



Native Peoples of the Arctic Circle

*Digital Resources and Children's Books
Updated 10/2020*

Kid-Friendly YouTube Clips:

Canadian, US & Greenland Arctic

The Inuit, An Arctic Journey: <https://www.youtube.com/watch?v=aY46OE6C2SI>

Who are the Inuit? World's Most Extreme Survivors:
<https://www.youtube.com/watch?v=4e6T2nJ7NTk>

The Inuit Tribe: <https://www.youtube.com/watch?v=zaVwTNBGrG4>

The Inuit Community of Canada: <https://www.youtube.com/watch?v=6UIrqAFW3aQ>

Inuit Culture in Greenland: <https://www.youtube.com/watch?v=CtfDNVT3qa0>

Ittogortoormiit Greenland, Could you live here?
<https://www.youtube.com/watch?v=cCPhh9nYu9U>

How to do Inuit Throat Singing: <https://www.youtube.com/watch?v=p885AINyDLg>

Inuit Inuksuk, Usage & How to Build your Own: <https://www.youtube.com/watch?v=-DmH8-N-5cs>

How to Build an Igloo: <https://www.youtube.com/watch?v=R-x5QOSqP3E>

How an Igloo keeps you warm: <https://www.youtube.com/watch?v=1L7EI0vKVuU>

The Inuit and their Indigenous Food: <https://www.youtube.com/watch?v=ReCQrz0-7n0>

The Inuit Creation Myth: <https://www.youtube.com/watch?v=skVdZAJWUNs>

The Owl and the Raven <http://www.youtube.com/watch?v=3xhWWdGm8fE>

The Yu'pik Culture: <https://www.youtube.com/watch?v=NqKngg7rYtl>

Russian & US Arctic

The Aleuts: <https://www.youtube.com/watch?v=h5e0hHY0xsE>

Aleut Voices: <https://www.youtube.com/watch?v=uEGOe7QN3Rc>

Aleut Dance and Music: <https://www.youtube.com/watch?v=bsHo9srp3Gk>

Aleut Wind Music: <https://www.youtube.com/watch?v=E98UM0IOVoE>

Russian Arctic

The Nenets People of Siberia: <https://www.youtube.com/watch?v=Fjl5FUcn8c4>

Nenets Building & Moving Reindeer Skin Tents:
<https://www.youtube.com/watch?v=Xi80xrE3Mkl>

Daily Life Of Nenets Indigenous Women:
<https://www.youtube.com/watch?v=0jamLZ0bDoo>

Nenets Bell Song: https://www.youtube.com/watch?v=G_nmRwpLAB8

History of Sakha, Story of an Indigenous Siberian People:
<https://www.youtube.com/watch?v=K8FEBsL1ucQ>

Ethnic Music of Yakutia: https://www.youtube.com/watch?v=Ug3ccp_fBnM

Scandinavian Arctic

Lapland, Living Above the Arctic Circle:
<https://www.youtube.com/watch?v=ym8iWOYofeg>

Norwegian Lapland, A Documentary: <https://www.youtube.com/watch?v=9DI-YQmWAT8>

Norway's Sami People, Herding Reindeer:
<https://www.youtube.com/watch?v=9gvjPg2huFU>

Sami: <https://www.youtube.com/watch?v=qVpWpfD27mM>

The Sami People: <https://www.youtube.com/watch?v=B2WpJHzbbpc>

Uralic Languages: <https://www.youtube.com/watch?v=2xIAYC1J8qo>

Arctic Animals

A Harp Seal's Race against Time: <https://www.youtube.com/watch?v=BF2TZq-ntRQ>

Polar Bear and Cub Emerge from Den:
http://www.youtube.com/watch?v=OwZH_aT0FGI

Dog Sledding above the Arctic Circle:
<https://www.youtube.com/watch?v=e4HUWTCEuL0>

Websites:

The Arctic: <https://en.wikipedia.org/wiki/Arctic>

Polar Nights and Northern Lights: https://en.wikipedia.org/wiki/Inuit_clothing#:~:text=

Circumpolar Peoples: https://en.wikipedia.org/wiki/Circumpolar_peoples

Indigenous Peoples of the Arctic Circle: <https://airlinkalaska.com/indigenous-peoples-of-the-arctic-circle/>

The Aleut Tribe: <https://en.wikipedia.org/wiki/Aleut>

The Inuit: http://firstpeoplesofcanada.com/fp_groups/fp_inuit1.html

Inuit People of Canada:
http://www.ducksters.com/history/native_americans/inuit_peoples.php

Inuit Clothing: https://en.wikipedia.org/wiki/Inuit_clothing#:~:text=

Inuit Arts & Crafts Images: <https://www.pinterest.com/dolphinssig/inuit-arts-and-crafts/>

Inuit Languages: <http://www.native-languages.org/inuktitut.htm>

The World is changing for the Inuit People of Greenland: <https://oceanwide-expeditions.com/blog/the-world-is-changing-for-the-native-inuit-people>

Nenets People: https://en.wikipedia.org/wiki/Nenets_people

Nenets History, Culture, Religion and Daily Life:
<https://www.yamalpeninsulatravel.com/nenets/>

Nenets Traditional Fur Clothing:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7031353/>

Sami People: https://en.wikipedia.org/wiki/S%C3%A1mi_people

Finnish Sami Traditional Dress: <https://grandma-in-lapland.com/the-fascinating-sami-dresses/>

9 Arctic Animals of Canada and Greenland: <https://adventures.com/blog/animals-arctic-cruise/>

Lesson Plans:

What is the Arctic? Canadian Geographic:

http://www.canadiangeographic.com/educational_products/activities/canada-uk/what-is-the-arctic-lesson-plan.pdf

To the Arctic, Curriculum Guide for Teachers:

https://polarbearsinternational.org/media/3220/imax_tohearctic_curriculumguide.pdf

Peoples of the Arctic Circle, Unit Outlines:

<https://beyondpenguins.ehe.osu.edu/issue/peoples-of-the-arctic/peoples-of-the-arctic-unit-outlines>

Arctic Circle, Free Lesson Plans and Games for Kids:

https://www.pinterest.com/pin/3940718396269795/?nic_v2=1a1PVPNHh

Arctic Peoples Lesson Plan: [https://www.alaskawild.org/wp-](https://www.alaskawild.org/wp-content/uploads/2014/10/Arctic-Peoples-Activity.pdf)

[content/uploads/2014/10/Arctic-Peoples-Activity.pdf](https://www.alaskawild.org/wp-content/uploads/2014/10/Arctic-Peoples-Activity.pdf)

Arctic Native Americans: <https://www.youtube.com/watch?v=SfZEJw08p8M>

The Arctic Inuit: <https://nativeamericans.mrdonn.org/arctic/inuit.html>

Teach Your Kids about the Inuit People: <https://thecanadianhomeschooler.com/teach-your-kids-about-the-inuit-people/>

Art of the Inuit for Kids: <https://sites.google.com/site/inuitforkids/home/art-of-the-inuit>

Exploring Inuit Culture Online: <http://www.isuma.tv/exploring-inuit-culture-online/>

Lesson 3/4-Inuit Life:

http://www.thirteen.org/edonline/concept2class/coopcollab/lp_inuit3.html

http://www.thirteen.org/edonline/concept2class/coopcollab/lp_inuit4.html

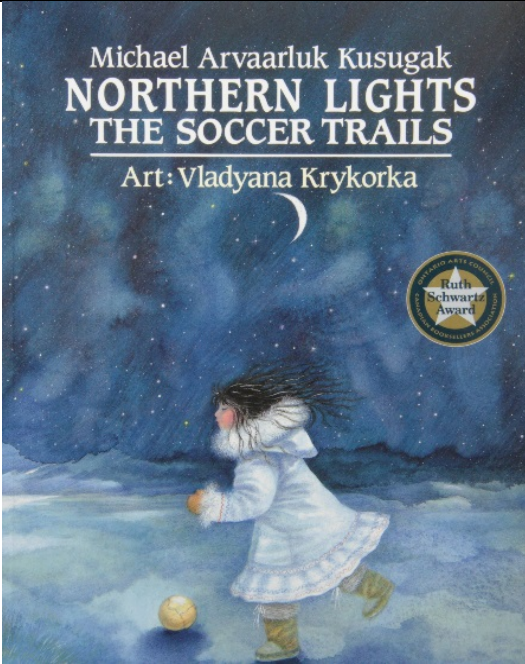
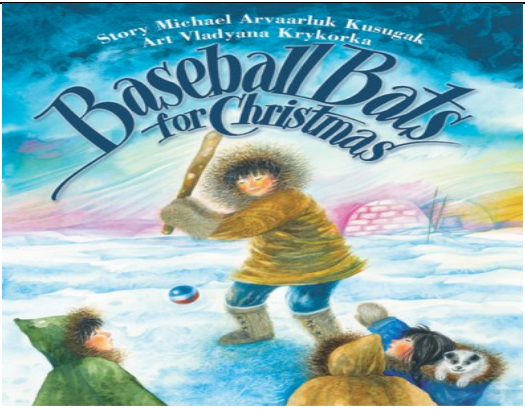
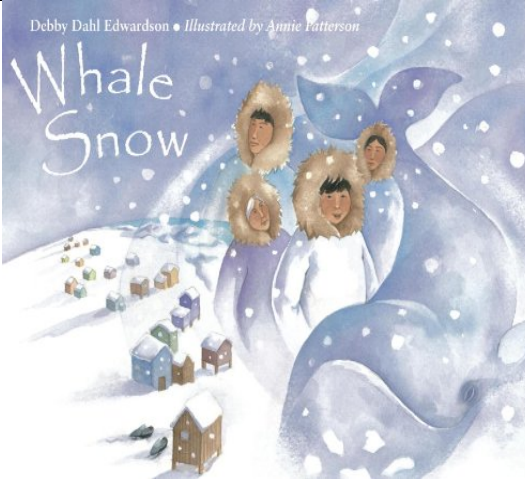
Lesson 5: Inuit Beliefs Issues and Events Past and Present:

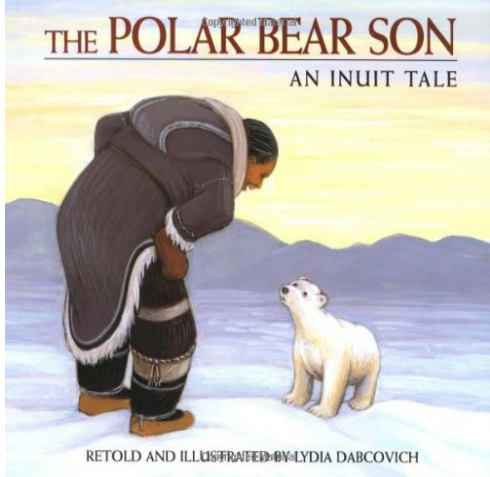
http://www.thirteen.org/edonline/concept2class/coopcollab/lp_inuit5.html

Who are the Nenets? <https://www.twinkl.com/resource/t3-g-329-polar-regions-lesson-5-people-of-the-arctic>

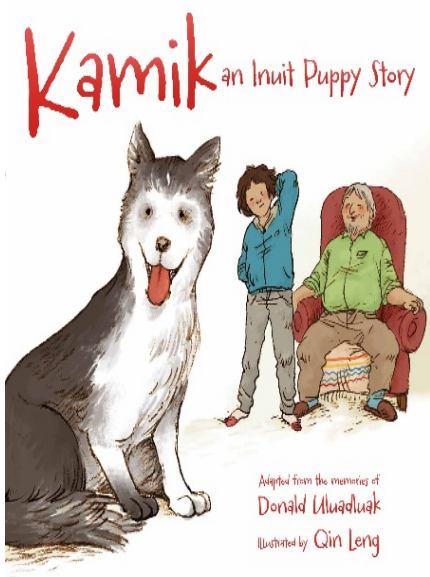
Introducing the Sami: <https://teachik.com/introducing-the-sami/>

Children's Books:

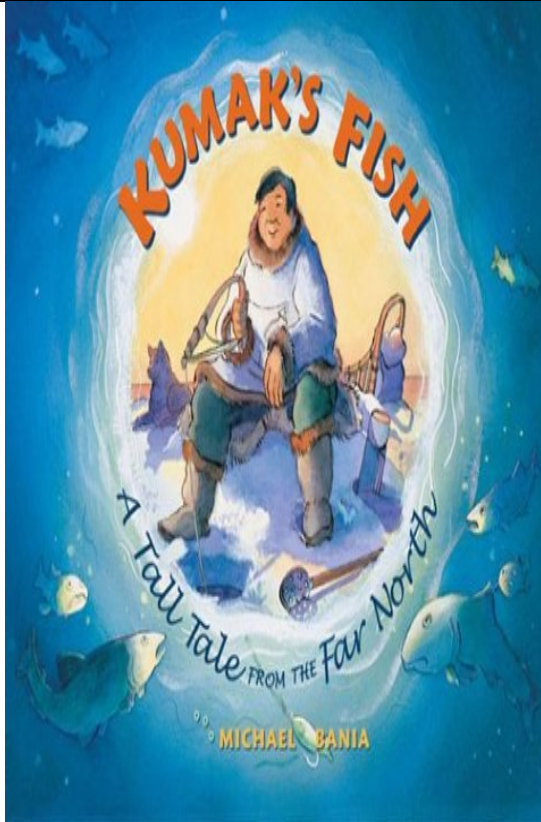
 <p>Michael Arvaarluk Kusugak NORTHERN LIGHTS THE SOCCER TRAILS Art: Vladyana Krykorka</p>	<p>Title: Northern Lights The Soccer Trails Author: Michael Arvaarluk Kusugak Age Range: 4 - 7 years Grade Level: Preschool and up Lexile Measure: 590L (What's this?) Paperback: 24 pages Publisher: Annick Press (August 1, 1993) Language: English ISBN-10: 1550373382 Summary: Northern Lights is a beautiful tale that explores the mystical aspects of the northern lights in Inuit culture. Scientists have their own explanations for the phenomenon that occurs when the night sky shimmers with milky white patterns, or displays all the colors of the rainbow. But the Inuit prefer their own explanation: They believe the souls of the dead are engaging in a lively game of soccer, just as they did when they were living. They run all over the sky chasing a walrus head that they use for a soccer ball.</p>
 <p>Story Michael Arvaarluk Kusugak Art Vladyana Krykorka Baseball Bats for Christmas</p>	<p>Title: Baseball Bats for Christmas Author: Michal Kusugak Age Range: 4 - 7 years Grade Level: Preschool and up Library Binding: 24 pages Publisher: Annick Press (January 1, 1993) Language: English ISBN-10: 1550371452 Summary: An autobiographical tale from Michael Kusugak's childhood tells a story of life in the arctic, and easily different cultures can interpret things differently</p>
 <p>Debby Dahl Edwardson • Illustrated by Annie Patterson Whale Snow</p>	<p>Title: Whale Snow Author: Debby Dahl Edwardson Age Range: 4 - 8 years Grade Level: Preschool - 3 Lexile Measure: 600L (What's this?) Paperback: 32 pages Publisher: Charlesbridge (July 1, 2004) Language: English ISBN-10: 1570913943 Summary: Amiqqaq is excited when his family catches a bowhead whale. As his family prepares to celebrate the traditional Iñupiaq whaling feast, Amiqqaq learns about the spirit-of-the-whale.</p>



Title: The Polar Bear Son: An Inuit Tale
Author: Lydia Dabovich
Age Range: 5 - 8 years
Grade Level: Kindergarten - 3
Lexile Measure: 470L ([What's this?](#))
Paperback: 40 pages
Publisher: HMH Books for Young Readers (March 29, 1999)
Language: English
ISBN-10: 0395975670
Summary: A lonely old woman adopts, cares for, and raises a polar bear as if he were her own son, until jealous villagers threaten the bear's life, forcing him to leave his home and his "mother," in a retelling of a traditional Inuit folktale.



Title: Kamik: An Inuit Puppy Story
Author: Donald Uluadluak
Age Range: 6 - 8 years
Grade Level: 1 - 3
Paperback: 32 pages
Publisher: Inhabit Media (April 1, 2013)
Language: English
ISBN-10: 1927095115
Summary: When Jake finally gets a puppy to call his own, all he can think about is the fast, strong sled dog that his puppy will become. But Kamik is far from an obedient sled dog. He won't listen, he tracks mud all over the house, and he's a lot more work than Jake ever thought a puppy could be. But after a visit with his grandfather, who raised many puppies of his own while living out on the land, Jake learns that Inuit have been raising puppies just like Kamik to be obedient, resourceful, helpful sled dogs for generations.



Title: Kumak's Fish: A Tall Tale from the Far North

Author: Michael Bania

Age Range: 4 and up

Grade Level: Preschool - 3

Hardcover: 32 pages

Publisher: Alaska Northwest Books (April 1, 2004)

Language: English

ISBN-10: 0882405837

Summary: On a beautiful Arctic morning, Kumak looks out the window of his house at the sun rising over the frozen river. "Ahhh, spring," says Kumak to his family. "The days are long, the nights are short, and the ice is still hard. Good day for fish." Eager to give Uncle Aglu's amazing hooking stick a try, Kumak packs up his family and heads out to go ice fishing. "Good day for fish!" they all agree. Hapless Kumak is the only one in his family without fish until the tug at the other end of his line incites a mighty battle. A clever ending reveals that the whale-sized fish that Kumak imagined was actually a line of small fish in tug o' war position. Kumak reigns, and there's plenty for everybody. Authentic details throughout the playful art and text, as well as endnotes on Inupiat fishing, provide young readers with a fascinating window into another culture

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Text and Photographs by Ulli Steltzer



Building an Igloo

Copyrighted Material

Title: Building an Igloo

Author: Ulli Steltzer

Age Range: 4 - 8 years

Grade Level: Preschool - 3

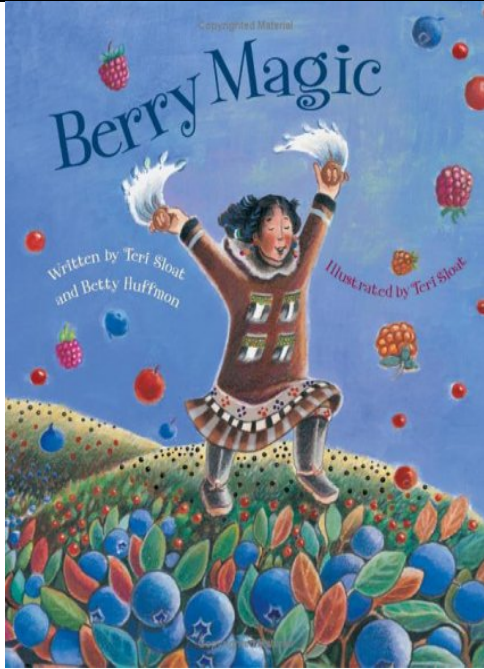
Paperback: 32 pages

Publisher: Square Fish (October 15, 1999)

Language: English

ISBN-10: 0805063137

Summary: In crisp black-and-white photographs, Ulli Steltzer documents the beauty and precision of an igloo's construction - from stacking blocks of snow to cutting a door - in this informative picture book.



Title: Berry Magic

Author: Teri Sloat

Age Range: 5 and up

Grade Level: Kindergarten and up

Paperback: 32 pages

Publisher: Alaska Northwest Books (April 1, 2004)

Language: English

ISBN-10: 0882405764

Summary: Long ago, the only berries on the tundra were hard, tasteless, little crowberries. As Anana watches the ladies complain bitterly while picking berries for the Fall Festival, she decides to use her magic to help. "Atsa-ii-yaa (Berry), Atsa-ii-yaa (Berry), Atsaukina!" (Be a berry!), Anana sings under the full moon turning four dolls into little girls that run and tumble over the tundra creating patches of fat, juicy berries: blueberries, cranberries, salmonberries, and raspberries. The next morning Anana and the ladies fill basket after basket with berries for the Fall Festival. Thanks to Anana, there are plenty of tasty berries for the agutak (Eskimo tee cream) at the festival and forevermore.

Virtual Bookshelf: <http://beyondpenguins.ehe.osu.edu/issue/peoples-of-the-arctic/peoples-of-the-arctic-virtual-bookshelf>