The

POCKET

To Sexual Health Services and Clinics in South LA



YOU HAVE THE **RIGHT** TO SEXUAL HEALTH SERVICES

Anyone, at any age, can get these services without anyone's permission:

Birth control and CONDOMS

PREGNANCY testing and care
Emergency contraception ("morning after pill")

Abortion services

If you are age 12 or older, you can also get:

STD & HIV testing, treatment, and prevention, including PEP and PrEP, and vaccinations for HPV and Hep B

-IT'S THE LAW

WHO IS THIS GUIDE FOR?

Youth who:

- Have had sex
- Are having sex
- · Will someday have sex

WHY DO I NEED SEXUAL HEALTH SERVICES?

To help you protect yourself & your partner from STDs and unplanned pregnancy.

WHY THESE CLINICS?

They are good at providing these services to youth.

CONFIDENTIALITY

What you tell your doctor is between YOU and THEM. They are not allowed to tell anyone

even your parents – unless you say so!

A few exceptions:

If you say ...

- Someone is hurting you
- · You might hurt someone, or yourself
- You're 15 or younger and have an OLDER sex partner (especially a much older one) ...they may need to tell someone to keep you safe.

Questions? Ask your doctor!

KNOW AND PROTECT YOUR RIGHTS!

You Have the Right to:

- · Get confidential & private care
- Get care without being judged
- Learn about all your options
- Know your test results and what they mean
- · Have anything explained to you
- Choose or refuse any procedure, test, or treatment
- Get most sexual health services without a parent's permission

If you feel your rights have been violated call ACLU of Southern California at (213) 977-5253

WHAT WILL MY DOCTOR ASK ME?

To help give you the right care, your doctor will ask questions.

What you tell them is PRIVATE.

They might ask things like:

- Are you having sex?
- Have you had sex with men, women, or both?
- How often do you use drugs or alcohol?

If you're female:

- When was your last period?
- Are you using birth control?
- Do you think you might be pregnant?

The doctor has heard it all, and can best help you when you tell the truth!

SOUTH LA COMMUNITIES IN THE SECOND SUPERVISORIAL DISTRICT ("D2")



USE THIS GUIDE TO FIND CLINICS IN SOUTH LA

These clinics all:

- See a lot of teens and young adults
- Offer confidential sexual health services, including STD testing and treatment
- Offer services at no or very low cost, including prescriptions
- Provide services in English and Spanish

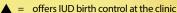
Some of these clinics have MORE services – look for these symbols:

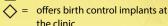
Condoms

d = gives out male condoms

Q = gives out female condoms

Birth control that is long-acting and reversible





Emergency birth control ("morning after pill")

= offers emergency birth control at

offers emergency birth control prescriptions

Other Services

offers pregnancy testing, counseling, and birth control

R = gives out some STD medications at the clinic

 offers evening or weekend hours – call clinic for details

Clinics in **COMPTON**

- **ℂ** DE NOVO HEALTH CARE, INC.
- 803 E. Rosecrans Ave., COMPTON 90221
- Btwn: N. Santa Fe Ave. & N. Long Beach Blvd. Phone: (310) 605-4800

C EXUM MEDICAL CORPORATION

- **đ** 555 W. Compton Blvd., #202, **COMPTON** 90220
- Btwn: Wilmington Ave. & S. Willowbrook Ave.
- Phone: (310) 537-2440

Clinics in GARDENA

- d 1045 W. Redondo Beach Blvd., #500, GARDENA 90247
- ♀ ◎ Btwn: S. Vermont Ave. & S. Berendo Ave. Phone: (310) 329-9492

Clinics in GARDENA



Rt A Btwn: S. Vermont Ave. & S. Figueroa St. Phone: (310) 802-6170 www.sbfhc.org

Clinics in HAWTHORNE

- A HAWTHORNE MORNINGSIDE MEDICAL CLINIC
- R 12954 S. Hawthorne Blvd., #104, **HAWTHORNE** 90250
- Btwn: W. El Segundo Blvd. & W. Rosecrans Ave.
- Phone: (310) 679-0269
- ℂ L.A. COMMUNITY CARE MEDICAL GROUP
- **đ** 11633 Hawthorne Blvd., #103, **HAWTHORNE** 90250
- Btwn: W. 116th St. & W. 118th St.
- Phone: (310) 219-2929 www.doctorschoices.com

Clinics in INGLEWOOD

- **商 d INGLEWOOD FAMILY MEDICAL CLINIC**
 - x ◎ 3215 W. Imperial Hwy., INGLEWOOD 90303
 - Btwn: Prairie Ave. & Crenshaw Blvd.
 Phone: (310) 677-3595
 www.inglewoodfamilymedicalclinic.com
- 🖰 ರೆ 1091 S. La Brea Ave., **INGLEWOOD** 90301
- Btwn: E. Arbor Vitae St. & W. Century Blvd. Phone: (310) 802-6170 www.sbfhc.org
- d ⊚ SOUTH BAY FAMILY HEALTH CARE OB/GYN
- ▲ 🧗 (Female patients only)
 - 323 N. Prairie Ave. #210, INGLEWOOD 90301 Btwn: E. Florence Ave. & Manchester Blvd. Phone: (310) 673-2647 www.sbfhc.org
 - **WEST CENTURY MEDICAL CENTER**
 - 3451 W. Century Blvd., INGLEWOOD 90303 Btwn: S. Prairie Ave. & Crenshaw Blvd. Phone: (310) 677-9400 www.westcenturymedical.com

Clinics in INGLEWOOD

- ♠ WOMEN'S CLINIC OF INGLEWOOD
- (Female patients only)

401 W. Manchester Blvd., INGLEWOOD 90301 Btwn: S. Inglewood Ave. & S. Cedar Ave Phone: (310) 672-2288

Clinics in **LAWNDALE**

- ර් 🖰 14623 Hawthorne Blvd., #300, **LAWNDALE** 90260
- Btwn: W. Rosecrans Ave. & Marine Ave.
 - R Phone: (800) 576-5544 www.pplosangeles.org

Clinics in LA

- C B ALI ABAIAN MEDICAL CORPORATION
- d © 8460 S. Central Ave., LOS ANGELES 90001
- Btwn: E. Florence Ave. & E. Manchester Ave. Phone: (323) 581-5400

Clinics in LA

d \overline{Q} 3743 S. La Brea Ave., **LOS ANGELES** 90016 Btwn: Rodeo Rd. & Coliseum St. Phone: (323) 329-9900 www.aplahealth.org

611 E. Imperial Hwy., #106-107 LOS ANGELES 90059 Btwn: S. Avalon Blvd. & Stanford Ave.

Phone: (323) 732-0100 www.bhc.org

- d 2098 S. Central Ave. LOS ANGELES 90011
- Btwn: E. 20th St. & E. 21st St.
- Phone: (213) 744-9494 www.clinicadelosangelesmg.com

- d 1061 E. Vernon Ave., #F, LOS ANGELES 90011
- Btwn: Avalon Blvd. & Central Ave.
- Phone: (323) 233-9686 www.clinicamedicadelsocorro.com

- CROWN CITY MEDICAL GROUP
- δ 1542 E. Florence Ave., LOS ANGELES 90001
- Btwn: Compton Blvd. & Miramonte Blvd.
 - Phone: (323) 584-0222 www.crowncitymed.com

FLORENCE MEDICAL CENTER

- Btwn: Compton Blvd. & Miramonte Blvd. Phone: (323) 584-1490
- ▲ ◎ FPA WOMEN'S CLINIC (Female patients only)
- R 601 S. Westmoreland Ave., LOS ANGELES 90005
 Btwn: W. 6th St. & Wilshire Blvd.
 Phone: (213) 738-7283 www.fpawomenshealth.com
 - MARTIN LUTHER KING, JR. OUTPATIENT
- ♂ ७ CENTER, PEDIATRICS HUB CLINIC
 - 1721 E. 120th St., **LOS ANGELES** 90059
 - Btwn: Compton. Ave. & Wilmington Ave. Phone (424) 338-2900 www.dhs.lacounty.gov/wps/portal/dhs/mlk

Clinics in LA

d NORTHEAST COMMUNITY CLINIC AT FOSHAY

▼ 3751 S. Harvard Blvd., **LOS ANGELES** 90018

Btwn: W. Slauson Ave. & W. 59th St. Phone: (323) 373-9400

www.northeastcommunityclinic.net

■ NUEVA ESPERANZA HEALTH CARE

1704 W. Manchester Ave., #109, LOS ANGELES 90047 Btwn: S. Western Ave. & S. Normandie Ave. Phone: (323) 778-8485

- O PLANNED PARENTHOOD BASICS
- (BALDWIN HILLS CENTER)

3637 S. La Brea Ave., **LOS ANGELES** 90016 Btwn: Rodeo Rd. & Coliseum St. Phone: (800) 576-5544 www.pplosangeles.org

- ▲ 《 PLANNED PARENTHOOD
- (DOROTHY HECHT CENTER)
- Rx
 Bszo S. Broadway, LOS ANGELES 90003
 Btwn: E. Florence Ave. & E. Manchester Ave.
 Phone: (800) 576-5544 www.pplosangeles.org

- ♠ C PLANNED PARENTHOOD (STOLLER FILER)
- © ♂ 11722 Wilmington Ave., LOS ANGELES 90059
- Btwn: Imperial Hwy. & E. El Segundo Blvd.

 Phone: (800) 576-5544 www.pplosangeles.org
- of a 2972 Wilshire Blvd. LOS ANGELES 90010
- Btwn: S. Virgil Ave. & Hoover St. Phone: (213) 484-0000
- **▼** C SAN JUDAS MEDICAL GROUP WEST
- ▲ ♀ Btwn: Santa Monica Blvd. & Melrose Ave. Phone: (323) 957-8787
- ⊕
 C SOUTH CENTRAL FAMILY HEALTH CENTER
- ▲ ♦ Btwn: E. Vernon Ave. & Slauson Ave. Phone: (323) 908-4200 www.scfhc.org

Clinics in LA

७ C SUNDARAM FAMILY MEDICAL

© 5 987 W. Vernon Ave., **LOS ANGELES** 90037

Btwn: S. Vermont Ave. & S. Hoover St. Phone: (323) 234-6300

C O T.H.E. HEALTH AND WELLNESS CENTER

♂ № 3834 S. Western Ave., LOS ANGELES 90062

Btwn: Exposition Blvd. & W. Martin Luther King Jr. Blvd. Phone: (323) 730-1920 www.tohelpeveryone.org

d

10024 S. Vermont Ave., LOS ANGELES 90044

Btwn: W. Century Blvd. & W. 101st St.

Phone: (323) 756-1412

www.totalcaremedicalclinic.com

TRI CITY MEDICAL

11900 S. Avalon Blvd., #100, LOS ANGELES 90061 Btwn: Imperial Hwy. & E. 120th St.

Phone: (323) 756-1317

- C ▲ UMMA COMMUNITY CLINIC
 ♂ ⑤ 711 W. Florence Ave., LOS ANGELES 90044
- Btwn: S. Hoover St. & S. Figueroa St.
 Phone: (323) 789-5610 www.ummaclinic.org
- ℂ ▲ UNITED CARE FAMILY MEDICAL CENTER
- 0111ED CARE PAINLET MEDICAL CENTER

 1835 S. La Cienega Blvd., #205, LOS ANGELES 90035

 Btwn: W. 18th St. and Sawyer St.
 Phone: (310) 836-2273

www.unitedcaremedical.com

- UNITED CARE FAMILY MEDICAL CENTER
- 2324 W. Pico Blvd., LOS ANGELES 90006
 - Btwn: S. Vermont Ave. & Hoover St. Phone: (213) 383-3600

www.unitedcaremedical.com

- ℂ 並 UNIVERSAL COMMUNITY HEALTH CENTER
- d ⊚ 1005 E. Washington Blvd., LOS ANGELES 90021
 - R Btwn: S. San Pedro St. & S. Central Ave. Phone: (213) 745-3636 www.uchcla.org

Clinics in LA

6 HEALTH CENTER
4700 Inglewood Blvd., #102, LOS ANGELES 90230
Btwn: Braddock Dr. & Culver Blvd.
Phone: (310) 392-8636 www.venicefamilyclinic.org

WATTS HEALTH CORPORATION

♂ 10300 Compton Ave., #A, **LOS ANGELES** 90002

Btwn: E. 103rd St. & E. 104th St.
Phone: (323) 564-4331 www.wattshealth.org

d WESTSIDE FAMILY HEALTH CENTER

- 11101 Venice Blvd., LOS ANGELES 90034
- Btwn: S. Sepulveda Blvd. & S. Bentley Ave.
 Phone: (310) 450-2191 www.wfhcenter.org
- 1414 E. Florence Ave., **LOS ANGELES** 90001
 - Btwn: Hooper Ave. & Compton Ave. Phone: (323) 588-1383

Clinics in LYNWOOD

FISHER PEDIATRIC & FAMILY MEDICAL CENTER ದ ≞

3680 E. Imperial Hwy #200, **LYNWOOD** 90262 Btwn: Martin Luther King Jr. Blvd. & Otis St. Phone: (310) 608-4898 www.eisnerhealth.org

WESLEY HEALTH CENTER, LYNWOOD (JWCH) ರೆ ⊚

3591 E. Imperial Hwv., **LYNWOOD** 90262

Btwn: California Ave. & Martin Luther King Jr. Blvd. Phone: (562) 867-7999 www.jwchinstitute.org

₫ 🖰 **WESLEY HEALTH CENTER, LYNWOOD #2**

⊘ ⊚ 3580 E. Imperial Hwy., LYNWOOD 90262 Δ R₂

Btwn: California Ave. & Martin Luther King Jr. Blvd. Phone: (310) 763-3075 www.iwchinstitute.ora

Clinics in TORRANCE

WOMEN'S HEALTH CARE CLINIC

1000 W. Carson St., MFI/Professional Building #1300

TORRANCE 90509

Rtwn: S Vermont Ave & Normandie Ave

Phone: (310) 222-3723

Q. WHAT IF I HAVE NO MONEY?

A. NO PROBLEM — MANY CLINICS WILL SEE YOU AT NO COST!

All clinics in this guide accept Family PACT or Medi-Cal (two government programs), which can pay for your care. If someone at the clinic asks you for payment, ask about these programs! All County STD clinics offer care at no charge.

County STD Clinics

The LA County Department of Public Health has 3 STD clinics in D2. These clinics have STD testing AND treatment at **no cost to you.** Some only take walk-in patients (first come, first served), and others take some appointments. Call the clinics for more information!

- ♂ 🐧 CURTIS R.TUCKER
- ♀ ℞ PUBLIC HEALTH CENTER (DPH)
 - * Poblic Health Center (Pri)
 123 W. Manchester Blvd., INGLEWOOD 90301
 Btwn: Inglewood Ave. & S. La Brea Ave.
 Phone: (310) 419-5325
 www.publichealth.lacounty.gov/chs/phcenters.htm

MARTIN LUTHER KING, JR. CENTER FOR (B)

PUBLIC HEALTH (DPH)

R_x ℂ 11833 S. Wilmington Ave., LOS ANGELES 90059

Btwn: Imperial Hwy. & E. 120th St.

Phone: (323) 568-8100

www.publichealth.lacounty.gov/chs/phcenters.htm

RUTH TEMPLE PUBLIC HEALTH CENTER (DPH)

0 3834 S. Western Ave., LOS ANGELES 90062

R_x ℂ Btwn: Exposition Blvd. & W. Martin Luther King Jr. Blvd. Phone: (323) 730-3507

www.publichealth.lacounty.gov/chs/phcenters.htm

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SYMBOL KEY

ALL clinics in this Guide offer confidential sexual health services, including STD testing and treatment, at no or very low cost. For other services, look for these symbols:

- **d** Male Condoms
- Pemale Condoms
- Rx Medications at Clinic
- Emergency Contraception at Clinic
- **Emergency Contraception Prescription**
- Evening and/ or Weekend Hours
- O Pregnancy/Birth Control Services
- ▲ Birth Control IUD
- Birth Control Implant

School Clinics & Wellness Centers

School-Based Clinics see students in that school for medical care

Wellness Centers provide health care for students, their families, and people who live in the area. Wellness Centers also may offer services like dental or mental health care, or other programs to keep patients healthy.

CARSON HIGH SCHOOL WELLNESS CENTER ರೆ ⊚

- ΩŖ 270 E. 223rd. St., CARSON 90745 19€
 - Rtwn: S Main St & Avalon Blvd Phone: (310) 802-6170 www.sbfhc.ora

CRENSHAW HIGH SCHOOL WELLNESS CENTER

- (h) 3206 W. 50th St., LOS ANGELES 90043
- Btwn: Crenshaw Blvd. & Arlington Ave.
 - Phone: (323) 730-1920 www.tohelpevervone.org

School Clinics & Wellness Centers

€ d FREMONT HIGH SCHOOL WELLNESS CENTER

♦ 7821 S. Avalon Blvd., LOS ANGELES 90003 ▲ ⊚ R_v Btwn: F. Florence Ave. & F. Manchester Ave.

Phone: (323) 789-5610 www.ummaclinic.org

C 19 HYDE PARK ELEMENTARY HEALTH CENTER

ರ⊚ 6505 8th Ave., LOS ANGELES 90043

▲♦ Btwn: Crenshaw Blvd & S Van Ness Ave Phone: (323) 541-1411 www.wellchild.org

JEFFERSON HIGH SCHOOL WELLNESS CENTER

3410 S. Hooper Ave., LOS ANGELES 90011 Btwn: E. Washington Blvd. & E. Vernon Ave.

Phone: (323) 908-4200 www.scfhc.org

LOCKE EEC WELLNESS CENTER

316 E. 111th St., LOS ANGELES 90061

Btwn: S. San Pedro St. & Avalon Blvd. Phone: (323) 450-2376 www.wattshealth.org

School Clinics & Wellness Centers

d ⊚ LOS ANGELES HIGH SCHOOL TEEN CLIN

- 4650 W. Olympic Blvd., **LOS ANGELES** 90019
 Btwn: S. Rimpau Blvd. & Crenshaw Blvd.
 - Phone: (213) 747-5542 www.eisnerhealth.org

- ♀ ♦ 4085 S. Vermont Ave., **LOS ANGELES** 90037
- Btwn: W. Martin Luther King Jr. & W. Vernon Ave.
 Phone: (323) 541-1411 www.wellchild.org
- - ▲ ◆ 1555 W. 110th St., LOS ANGELES 90047 Btwn: S. Western Ave. & S. Normandie Ave. Phone: (323) 541-1411 www.wellchild.org

AT THE CLINIC

You will have to fill out forms.

Ask for any help you need!

You may have to wait.

- If the wait is long, ask for a separate waiting room for privacy
- Some clinics will see you faster if they know you're a student

You can ask for a male or female doctor.

You can ask questions, like:

- Will you call my parents or send mail? (the answer should be NO)
- What do my test results mean?
- What are my choices?
- How do I take the medicine?

ACLU OF SOUTHERN CALIFORNIA: If you feel your legal rights have been violated Phone: (213) 977-5253

BABY SAFE LA: How to give up your baby safely Phone: (877) 222-9723 www.babysafela.org

CALIFORNIA AIDS HOTLINE: Info on HIV services Phone: (800) 367-AIDS https://npin.cdc.gov/ca

CAST: Coalition to Abolish Slavery and Trafficking Hotline: (888) 539-2373 - KEY2FRE(E) www.castla.org

CDC NATIONAL STD HOTLINE:

Phone: (800) CDC-INFO www.cdc.gov/std

FAMILY PACT: Family planning services for low-income men and women of childbearing age Phone: (800) 942-1054 www.familypact.org

GET PrEP LA: Info on Pre-Exposure Prophylaxis ("PrEP") and Post-Exposure Prophylaxis ("PEP") to prevent HIV

Phone: (844) Yea-PrEP www.getprepla.com

I KNOW: STD info; free STD home test kits for women ages 12-25

Phone: (800) 758-0880 www.dontthinkknow.org

LA CONDOM PROGRAM: Find free condoms in LA or order online www.lacondom.com

LA COUNTY STD/HIV HOTLINE: Info, free condoms Phone: (800) 758-0880, Mon-Fri 8 AM-5 PM www.publichealth.lacounty.gov/dhsp

MTV's IT'S YOUR (SEX) LIFE: Sexual health info www.itsvoursexlife.com

PLANNED PARENTHOOD: Info on birth control methods, how to use condoms, HPV vaccine, and other sexual health topics www.plannedparenthood.org

PROJECT U LA: Online sexual health info for teens www.projectula.org

TEEN HEALTH RIGHTS: Info on teen legal rights in California related to sex, pregnancy and parenting www.teenhealthrights.org

TEEN LINE: Help line for teens, operated by teens Teen hotline Mon-Fri 6 PM-10 PM Phone: (800) 852-8336 www.teenlineonline.org

TEENSOURCE: Info, free condoms
Text "Hookup" to 877877 www.teensource.org

YOUR BACKLINE: All options pregnancy info Phone: (888) 493-0092 www.yourbackline.org

WHAT'S **YOUR** CONDOM?

Male condoms for vaginal, oral or anal sex



Female condoms for vaginal or anal sex



Condoms can prevent STDs and HIV – IF used correctly! There are lots of choices — find the kind you like best BEFORE having sex.

For more info, tips, and video: www.plannedparenthood.org/learn/birthcontrol/condom

Get FREE condoms - go to:

www.TeenSource.org or www.LAcondom.com or visit clinics with ♂ or ♀ in this guide!



ABOUT THIS GUIDE

This Guide is a project of WeCanStopSTDsLA, a movement in South Los Angeles led by the Second Supervisorial District (D2) Community Advisory Coalition (CAC). The CAC is a group of engaged community service providers, youth and young adults, parents, faith leaders and other residents who live, work, worship and/or play in South LA. The CAC is committed to fighting the root causes of the high rates and cases of STDs affecting youth and young adults, ages 12 to 25. Our vision is: Youth and young adults in D2 living healthy lifestyles in a thriving and supportive community.

WeCanStopSTDsLA wishes to thank the New York City Health Department for generously sharing their expertise, and the USC/DHSP "Keeping It Real Together" (KIRT) team for conducting all the clinic surveys that inform this Guide. We also thank the CAC and its partners, the residents of South LA and District 2, the Office of LA County Supervisor Mark Ridley-Thomas, and the LA County Department of Public Health, Division of HIV and STD Programs for their ongoing commitment to the fight against STDs.

To find out how you can take part in this movement, visit www.WeCanStopSTDsLA.org.



