



Hinduism

Digital Resources and Children's Books

Updated 11/2020

Kid-Friendly YouTube Clips:

History of Hinduism: <https://www.youtube.com/watch?v=ImV2Wd8bOcc>

Introduction to Hinduism: <https://www.youtube.com/watch?v=9EICcU9oN-s>

The Bhagavad Gita, a Talking Book: https://www.youtube.com/watch?v=C4tOaMI_gLY

Day in the Life of a Hindu, Rituals and Beliefs:
<https://www.youtube.com/watch?v=78NFNKeQPk>

Understanding the Hindu Experience, the Puja Ritual:
<https://www.youtube.com/watch?v=sjFATI2FvJI>

How to have a Puja at Home: <https://www.youtube.com/watch?v=Pbxlh8oRNWU>

A Hindu Home Shrine: <https://www.youtube.com/watch?v=iyw5EJRKEXU>

The Hindu Creation Story: <https://www.youtube.com/watch?v=Y9yWwFWpbRo>

Who are the Hindu Gods? https://www.youtube.com/watch?v=0ji_7JY-ut0

The 10 most Powerful Hindu Goddesses: <https://www.youtube.com/watch?v=V7UBg-7mfkA>

1000 Year Old Hindu Temples of India:
<https://www.youtube.com/watch?v=C9eaabgwpXM>

The 10 Most Popular Hindu Festivals: <https://www.youtube.com/watch?v=nbPyOVfwRhI>

Festival of Colors, the World's Biggest Color Party:
<https://www.youtube.com/watch?v=Hh-o5g4tLVE>

The Ganges, Sacred River of Hindus: https://www.youtube.com/watch?v=qiw_G6J5tEk

Hinduism, Understanding the Guru: <https://www.youtube.com/watch?v=vyPpHNcAhmE>

Websites:

Overview of Hinduism: <https://en.wikipedia.org/wiki/Hinduism>

The Vedas, Oldest Texts of Hinduism: <https://courses.lumenlearning.com/suny-hccc-worldcivilization/chapter/the-vedas/>

Bhagavad Gita, 700 Verse Hindu Scripture: https://en.wikipedia.org/wiki/Bhagavad_Gita

Who is the Elephant God, Ganesha? <https://en.wikipedia.org/wiki/Ganesha>

A Quick Guide to the Epic Story of the Ramayana:
<https://www.bl.uk/onlinegallery/whatson/exhibitions/ramayana/guide.html>

The Diwali Festival of Lights: <https://www.bbc.co.uk/newsround/15451833>

The Delightful Details of a Hindu Wedding: <https://salmada.com/the-hindu-wedding>

The Purpose of the Bindi, the Third Eye: <https://www.hinduamerican.org/blog/the-purpose-of-the-bindi/>

The Hindu Roots of Yoga: <https://www.hinduamerican.org/projects/hindu-roots-of-yoga>

The Caste System's Roots in Hinduism:
https://en.wikipedia.org/wiki/Caste_system_in_India

Lesson Plans:

Hinduism Teacher Resources: <https://www.lessonplanet.com/lesson-plans/hinduism/all>

Hinduism Lesson Plan: <https://study.com/academy/lesson/hinduism-lesson-plan.html>

Geography Lesson Plan, Journey down the Ganges River:
<https://speciety.wixsite.com/speciety/post/lesson-plan-journey-down-the-ganges-river>

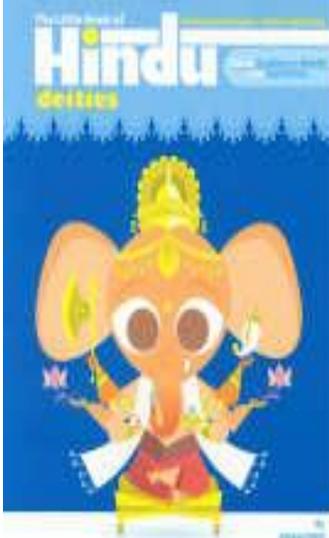
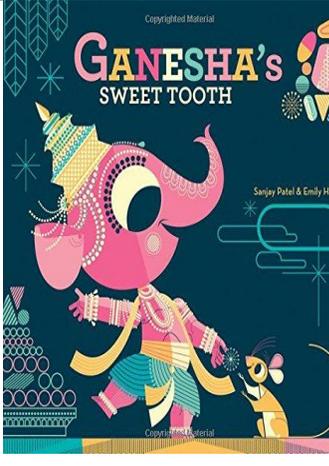
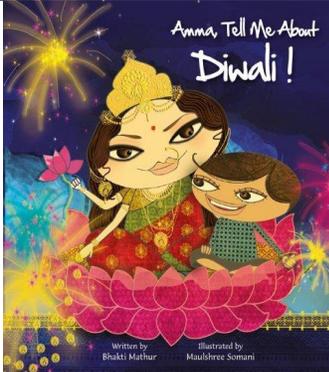
The Hindu Belief System, Dharma, Karma and Moksha:
<https://study.com/academy/lesson/the-hindu-belief-system-darma-karma-and-moksha.html>

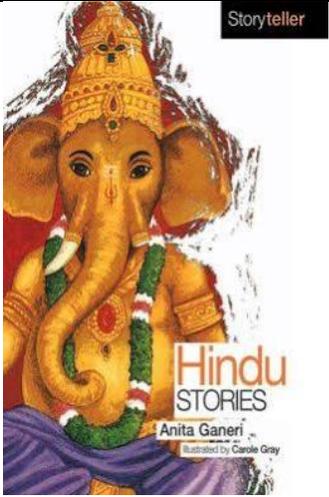
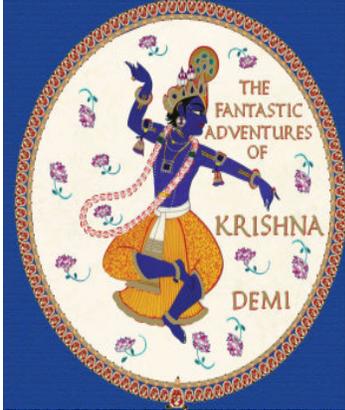
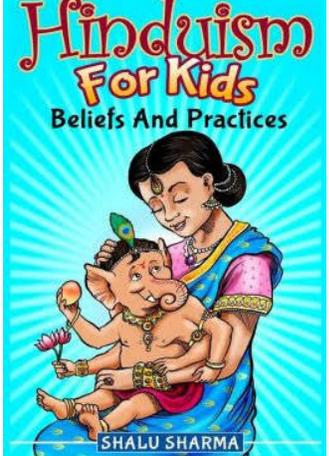
Hindu Gods Lesson Plan: <https://study.com/academy/lesson/hindu-gods-lesson-plan.html>

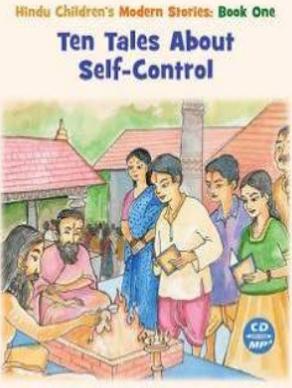
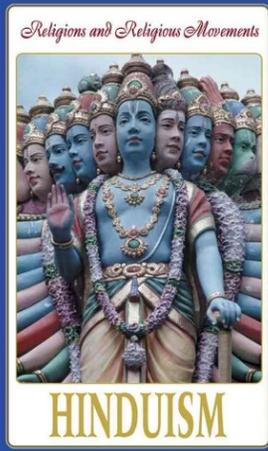
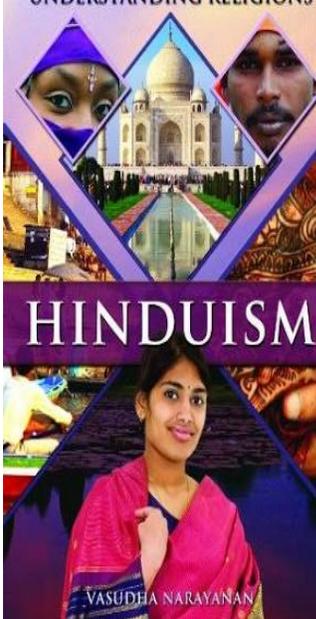
Hinduism, Games and Activities for Kids:
<http://www.wartgames.com/themes/religions/hinduism.html>

The Diwali Festival for Kids: <http://www.kiddyhouse.com/Holidays/diwali/>

Children's Books:

	<p>Title: The Little Book of Hindu Deities Author: Sanjay Patel Grade: PreK-5th Publisher: Penguin Random House ISBN: 045228758 Summary: In The Little Book of Hindu Deities, Pixar animator Sanjay Patel brings to life Hinduism's most important gods and goddesses in fun, full-color illustrations, each accompanied by a short, lively profile. The stories of Hindu mythology cover everything from love and jealousy to petty grievances and epic battles, with characters ranging from monsters and demons to noble warriors and divine divas. Find out why Ganesha has an elephant's head (his father cut it off!) and why Kali, the Goddess of Time, is known as "The Black One" (she's a bit goth).</p>
	<p>Title: Ganesha's Sweet Tooth Author: Emily Haynes and Sanjay Patel Grade: K-3rd Publisher: Chronicle Books ISBN: 1452103623 Summary: Ganesha is just like any other kid, except that he has the head of an elephant and rides around on a magical mouse. And he loves sweets, especially the traditional dessert laddoo. But when Ganesha insists on biting into a super jumbo jawbreaker laddoo, his tusk breaks off! Ganesha is terribly upset, but with the help of the wise poet Vyasa, he learns that what seems broken can actually be quite useful after all.</p>
	<p>Title: Amma, Tell me About Diwali! Author: Bhakti Mathur Grade: PreK-1st Publisher: Anjana Publishing ISBN: 9881502888 Summary: First the celebration of Prince Rama and his homecoming, His victory over Ravana, the evil demon King. Next a story of Lakshmi, the Goddess of wealth Who rewards her true devotees with fortune and good health.</p>

	<p>Title: Hindu Stories Author: Anita Ganeri Grade: 2nd-8th Publisher: Tulip Books ISBN: 1783880082 Summary: Beautifully commissioned artwork is combined here with clear and sensitively written narrative introducing young readers to some of the most significant beliefs, values, and traditions of the world's six main faiths. These books contain fact boxes about people, places, objects, and events, and a glossary of key terms. They have been produced in close associations with consultants from each of the six religions. Hindu Stories focuses on stories about Hindu gods and goddesses.</p>
	<p>Title: The Fantastic Adventures of Krishna Author: Demi Grade: K-3rd Publisher: World Wisdom ISBN: 9781937786052 Summary: The Fantastic Adventures of Krishna tells the enchanting tale of the child Krishna, who is sent by the God Vishnu to aid humanity. Hidden amongst the poor cowherds, Krishna uses his miraculous powers to fight an evil demon king who has overthrown the peaceful kingdom of Mathura. The story of Krishna, dating to the 8th century BCE, and forming an integral part of Hinduism</p>
	<p>Title: Hinduism for Kids: Beliefs and Practices Author: Shalu Sharma Grade: K-12th Publisher: Createspace Independent Publishing ISBN: 1495370429 Summary: Why don't Hindus eat beef? Why do Hindu women wear a dot on their forehead? Who is the Monkey God? Who's that God with the elephant head? The fact is, Hinduism is a complex religion even to those who are born Hindus. This book covers a complex religion in simple questions and answers. 'Hinduism For Kids: Beliefs And Practices' is designed mainly for children of all ages of reading abilities for all nationalities and religious beliefs.</p>

	<p>Title: Ten Tales About Self-Control: Hindu Childewn's Modern Stories Author: Satguru Bodhinatha Veylanswami & Murali Anuradha Grade: 4th-8th Publisher: Himalayan Academy Publications ISBN: 1934145084 Summary: The stories were written and illustrated to convey Hinduism's ethical and moral values and basic religious observances, the traditional yamas and niyamas, to a new generation. The moral tales, set in India and America. The accompanying audio narration allows young children to enjoy the books.</p>
	<p>Title: Hinduism Author: Jeff Hay Grade: 9th-12th Publisher: Greenhaven Press ISBN: 0737725699 Summary: Each volume in this new series focuses on one religion, examining its development through primary and secondary sources. An in depth introduction is followed by an exploration of the origins of the religion -- including profiles of its most notable leaders and definitions of its foundational beliefs. Each volume then traces the religion's evolution throughout history, highlighting how it has changed across time. Final chapters discuss controversies and challenges facing the religion.</p>
	<p>Title: Hinduism (Understanding Religions) Author: Vasusha Naeayanan Grade: 9th-12th Publisher: Rosen Publishing ISBN: 1435856201 Summary: Dating back some five thousand years, Hinduism is the dominant faith of India and an increasingly powerful spiritual force in the West. This informative guide takes readers through the most important aspects of Hinduism--its divinities, sacred places, ethical teachings, and sacred texts, as well as aspects of Hindu culture such as yoga. She examines the concept of "dharma" (a word with multiple layers of meaning, including "righteous behavior," "truth," "duty," and "law") and "karma" (the result of good or bad deeds, which can determine the quality of life both now and in later births) and she also includes brief but insightful discussion of Sikhism, Jainism, and Buddhism, all of which have their roots in Hinduism.</p>

