional Dress, Gomezi Fashion: <https://www.youtube.com/watch?v=-gFAB1b925M>

How to tie the Gomezi: <https://www.youtube.com/watch?v=SJucZbxmcMk>

Traditional Foods and Drink of Uganda:

<https://www.youtube.com/watch?v=Vpdbxs47Bqw>

Bugandan Bark Cloth Making: <https://www.youtube.com/watch?v=uhznFtHhkBo>

Folktales from Uganda: <https://www.youtube.com/watch?v=K183RLCkW7c>

Ugandan Language Lesson #1: [https://www.youtube.com/watch?v=i\\_0YZeJ0S\\_0](https://www.youtube.com/watch?v=i_0YZeJ0S_0)

Mountain Gorillas of Uganda:

<https://www.youtube.com/watch?v=FkhHf0ph8Nw&list=PLXz70porEK3lrz1R7CkfiWFb8PKon784p>

## **Websites:**

All about Uganda: <https://en.wikipedia.org/wiki/Uganda>

Culture of Uganda: [https://en.wikipedia.org/wiki/Culture\\_of\\_Uganda](https://en.wikipedia.org/wiki/Culture_of_Uganda)

Ugandan Ethnic Groups: <https://www.africa.upenn.edu/NEH/u-ethn.html>

Fact Monster: <http://www.factmonster.com/country/uganda.html>

World Fact Book: <https://www.cia.gov/library/publications/the-world-factbook/geos/ug.html>

BBC News Country Profile: <http://www.bbc.com/news/world-africa-14107906>

Religion in Uganda: [https://en.wikipedia.org/wiki/Religion\\_in\\_Uganda](https://en.wikipedia.org/wiki/Religion_in_Uganda)

Traditional Musical Instruments: <http://www.jewelsafaris.com/blog/ugandas-traditional-musical-instruments.html>

Ugandan Cuisine: [https://en.wikipedia.org/wiki/Ugandan\\_cuisine](https://en.wikipedia.org/wiki/Ugandan_cuisine)

## **Lesson Plans:**

Uganda Facts, Lessons for Kids: <https://study.com/academy/lesson/uganda-facts-lesson-for-kids.html>

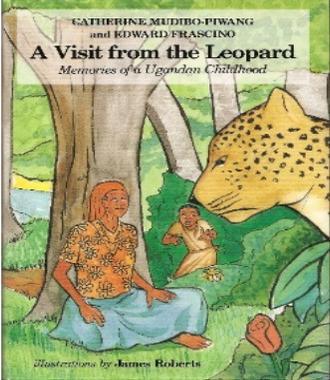
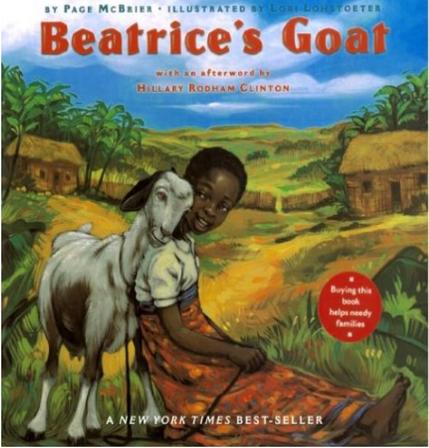
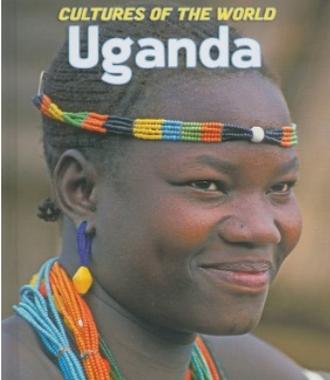
Lesson Plan for Uganda: <https://developmenteducation.ie/media/documents/LessonPlanforUgandaLink.pdf>

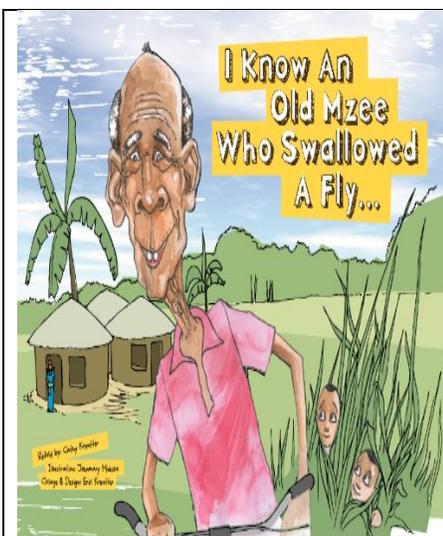
Geography of Uganda: [https://www.kings.edu/non\\_cms/pdf/Geography-of-Uganda-lesson-plan.pdf](https://www.kings.edu/non_cms/pdf/Geography-of-Uganda-lesson-plan.pdf)

Ugandan Rainforests: <http://www.activityvillage.co.uk/uganda>

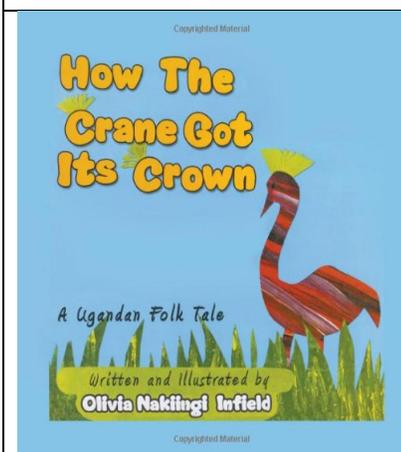
Cuisine and Etiquette in Uganda, Peace Corps: <https://www.peacecorps.gov/educators/resources/cuisine-and-etiquette-uganda/>

## Children's Books:

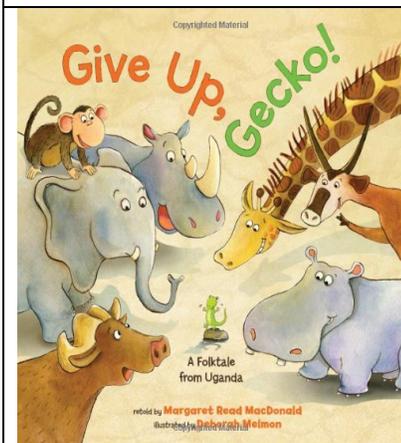
	<p><b>Title:</b> A Visit From the Leopard: Memories of a Ugandan Childhood  <b>Author:</b> Catherine Mudibo Piwang  <b>Grade Level:</b> 3 and up  <b>Publisher:</b> Pippin Press  <b>ISBN-10:</b> 0945912277  <b>Summary:</b> Tells the story of Mbiro, who was named for the swiftly racing leopard, and her childhood experiences in the Ugandan village of Butangasi.</p>
	<p><b>Title:</b> Beatrice's Goat  <b>Author:</b> Page McBrier  <b>Grade Level:</b> Preschool - 3  <b>Publisher:</b> Aladdin; Reprint  <b>ISBN-10:</b> 0689869908  <b>Summary:</b> More than anything, Beatrice longs to be a schoolgirl. But in her small African village, only children who can afford uniforms and books can go to school. Beatrice knows that with six children to care for, her family is much too poor. But then Beatrice receives a wonderful gift from some people far away -- a goat! Fat and sleek as a ripe mango, Mugisa (which means "luck") gives milk that Beatrice can sell. With Mugisa's help, it looks as if Beatrice's dream may come true after all.</p>
	<p><b>Title:</b> Uganda (Cultures of the World)  <b>Author:</b> Robert Barlas  <b>Grade Level:</b> 3 and up  <b>Publisher:</b> Cavendish Square Publishing; 2 edition (April 1, 2010)  <b>ISBN-10:</b> 0761448594  <b>Summary:</b> Discusses the geography, history, government, economy, people, and culture of the African nation of Uganda.</p>



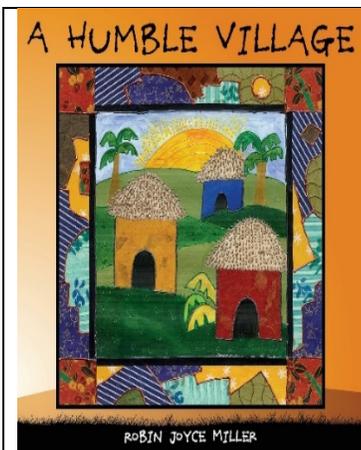
**Title:** I Know an Old Mzee Who Swallowed a Fly...In Uganda!  
**Author:** Cathy Kreutter  
**Publisher:** Cornerstone Development with North Star Publishers  
**ISBN-10:** 061563060X  
**Summary:** I Know An Old Mzee Who Swallowed A Fly is a classic folk poem, retold in Uganda. The repetition and rhythm of the story makes this book a great read-aloud for children; furthermore, the striking illustration and collage style design of the book takes readers through a variety of landscapes and encounters with animals found in Uganda. It is an interesting way to introduce children to the geography and culture of this country in the heart of Africa. More in depth maps at the back of the book give further insight on one of Uganda's most prominent features, the Nile River, as its begins its journey north to Egypt



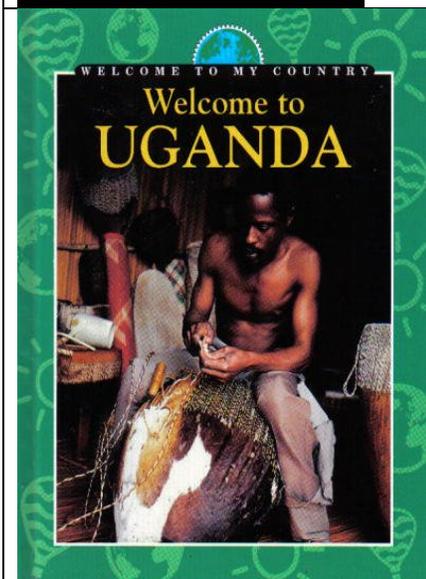
**Title:** How the Crane Got Its Crown: A Ugandan Folk Tale  
**Author:** Nakiingi Olivia Infield  
**Publisher:** Strategic Book Publishing  
**ISBN-10:** 1612044751  
**Summary:** A long time ago on the African Plains, when the earth was flat and the sun never set, a terrible drought threatened the lives of the animals that lived there. Lion, king of the animals, is a wise leader and calls all the animals to an emergency meeting to see what can be done. First he sends cheetah, the fastest of the animals, and then elephant, the largest of the animals, to find water. But both fail. Finally, lion calls on crane.



**Title:** Give Up, Gecko!  
**Author:** Margaret Read MacDonald  
**Grade Level:** 1st - 3  
**Publisher:** Two Lions; Unabridged edition (January 29, 2013)  
**ISBN-10:** 1477816356  
**Summary:** "Elephant! Elephant! Heavy! Heavy! Heavy! Elephant! Elephant! STOMP! STOMP! STOMP!" Elephant was shouting and stomping. But could he stomp a hole deep enough to reach water for the thirsty animals? Maybe...maybe not. All the animals tried until tiny Gecko Gecko takes a turn. He is small...but he is determined and he's not going to give up! Kids will love to chant and stomp along to this Ugandan folktale.



**Title:** A Humble Village  
**Author:** Robin Joyce Miller  
**Publisher:** Create Space Independent Publishing  
**ISBN-10:** 1481139088  
**Summary:** The brilliantly painted collage quilts throughout the book will enchant children, as they learn about a busy Ugandan Village. Proceeds from this charming picture book will be donated to support children in African countries, especially the Ugandan children at the Humble Place School



**Title:** Welcome To Uganda-Welcome to My Country  
**Author:** Grace Pundyk  
**Grade Level:** 2 and up  
**Series:** Welcome to My Country  
**Publisher:** Gareth Stevens Publishing (January 2005)  
**Language:** English  
**ISBN-10:** 0836831306  
**Summary:** This was a wonderful basic-level overview of Uganda's history, government, and culture. The author provides very simple descriptions and explanations of the features of the Ugandan flag, its rivers and lakes, its plants and animals, and its history (including the terrible years of Milton Obote and then Idi Amin). She briefly mentions the existence of child soldiers, but does not explain that they are kidnapped from their families and forced to fight in the rebel LRA army. This may be a bit too much for young adult nonfiction.