

PROTECT YOURSELF!

Why you should report exposure to Ketamine

Over recent years multiple paramedics have been stood down as a result of a non-negative test for Ketamine. Ambulance Victoria does not recognise the potential for accidental environmental exposure to ketamine and continues to conduct hair testing without adequate guidelines to protect you.



Because the source of exposure is unknown, every paramedic or support staff member who works near Ketamine is at risk of being stood down and disciplined.

Effectively it is a lottery, and you may have no way of knowing for sure that you have been exposed until you test non-negative and you are stood down.

The damage to individuals careers and mental health from being stood down for long periods cannot be over-stated.

If you believe you have been exposed in the course of your duties, you can take these steps to protect yourself:

- ▶ Report the potential exposure using the Ketamine Incident Report via the QR code or link below.
- ▶ If a colleague is present, encourage them to record potential exposure as well.
- ▶ Submit the report which is then sent to AV and a copy is sent to AEAU.
- ▶ Contact AEAU to discuss any other steps you may need to take on 9287 1713 or at aea.vic@unitedworkers.org.au

This report, once submitted, serves as a notification to Ambulance Victoria.



[www.aeavic.org.au/
report-ketamine-exposure/](http://www.aeavic.org.au/report-ketamine-exposure/)

For more information call 9287 1713 or email aea.vic@unitedworkers.org.au