Plateau to Percy Bike Tour

Dunlap, TN to Nashville, TN
Ride Details

When? October 1 - 4, 2020

Where? Dunlap, TN to Nashville, TN

Why? A fundraiser for Walk Bike Nashville Programming, in particular the Families for Safe Streets program
Families for Safe Streets

FSS is an advocacy and support group for those that have:
- been in a crash as a pedestrian or bicyclists
- lost a loved one that was walking or biking in Nashville

This groups is designed to offer support for victims and families, as well as equip members to use their voices to change the culture of road safety in our city.
Pleateau to Percy

- Start: Dunlap TN
- Ride through Sequatchie Valley
- Night 1: Fall Creek Falls State Park
- Sunset Rock
- Night 2: Cumberland Mountain State Park
- Sparta: Calforkler, Happy Trails Breweries
- Night 3: Edgar Evins State Park
- Sweet Treat at Sassy Pecan in Watertown
- Ride across Center Hill Dam
- Finish on the shores of Percy Priest

(Additional points and locations marked on the map)
Costs to Participate

- $1,000 for a tent camping site
- $1,100 for a cabin room, shared with another person
General Highlights

- Stay at some of TN’s beautiful state parks, including Fall Creek Falls, Cumberland Mountain, and Edgar Evins. You’ll have time to explore the parks after each ride day.
- Spend two days biking through the Sequatchie Valley. The Sequatchie Valley is known for its charming towns, rolling hills in the valley and stunning views from the plateaus.
- View multiple lakes and rivers along the way, including the Sequatchie River, Center Hill Lake and Percy Priest Lake.
Day 1: 40.8 miles; Dunlap TN to Fall Creek Falls State Park

- Enjoy lunch from a local sandwich shop in Dunlap, TN
- Ride through the Sequatchie Valley, some of Tennessee’s most scenic bicycle routes
- Experience the rolling hills and vast landscapes of the valley
- Reach the plateau just before you enter Fall Creek Falls, your destination for the evening
- Enjoy dinner by the campfire and s’mores for dessert
Day 2

Day 2: 51.9 miles; Fall Creek Falls to Cumberland Mountain State Park

○ Explore Pikeville’s Historic Main St and get coffee or ice cream at Ember’s Ice Cream Shoppe
○ Ride past Lake Tansi, a resort community on the lake
○ Have time to explore Cumberland Mountain State Park, where you’ll stay that night
○ Cumberland Mountain state park is also part of the Cumberland Mountain plateau, the longest timbered plateau in the US
Day 3

Day 3: 71.1 miles; Cumberland Mountain State Park to Edgar Evins State Park

○ Sunset Rock scenic overlook
○ Explore small TN towns such as Sparta and Baxter
○ Stop by the Calfkiller Brewery or the Happy Trails Brewery and Taproom in Sparta
○ Whistle Stop Cafe in Baxter for ice cream or beer
○ Stay in Edgar Evins State Park
○ Grab a snack, drink or dessert at the Marina Restaurant
○ Take a dip in the Center Hill Lake
Day 4

Day 4: 60.2 miles; Edgar Evins State Park to Percy Priest Lake

- Ride over the Center Hill Dam
- Enjoy a coffee or sweet treat in Watertown
- Explore Eagle Park in Mt. Juliet
- Enjoy a celebration party at the end of the ride at Percy Priest Lake
- Hear from Families for Safe Streets members about the impact of your fundraising efforts
What’s included with my fundraising amount?

- Sleeping accommodations
- Ride arrangements to get you, your luggage and bike to the start
- 10 prepared meals over the 4-day ride
- Snacks, water and gatorade for each ride day
- Van and bike guide support for each ride day (that’s right, we carry all your stuff to each new ride destination!)
- Event t-shirt
Accomodations

- We’ll be staying at Fall Creek Falls, Cumberland Mountain and Edgar Evins State Parks
- Tent or Cabin option for sleeping
- We’ll prepare all dinner meals at the cabins
- Tent sites will have 2 tents/site
  - Access to public restrooms and showers
  - Fire pit and grill
- Cabins range in 1 - 3 bedrooms, depending on which park
  - Most have double beds
  - Indoor restrooms (1 - 2, depending on which park)
  - Heating and cooling
  - All linens provided
  - Kitchen supplies and utensils provided
Getting to Dunlap, TN

Walk Bike Nashville will provide van transportation for you, your bike and your luggage to Dunlap. We will meet at Percy Priest on Day 1.

If you do not want to ride in the provided vans, you have the option to transport yourself, your luggage and your bike to Dunlap, TN. If you take your personal car, you will be responsible for getting your car back to Nashville from Dunlap after the bike tour is completed.
What about COVID-19?

We will be monitoring the COVID-19 updates, developments and CDC guidelines as the trip approaches. We will do all that we can to keep everyone safe during the bike tour. A few protocols so far are that we will:

● Strongly recommended COVID test for all participants within a week of the ride start
● Fill vans to half capacity when transporting participants to Dunlap, require everyone to wear a mask, and roll down the windows to increase airflow
● Have single-use utensils to prevents the spread of germs
● Require all those preparing food and/or distributing snacks to wear gloves and mask
● Supply an abundance of hand sanitizer and cleaning supplies and wipe down shared-use materials frequently
● Monitor riders each day for any COVID-19 symptoms. If symptoms do appear, that person will have to leave the bike tour
Additional Questions?

- Check out our website for more information: https://www.walkbikenashville.org/plateau_to_percy
- Email Jessica Rinne at jessica@walkbikenashville.org
- We can’t wait to bike tour with you!