

LGBTQ+

RESILIENCY CLASS STUDY

for teens 12 – 17 years old

What is a Resiliency Class?

An opportunity for LGBTQ+ teens to learn skills to enhance resiliency, for teens who feel sad, blue, or depressed. The class is not therapy. There are no right or wrong answers. We are interested in YOUR OPINIONS.

LEARN NEW SKILLS that may help manage stress & improve mood
AND **EARN \$175** for completing the study.

For more info or to sign up:

Call: 310-794-3725

Email: nramos@mednet.ucla.edu

The LGBT Resiliency Class is a **study** being conducted by Dr. Natalie Ramos, MD, Dr. Jeanne Miranda, PhD, Liz Ollen, MA, and Dr. Brandon Ito, MD from UCLA.