

# Plateau to Percy Bike Tour

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Dunlap, TN to Nashville, TN



# Ride Details

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**When?** September 23 - 26, 2021

**Where?** Dunlap, TN to Nashville, TN

**Why?** A fundraiser for Walk Bike Nashville Programing, in particular the Families for Safe Streets program



# Families for Safe Streets

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FSS is an advocacy and support group for those that have:

- been in a crash as a pedestrian or bicyclists
- lost a loved one that was walking or biking in Nashville

This groups is designed to offer support for victims and families, as well as equip members to use their voices to change the culture of road safety in our city.



# Pleateau to Percy

Finish on the  
shores of  
Percy Priest

Eagle Park

Sweet Treat at Sassy  
Pecan in Watertown

Ride across  
Center Hill  
Dam

Sparta: Calfkiller ,  
Happy Trails  
Breweries

Night 3:  
Edgar Evins  
State Park

Sunset Rock

Night 2:  
Cumberland  
Mountain State Park

Lake Tansi

Night 1:  
Fall Creek Falls  
State Park

Start:  
Dunlap TN

Ride through Sequatchie Valley



WALK  
BIKE  
NASH  
VILLE

# Cost to Participate

\$1,500 for a cabin room, shared with another person



# General Highlights

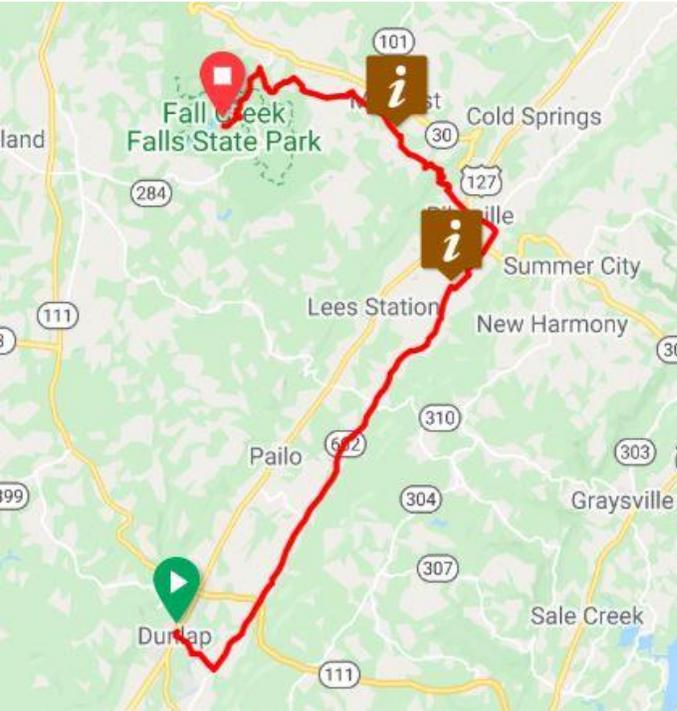
- Stay at some of TN's beautiful state parks, including Fall Creek Falls, Cumberland Mountain, and Edgar Evins. You'll have time to explore the parks after each ride day.
- Spend two days biking through the Sequatchie Valley. The Sequatchie Valley is known for its charming towns, rolling hills in the valley and stunning views from the plateaus.
- View multiple lakes and rivers along the way, including the Sequatchie River, Center Hill Lake and Percy Priest Lake.
- Get to know a great group of cyclists throughout the 4-day trip



# Day 1

## Day 1: 40.8 miles; Dunlap TN to Fall Creek Falls State Park

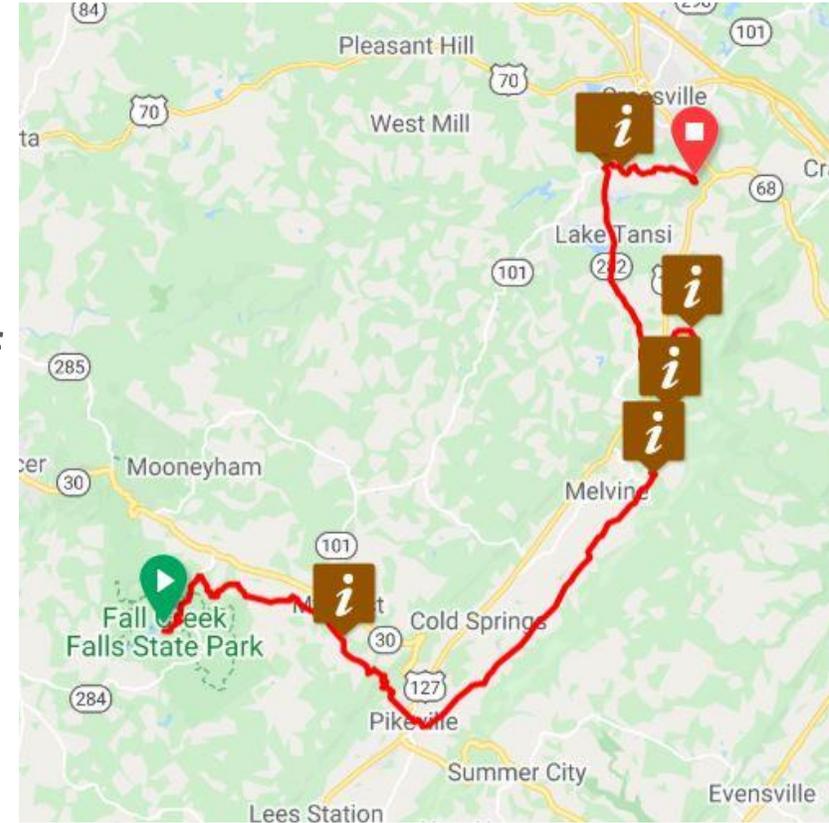
- Enjoy lunch from a local sandwich shop in Dunlap, TN
- Ride through the Sequatchie Valley, some of Tennessee's most scenic bicycle routes
- Experience the rolling hills and vast landscapes of the valley
- Reach the plateau just before you enter Fall Creek Falls, your destination for the evening
- Enjoy dinner by the campfire and s'mores for dessert



# Day 2

## Day 2: 51.9 miles; Fall Creek Falls to Cumberland Mountain State Park

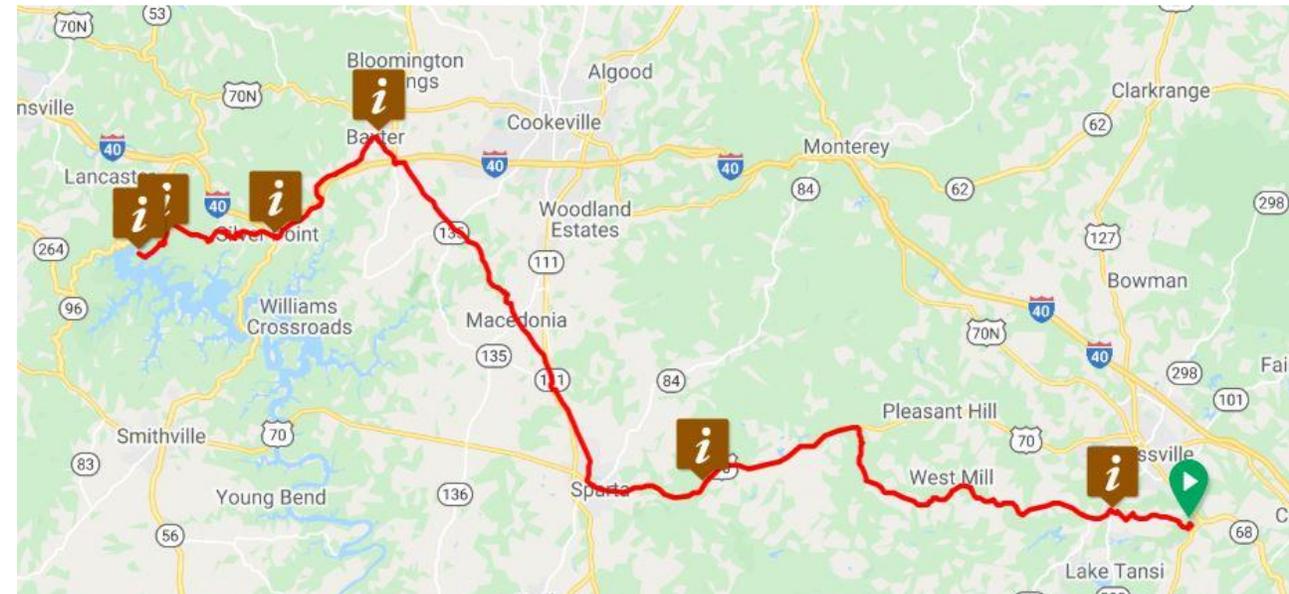
- Explore Pikeville's Historic Main St and get coffee or ice cream at Ember's Ice Cream Shoppe
- Ride past Lake Tansi, a resort community on the lake
- Have time to explore Cumberland Mountain State Park, where you'll stay that night
- Cumberland Mountain state park is also part of the Cumberland Mountain plateau, the longest timbered plateau in the the US



# Day 3

## Day 3: 71.1 miles; Cumberland Mountain State Park to Edgar Evins State Park

- Sunset Rock scenic overlook
- Explore small TN towns such as Sparta and Baxter
- Stop by the Calfkiller Brewery or the Happy Trails Brewery and Taproom in Sparta
- Whistle Stop Cafe in Baxter for ice cream or beer
- Stay in Edgar Evins State Park
- Grab a snack, drink or dessert at the Marina Restaurant
- Take a dip in the Center Hill Lake



# Day 4

## Day 4: 60.2 miles; Edgar Evins State Park to Percy Priest Lake

- Ride over the Center Hill Dam
- Enjoy a coffee or sweet treat in Watertown
- Explore Eagle Park in Mt. Juliet
- Enjoy a celebration party at the end of the ride at Percy Priest Lake
- Hear from Families for Safe Streets members about the impact of your fundraising efforts



# What's included with my fundraising amount?

- Sleeping accommodations
- Ride arrangements to get you, your luggage and bike to the start location
- 10 prepared meals over the 4-day ride
- Snacks, water and gatorade for each ride day
- Van and bike guide support for each ride day (that's right, we carry all your stuff to each new ride destination!)
- Event bike jersey



# Accommodations

- We'll be staying in cabins at Fall Creek Falls, Cumberland Mountain and Edgar Evins State Parks
- We'll prepare all dinner meals at the cabins
- Cabins range from 1 - 3 bedrooms, depending on which park and include:
  - Most have double beds
  - Indoor restrooms (1 - 2, depending on which park)
  - Heating and cooling
  - All linens provided
  - Kitchen supplies and utensils



Cabins, Edgar Evins State Park



Deck, Fall Creek Falls



Bedroom, Fall Creek Falls



Living Room, Fall Creek Falls

# Getting to Dunlap, TN

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Walk Bike Nashville will provide van transportation for you, your bike and your luggage to Dunlap. We will meet at Percy Priest on Day 1.

If you do not want to ride in the provided vans, you have the option to transport yourself, your luggage and your bike to Dunlap, TN. If you take your personal car, you will be responsible for getting your car back to Nashville from Dunlap after the bike tour is completed.



# What about COVID-19?

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We will be monitoring the COVID-19 updates, developments and CDC guidelines as the trip approaches. We will do all that we can to keep everyone safe during the bike tour. Based on the current Covid-19 situation, here are a few protocols (However, if the Covid-19 situation improves by the fall, we will adjust these as necessary):

- We recommend all participants get a COVID vaccine
- We will ask that everyone wear a mask during van transport to Dunlap, TN
- Require all those preparing food and/or distributing snacks to wear gloves and mask
- Supply an abundance of hand sanitizer and cleaning supplies and wipe down shared-use materials frequently
- Monitor riders each day for any COVID-19 symptoms. If symptoms do appear, that person will have to leave the bike tour

# Additional Questions?

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- Check out our website for more information:  
[https://www.walkbikenashville.org/plateau\\_to\\_percy](https://www.walkbikenashville.org/plateau_to_percy)
- Email Jessica Rinne at  
[jessica@walkbikenashville.org](mailto:jessica@walkbikenashville.org)
- We can't wait to bike tour with you!