Hinduism

Digital Resources and Children’s Books

Updated 11/2020

Kid-Friendly YouTube Clips:

History of Hinduism: https://www.youtube.com/watch?v=ImV2Wd8bOcc
Introduction to Hinduism: https://www.youtube.com/watch?v=9ElCcU9oN-s
The Bhagavad Gita, a Talking Book: https://www.youtube.com/watch?v=C4tOaMI_qLY
Day in the Life of a Hindu, Rituals and Beliefs: https://www.youtube.com/watch?v=_78NFNKeQPk
Understanding the Hindu Experience, the Puja Ritual: https://www.youtube.com/watch?v=sjFATI2FvJl
How to have a Puja at Home: https://www.youtube.com/watch?v=Pbxlh8oRNWU
A Hindu Home Shrine: https://www.youtube.com/watch?v=yw5EJRKE\XU
The Hindu Creation Story: https://www.youtube.com/watch?v=Y9yWwFWpbRo
Who are the Hindu Gods? https://www.youtube.com/watch?v=qji_7JY-ut0
The 10 most Powerful Hindu Goddesses: https://www.youtube.com/watch?v=V7UBq-7mfkA
1000 Year Old Hindu Temples of India: https://www.youtube.com/watch?v=C9eaabgw\pXM
The 10 Most Popular Hindu Festivals: https://www.youtube.com/watch?v=nbPyOVfwRhl
Festival of Colors, the World’s Biggest Color Party: https://www.youtube.com/watch?v=Hh-o5g4tLVE
The Ganges, Sacred River of Hindus: https://www.youtube.com/watch?v=qiw_G6J5tEk
Hinduism, Understanding the Guru: https://www.youtube.com/watch?v=vyPpHNcAhmE
Websites:

The Vedas, Oldest Texts of Hinduism: https://courses.lumenlearning.com/suny-hcco-worldcivilization/chapter/the-vedas/


The Diwali Festival of Lights: https://www.bbc.co.uk/newsround/15451833

The Delightful Details of a Hindu Wedding: https://salmada.com/the-hindu-wedding

The Purpose of the Bindi, the Third Eye: https://www.hinduamerican.org/blog/the-purpose-of-the-bindi/

The Hindu Roots of Yoga: https://www.hinduamerican.org/projects/hindu-roots-of-yoga

The Caste System’s Roots in Hinduism: https://en.wikipedia.org/wiki/Caste_system_in_India

Lesson Plans:
Hinduism Teacher Resources: https://www.lessonplanet.com/lesson-plans/hinduism/all


The Diwali Festival for Kids: http://www.kiddyhouse.com/Holidays/diwali/
| Title: The Little Book of Hindu Deities | **Title:** The Little Book of Hindu Deities  
**Author:** Sanjay Patel  
**Grade:** PreK-5th  
**Publisher:** Penguin Random House  
**ISBN:** 045228758  
**Summary:** In The Little Book of Hindu Deities, Pixar animator Sanjay Patel brings to life Hinduism's most important gods and goddesses in fun, full-color illustrations, each accompanied by a short, lively profile. The stories of Hindu mythology cover everything from love and jealousy to petty grievances and epic battles, with characters ranging from monsters and demons to noble warriors and divine divas. Find out why Ganesha has an elephant's head (his father cut it off!) and why Kali, the Goddess of Time, is known as "The Black One" (she's a bit goth). |
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| Title: Ganesha's Sweet Tooth | **Title:** Ganesha's Sweet Tooth  
**Author:** Emily Haynes and Sanjay Patel  
**Grade:** K-3rd  
**Publisher:** Chronicle Books  
**ISBN:** 1452103623  
**Summary:** Ganesha is just like any other kid, except that he has the head of an elephant and rides around on a magical mouse. As he loves sweets, especially the traditional dessert laddoo. But when Ganesha insists on biting into a super jumbo jawbreaker laddoo, his tusk breaks off! Ganesha is terribly upset, but with the help of the wise poet Vyasa, he learns that what seems broken can actually be quite useful after all. |
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| Title: Amma, Tell me About Diwali! | **Title:** Amma, Tell me About Diwali!  
**Author:** Bhakti Mathur  
**Grade:** PreK-1st  
**Publisher:** Anjana Publishing  
**ISBN:** 9881502888  
**Summary:** First the celebration of Prince Rama and his homecoming, His victory over Ravana, the evil demon King. Next a story of Lakshmi, the Goddess of wealth Who rewards her true devotees with fortune and good health. |
**Title:** Hindu Stories  
**Author:** Anita Ganeri  
**Grade:** 2nd-8th  
**Publisher:** Tulip Books  
**ISBN:** 1783880082  
**Summary:** Beautifully commissioned artwork is combined here with clear and sensitively written narrative introducing young readers to some of the most significant beliefs, values, and traditions of the world's six main faiths. These books contain fact boxes about people, places, objects, and events, and a glossary of key terms. They have been produced in close associations with consultants from each of the six religions. Hindu Stories focuses on stories about Hindu gods and goddesses.

**Title:** The Fantastic Adventures of Krishna  
**Author:** Demi  
**Grade:** K-3rd  
**Publisher:** World Wisdom  
**ISBN:** 9781937786052  
**Summary:** The Fantastic Adventures of Krishna tells the enchanting tale of the child Krishna, who is sent by the God Vishnu to aid humanity. Hidden amongst the poor cowherds, Krishna uses his miraculous powers to fight an evil demon king who has overthrown the peaceful kingdom of Mathura. The story of Krishna, dating to the 8th century BCE, and forming an integral part of Hinduism.

**Title:** Hinduism for Kids: Beliefs and Practices  
**Author:** Shalu Sharma  
**Grade:** K-12th  
**Publisher:** Createspace Independent Publishing  
**ISBN:** 1495370429  
**Summary:** Why don't Hindus eat beef? Why do Hindu women wear a dot on their forehead? Who is the Monkey God? Who's that God with the elephant head? The fact is, Hinduism is a complex religion even to those who are born Hindus. This book covers a complex religion in simple questions and answers. 'Hinduism For Kids: Beliefs And Practices’ is designed mainly for children of all ages of reading abilities for all nationalities and religious beliefs.
| Title: Ten Tales About Self-Control: Hindu Childewn’s Modern Stories  
Author: Satguru Bodhinatha Veylanswami & Murali Anuradha  
Grade: 4th-8th  
Publisher: Himalayan Academy Publications  
ISBN: 1934145084  
Summary: The stories were written and illustrated to convey Hinduism’s ethical and moral values and basic religious observances, the traditional yamas and niyamas, to a new generation. The moral tales, set in India and America. The accompanying audio narration allows young children to enjoy the books. |
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| Title: Hinduism  
Author: Jeff Hay  
Grade: 9th-12th  
Publisher: Greenhaven Press  
ISBN: 0737725699  
Summary: Each volume in this new series focuses on one religion, examining its development through primary and secondary sources. An in depth introduction is followed by an exploration of the origins of the religion -- including profiles of its most notable leaders and definitions of its foundational beliefs. Each volume then traces the religion’s evolution throughout history, highlighting how it has changed across time. Final chapters discuss controversies and challenges facing the religion. |
| Title: Hinduism (Understanding Religions)  
Author: Vasusha Naeayanan  
Grade: 9th-12th  
Publisher: Rosen Publishing  
ISBN: 1435856201  
Summary: Dating back some five thousand years, Hinduism is the dominant faith of India and an increasingly powerful spiritual force in the West. This informative guide takes readers through the most important aspects of Hinduism--its divinities, sacred places, ethical teachings, and sacred texts, as well as aspects of Hindu culture such as yoga. She examines the concept of "dharma" (a word with multiple layers of meaning, including "righteous behavior," "truth," "duty," and "law") and "karma" (the result of good or bad deeds, which can determine the quality of life both now and in later births) and she also includes brief but insightful discussion of Sikhism, Jainism, and Buddhism, all of which have their roots in Hinduism. |